

KELAB RENANG PULAU PINANG

E-NAUTILUS

Live Life!



FOR MEMBERS ONLY. ISSUE: JUNE - AUGUST 2023

FOUNDED 1903



HARI MERDEKA

MALAYSIA INDEPENDENCE DAY



KELAB RENANG PULAU PINANG

e-NAUTILUS

PENANG SWIMMING CLUB

e - NAUTILUS | 1

Issue #0001/1

June - August
2023

Management Committee Members:

President:

Mdm. Chew Saw Hoon

Vice President:

Dr. Eric De Smet

Hon. Secretary:

Dato' Sri Dr. Lee Ville

Hon. Treasurer:

Mr. Yap Soon Hin

Club Captain:

Rocky Cheang

Committee Members:

Mr. FC Cheong

Mr. Khor Bean Tatt

Mr. Jonathan Ooi

Mr. Colin Chan

Mr. Paul Edwin Stripp

Dato' Dr. Marina David

Mr. Cheam Tow Yong

Editor's Message

Everyone, I hope you have a wonderful Malaysia Day! It's a wonderful opportunity to reunite and reflect on the past three months, which have been jam-packed with unforgettable experiences and our shared appreciation for this stunning country.

It is a privilege to stand before you today as the editor of The Nautilus, the Penang Swimming Club's prestigious club magazine, and to recount the amazing times we had together in the months of June and August of 2023.

The past three months have been extremely active ones for our club and all its sections and groups. Many people from our thriving community took part in these activities, bonding over shared experiences and making lasting friendships. Please check out the most recent issue of The Nautilus, which features in-depth stories and stunning images of these remarkable happenings.

The Outlook for the Next Three Months I'm writing to let you know that the Penang Swimming Club's monthly newsletter, The Nautilus, will remain a staple of our club's communication, keeping you abreast of all the interesting goings-on at the club and among its many subgroups and sections. Keep reading The Nautilus for our upcoming report covering the months of September and November 2023.

To the hardworking committee members, section heads, and group organizers who have put in countless hours to make these events a success, I offer my deepest gratitude. Your dedication and hard work have developed our club into something very special.

Let us carry forward the sense of friendship and the acceptance of one another's differences and similarities that have made the Penang Swimming Club what it is today. Thanks to the hard work of our management team, sections, and groups, many more interesting events are planned for the coming months, and I can't wait to see what adventures await us in and around our club.

We appreciate you, valued members, for making The Nautilus a window into our community here at the Penang Swimming Club. Here's hoping the next several months are filled with even more joy, hilarity, and unforgettable moments. May the camaraderie within our club deepen with each passing year and Happy Malaysia Day!

All my best,

Dato' Sri Dr. Lee Ville



Contents:

- New Members
- Calendar of Events
- Financial Statement
- Membership Statistics
- Club-wide Events
- Sections & Groups
- Club Governance & Info
- Affiliated Clubs

Penang Swimming Club

517, Jalan Tanjung Bungah,
11200 Tanjung Bungah Penang

04-8907370
04-8903271

info@penangswimmingclub.com



KELAB RENANG PULAU PINANG

e-NAUTILUS

PENANG SWIMMING CLUB

Management Committee Members:**President:**

Mdm. Chew Saw Hoon

Vice President:

Dr. Eric De Smet

Hon. Secretary:

Dato' Sri Dr. Lee Ville

Hon. Treasurer:

Mr. Yap Soon Hin

Club Captain:

Rocky Cheang

Committee Members:

Mr. FC Cheong

Mr. Khor Bean Tatt

Mr. Jonathan Ooi

Mr. Colin Chan

Mr. Paul Edwin Stripp

Dato' Dr. Marina David

Mr. Cheam Tow Yong

President's Message

Dear Members,

I hope this message finds you all in good health and high spirits.

First and foremost, I want to thank you for the trust you have placed in me and my team. It is with great enthusiasm and a sense of responsibility that we step into this role. I pledge to lead our Club with integrity, transparency and a vision to enhance the Club's offerings and strengthen its sense of community.

Over the past year, we've seen our Club going through some remarkable events where we have demonstrated our collective strength and determination. These accomplishments are a testament to our shared vision and teamwork. For this, I wish to express my heartfelt gratitude to each and every one of you for your dedication and commitment to our Club.

However, as we move forward, let us remember that our journey is far from over. There are new challenges to conquer, new goals to achieve, and new opportunities to explore. I encourage each of you to continue contributing your unique talents and ideas to help our Club grow and evolve.

We must continue to create an environment where everyone feels welcome and valued, regardless of their perspective. It's through this diversity that we can thrive. So, my team and I aim to prioritize inclusivity and to foster a vibrant environment for the Club. Open communication will be at the core of our efforts. We are committed to listening to your ideas, concerns, and suggestions. Your feedback will guide our decisions and help us chart a course that aligns with the aspirations of our diverse and dynamic membership.

In the upcoming months, I hope each and every one of you will actively engage, share your ideas, and contribute to our Club's continued success. Whether it's through organizing events, participating in events, initiating insightful discussions, or simply fostering a warm and welcoming atmosphere, your involvement matters. By working together and pooling our resources, we can truly make a difference and leave a lasting legacy for generations to come.

Thank you for being part of this incredible community. Together, we will write the next chapter of our Club's legacy and continue to inspire and empower each other.

Here is to an inspiring and fulfilling time ahead!

Warm regards,
Saw Hoon

**Contents:**

- New Members
- Calendar of Events
- Financial Statement
- Membership Statistics
- Club-wide Events
- Sections & Groups
- Club Governance & Info
- Affiliated Clubs



KELAB RENANG PULAU PINANG

e-NAUTILUS

PENANG SWIMMING CLUB

Management Committee Members:**President:**

Mdm. Chew Saw Hoon

Vice President:

Dr. Eric De Smet

Hon. Secretary:

Dato' Sri Dr. Lee Ville

Hon. Treasurer:

Mr. Yap Soon Hin

Club Captain:

Rocky Cheang

Committee Members:

Mr. FC Cheong

Mr. Khor Bean Tatt

Mr. Jonathan Ooi

Mr. Colin Chan

Mr. Paul Edwin Stripp

Dato' Dr. Marina David

Mr. Cheam Tow Yong

General Manager's Message

Dear Members,

Greetings of the day!

Now being part of the Penang Swimming Club and serving the valuable members and the staff on board, I come to each and every one of you with eager anticipation of the great work and service that we do together. I look forward to continue learning from each of you and gathering your best ideas to take Penang Swimming Club to even greater heights.

Joining this esteemed Club, I shall assess the strategies and operations and bring continuity to the club vision and ethos. If any change can be for the better, then why not. Otherwise, if it is not broken, don't fix it, just enhance it to the next level with good preventive maintenance schedule in place.

We will work as a team. Reaching our goals will require individual excellence, but definitely not working in competition with each other. We must be working in collaboration with each other. I personally believe that sustainable competitive differentiation comes from intangibles like having an inspired group of committed people working together for a common cause.

Our execution of tasks here is to deliver results for the comfort of the members. Everything we do will add value and contribute to our goals. In doing so, I expect in the near future that we will be the leader in the industry, highly respected by our members and guests whom we serve, feared by our competitors, and loved by our management committee team.

Having said this, let work be fun and fun be work. We spend most of our waking hours at work or thinking about work. My goal is that we will enjoy our work so much that it becomes a hobby. If we are going to be working hard and smart, it better be fun and worthwhile with an excellent work life balance.

Finally, on behalf of the administration and operational team of Penang Swimming Club to express our sincere thank you to all the valuable members and the management committee who have been part of our daily life routine work to up keep this prestige club its name and reputation far and wide.

Thank you.

Best Regards,
Roy Buma**Contents:**

- New Members
- Calendar of Events
- Financial Statement
- Membership Statistics
- Club-wide Events
- Sections & Groups
- Club Governance & Info
- Affiliated Clubs

ELECTED NEW MEMBERS – OTM & AM (JUNE 2023)



Mr. Ang Kang Tay
&
Mdm. Lee Ai Lin



Mr. Chon Ming Yan



Ms. Chong Sim Yee



Mdm. Ge Xiao Jing



Mr. Goh Kooi Aun
&
Mdm. Jessica Wong Wan Theeng



Mdm. Hui Wye Kuan



Mdm. Kaylene
Nah Kooi Tin



Mr. Khoo Kay Hooi



Mr. Kuah Choon Sheng



Mr. Lim Jie Sheng



Mdm. Leong Sau Cheng
&
Mr. Faisaal Senan



Mdm. Nang Siew Joo
Sandra Nang



Mdm. Oh Saw Cheng



Mdm. Tay Lee Lee



Mdm. Tan Shwu Hwan,
Jenny



Mdm. Yang Lei

ELECTED NEW MEMBERS – OTM & AM (JULY 2023)



Mr. Alvin Lim Teik Chai
&
Mdm. Janette Wong Siew Hong



Mr. Abdul Samat
Bin Suleiman



Ms. Goh Soo Lyn



Mr. Haeggmark, Lars Daniel
&
Mdm. Haeggmark, Yvette
Kristine Taberna



Mr. Kelvin Raw Yi Shuen



Ms. Lim Bak Lan



Mr. Lee Peng Hoe
&
Mdm. Lee Moong Hsien



Mr. Narinder Singh



Ms. Sheila Anne A/P Lawrence



Mdm. Tee Wei Nee
&
Mr. Pang Yi Heng



Mr. Teng Pe Yang
&
Mdm. Ooi Shi Ying



Mr. Tan Thiam Kheng
&
Mdm. Soyze Regeaina Caroline



Mdm. You Jin Ying
&
Mr. Lau Kian Chuan

ELECTED NEW MEMBERS – OTM & AM (AUGUST 2023)



Mr. Andy Lau Teng Ghee
&
Mdm. Wong Hoe Hwa



Mr. Alfred Ngoo Chew Hock
&
Mdm. You Li Zhi



Mdm. Khaw Siew Suan



Mdm. Low Chewkooi Mooi
&
Mr. Peter Lo Chong Ho



Mr. Melvin Ong Leng Tzet
&
Mdm. Lam Wei Yee



Mr. Ooi Choon Yaw
&
Mdm. Chong Mei Poh



Mr. Ong Ewe Meng
&
Mdm. Wong Lay See



Mr. Ong Seng Keat
&
Mdm. Chan Su Yin



Mr. Ooi Aik Leong
&
Mdm. Chin Soon Chuen



Mdm. Rajeswary Raman
&
Mr. Rajendran Muthu Veloo



Mr. Soon Kah Loon



Mr. Tan Siew Giap







Mdm. Tan Beng Geok





Mr. Yang Lei
&
Mdm. Gao Yan

CALENDAR OF EVENTS

SEPTEMBER

09**SATURDAY****KARAOKE ANNUAL
SOLO COMPETITION** MPH 5:30pm**17****SUNDAY****SWIMMING
SECTION TIME TRIAL** POOLSIDE 7:00pm**23****SATURDAY****DSG BALLROOM
GATHERING** MPH 4:00pm**29****FRIDAY****MID-AUTUMN
FESTIVAL GATHERING** MARINA DECK 6:00pm

OCTOBER

22**SUNDAY****EGM** MPH 9:00am**29****SUNDAY****HALLOWEEN
NIGHT** FUN PUB 8:00pm

CALENDAR OF EVENTS

NOVEMBER

03

OKTOBERFEST EVENT

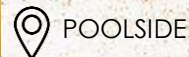


6:00pm

FRIDAY

18

**AEROBICS YEAR
END PARTY**

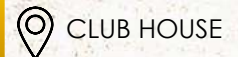


6:00pm

SATURDAY

19

**DEEPAVALI
CELEBRATION**



7:00pm

SUNDAY

25

**DSG THEME
NIGHT**



6:00pm

SATURDAY

DECEMBER

01

**X'MAS TREE LIGHT-
UP CEREMONY**



7:00pm

FRIDAY

17

**ANGLING X'MAS
DINNER**

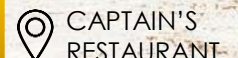


6:00pm

SUNDAY

24

**X'MAS EVE
BUFFET DINNER**



7:00PM

SUNDAY

25

**X'MAS DAY
WESTERN SET MENU**



11:30am

MONDAY

31

**NEW YEAR EVE
COUNTDOWN**



7:00pm

SUNDAY

INCOME & EXPENDITURE STATEMENT

For the period from 1 April 2022 to 31 July 2023

	31/07/2023	31/07/2022
	RM	RM
INCOME		
Subscriptions	1,289,667	1,311,112
Bar Profit	50,803	62,327
Restaurant Commission	137,841	145,203
Slot Machine Profit	276,581	314,641
Interest From fixed deposits	281,174	186,292
Transfer fees	214,324	340,816
Sundry revenue	80,562	70,866
	2,330,952	2,431,257
EXPENDITURE EXCLUDING DEPRECIATION		
Staff Cost	1,481,076	1,223,159
Utilities & Services	434,271	411,778
Repairs & Maintenance	381,963	202,921
Entertainment	44,840	42,766
Club events & functions	84,860	104,433
Administration Expenses	279,073	58,283
Sections & Group	58,261	102,112
Rates, Taxes & Insurance	110,202	97,050
	2,874,546	2,242,502
SURPLUS FOR THE YEAR BEFORE DEPRECIATION	(543,594)	188,755
Depreciation of property, plant & equipment	345,119	323,075
DEFICIT FOR THE YEAR AFTER DEPRECIATION	(888,713)	(134,320)
Taxation	88,998	81,573
DEFICIT AFTER DEPRECIATION & TAXATION	(977,711)	(215,893)

MEMBERSHIP STATISTICS

Membership Figures As At 31.08.2023

Type of Membership	Active	Absent	Total	Total (Membership Figures as at (31.07.2023)
Patron/Hon. Members	15	0	15	16
Ordinary Transferable Members -Pending for Election (Normal Transfer) -Pending for Election (JM Conversion)	4752 44 7	666	5469	5476
Ordinary Members	0	2	2	2
Unattached Lady Members	1	1	2	2
Term Members -Pending for Election (JM Conversion)	0	0	0	0
Junior Members - Pending for Election	257 47	44	348	337
Associate Members - Pending for Election	2008 72	138	2218	2224
TOTAL	7203	851	8054	8057
Visiting Members = 23				
Sporting Members				
Swimming Section :18 Sailing Section : 4 Defaulter -94				

MEMBERS PATRONISING CLUB STATISTICS

DATE	Spenders (Only F&B charges)		No. Card Tracking	No. of Ceased Member/Defaulter	No. of Reinstatement
	> RM 500	> RM 1			
Jan'22	86	885	349	0	6
Feb'22	99	1045	302	0	6
Mac'22	58	858	666	0	6
Apr'22	65	873	362	0	6
May'22	127	1398	788	0	7
June'22	108	1298	586	0	3
July 22	115	1335	480	0	10
Aug'22	109	1325	490	202	1
Sept'22	79	1263	612	92	5
Oct'22	94	953	440	101	17
Nov'22	88	1232	455	71	13
Dec'22	126	1252	493	75	11
Jan'23	115	865	496	0	18
Feb'23	72	864	778	0	23
Mac'23	60	909	480	0	15
Apr'23	93	1231	454	0	0
May'23	86	1128	527	0	17
June'23	93	1167	817	78	27
July'23	115	1267	500	0	25
Aug'23	83	1213	492	27	13

Total currently ceased members as at 31.08.2023 is 374

Club Events & Happenings

BAR TAKE OVER BY MIXOLOGIST – JIMMY ENG

GIN & RUM 'OMAKASE' COCKTAIL

The event was held on Saturday, 15th July 2023 at the Club House from 8.00pm. Live rendition by A&J Band and dance performance by Dance Sport Group among the highlights.



FAMILY FUN SUNDAY

Family Fun was held on Sunday on 16th July 2023 at the Oasis/Seafront from 3.00pm – 8.00pm. Family Fun Days are attended by varying guest from infants, children and teenagers to young adults and the elderly.

Various activities for kids, Clown Appearance, Kids Karaoke, Children Throwing Circle, Mini Bowling and many more.

Several choices of food stall for members to enjoy the event with family, BBQ Food Truck, Drink Stall, Ice-cream, Cotton Candy and Popcorn.



TAPAS & WINE TASTING

The event was held on Friday, 27th July 2023 at the Club House from 7.00pm. Mr. Roy Buma, the General Manager of Penang Swimming Club welcome all the members and guests.

Wine intro was conducted by Wine Shop Company with highlighted wine from Australia which is Benchmarks.



MERDEKA TREASURE HUNT FOR KIDS

Penang Swimming Club celebrated Merdeka Month with a Merdeka Treasure Hunt for kids on 27th August 2023 at Marina Deck.

13 children who participate accompany by parents, the event was fun and giving opportunity to celebrate Malaysia's Independence in joyful.

Events line up for cheers the kids, Jalur Gemilang "Flag Wave", Mummy wrapping, Limbo Rock, Tug of War, Arrow to pot, treasure hunt and follow by question and answer that related to Malaysia Independence history.

The children were also treated to delicious McDonalds Happy Meal – McChicken Burger and a gift pack.





At the first library committee meeting, the new library committee chairman **Dato' Dr. Marina David** discussed with the staff on the library needs and requests from the members.

It was then decided to set-up the section for Mandarin and Bahasa books with the arrival of the first set of books and the rest arriving in stages according to the budget allotted.

We apologise for the delay in the magazines, the renewals for the subsequent year has been done.

Do drop by and give us your suggestions so that we all may enjoy the library section. Do give us any suggestions of any events you would like us to plan for the children and in the meanwhile we will put on our thinking caps.



LIBRARY NEW ARRIVAL/ NEW SECTION

MANDARIN BOOKS

Due to the demand for Mandarin books, there is a new section in the Library. First batch of books have arrived. Donation of Mandarin books most welcome.



学会放下，
把握当下。



图解对症自我
按摩全书



图解细节决定
健康



马斯克，挑战
科学的男人



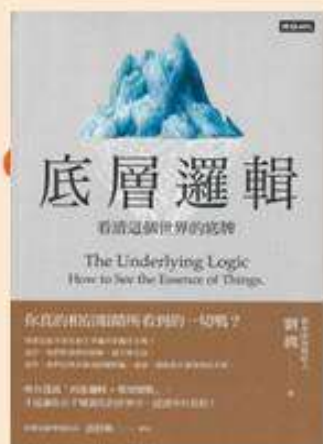
别让坏情绪
绑架你



相信自己，才
是完整的你



心态



底层逻辑



每一天
爱自己



行为心理学



LIBRARY NEW ARRIVAL/ NEW SECTION

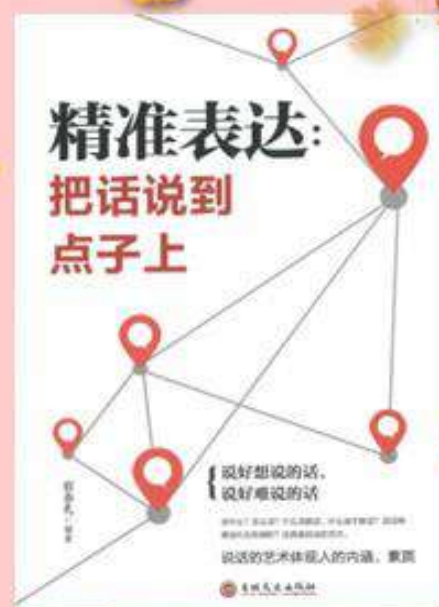
MANDARIN BOOKS



好好接话



好好说话



把话说到点子上



跟任何人都聊得来

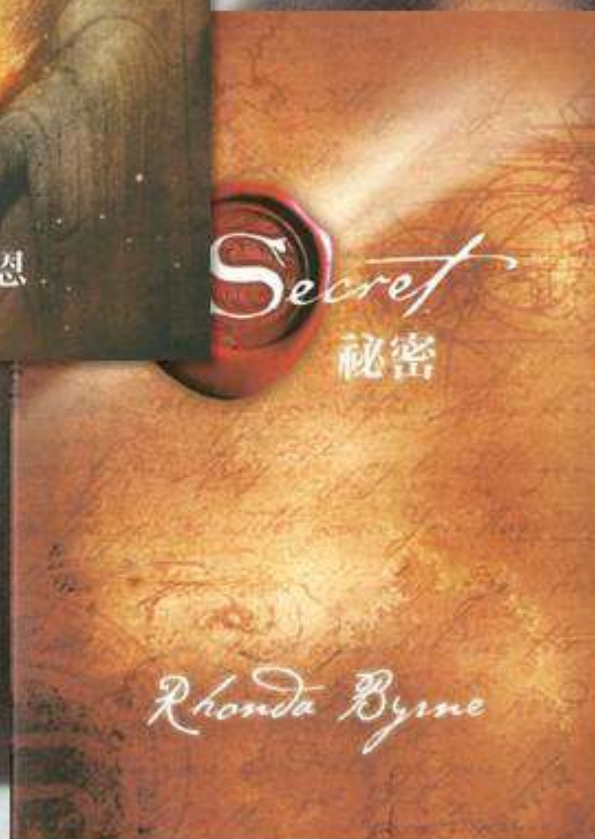
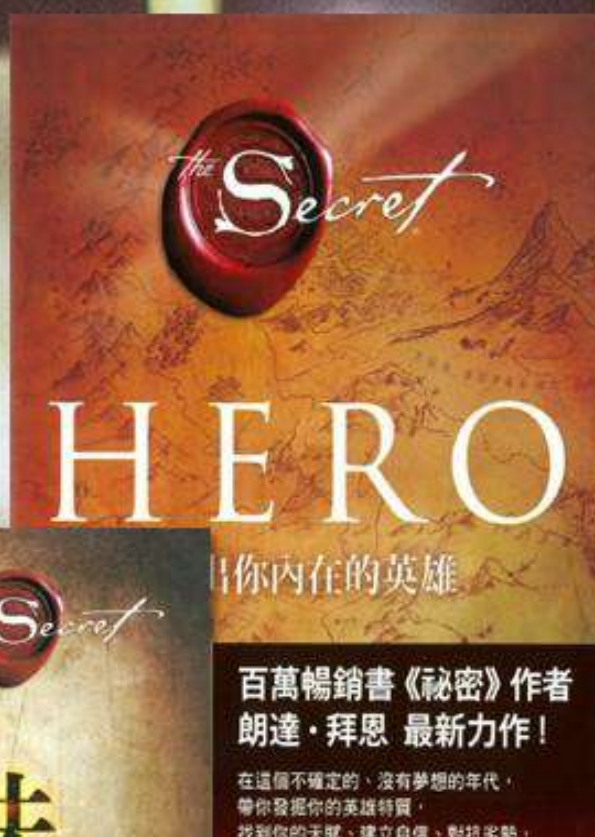
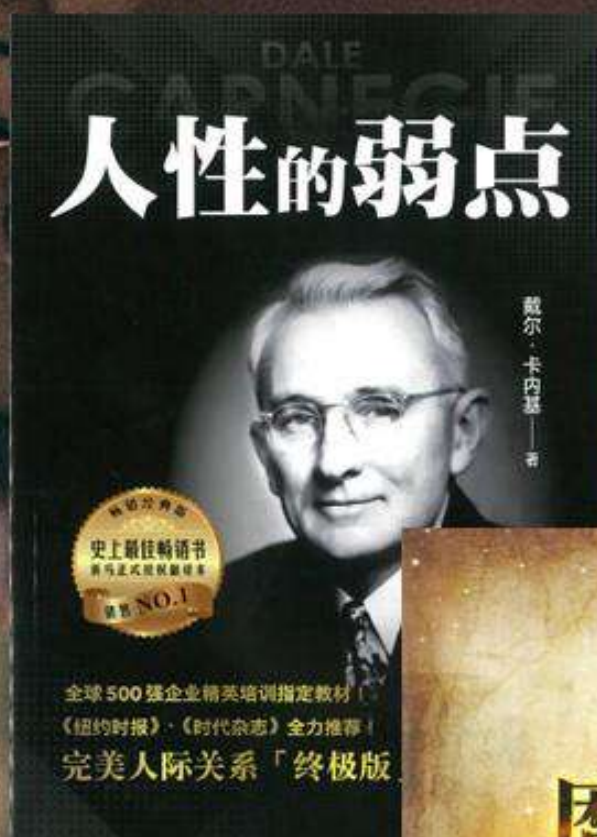


情商高
就是说话让人舒服



LIBRARY NEW ARRIVAL/ NEW SECTION

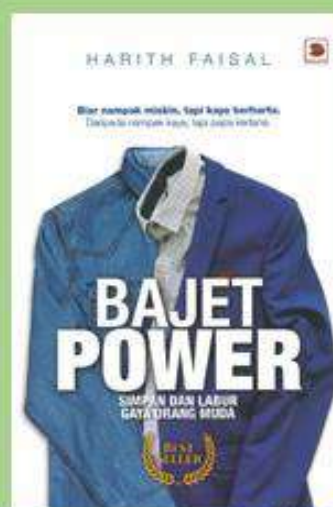
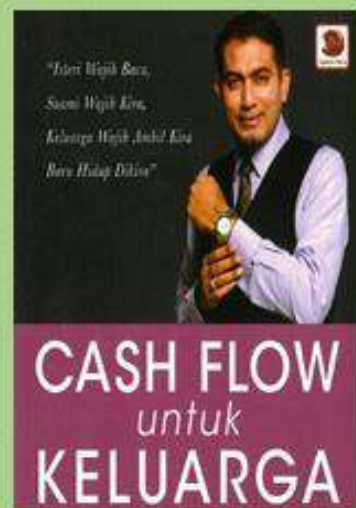
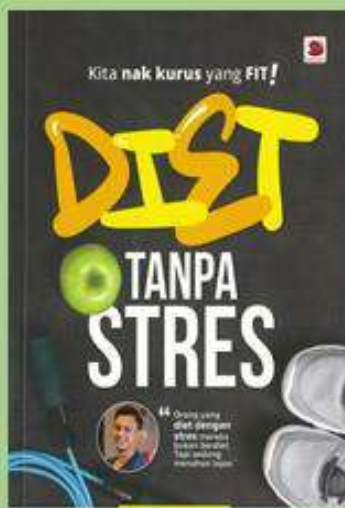
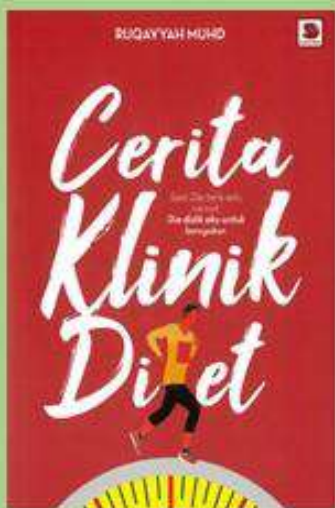
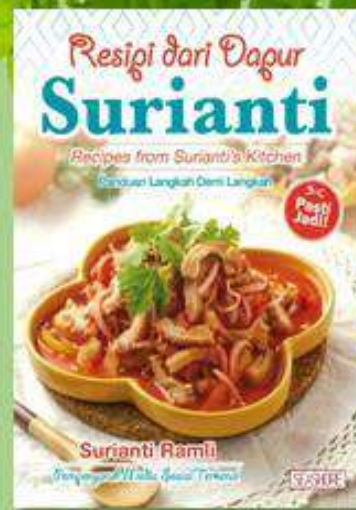
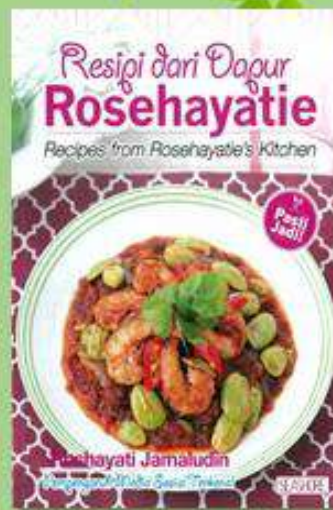
CHINESE BOOKS





LIBRARY NEW ARRIVAL/ NEW SECTION

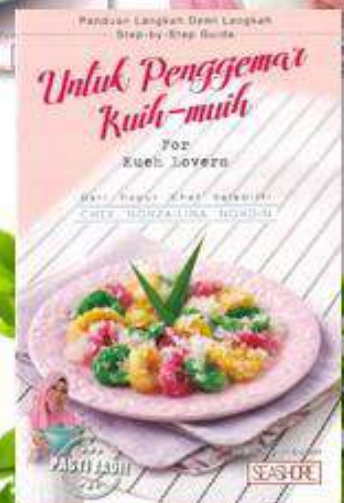
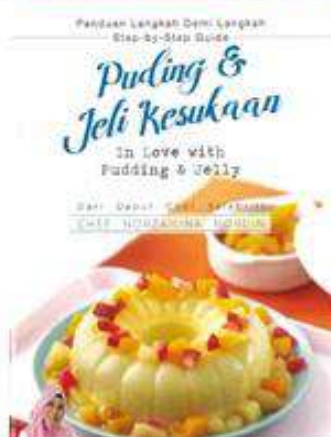
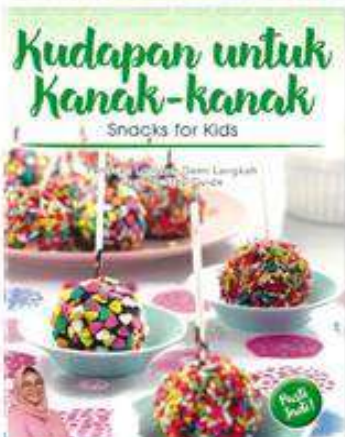
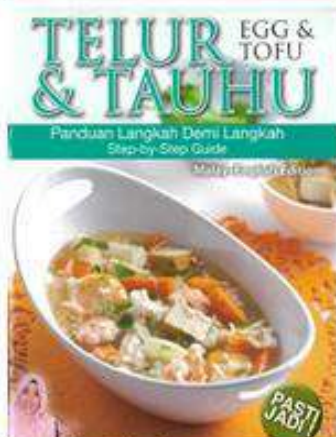
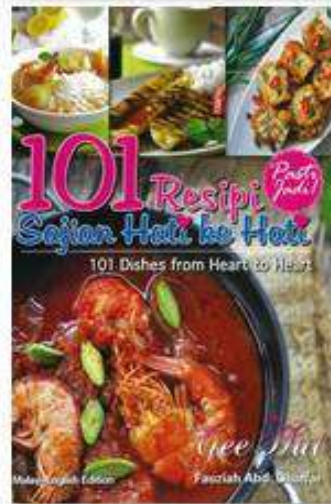
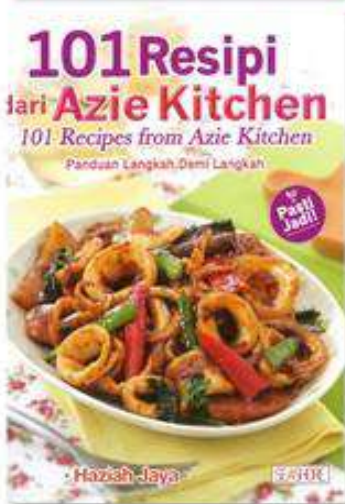
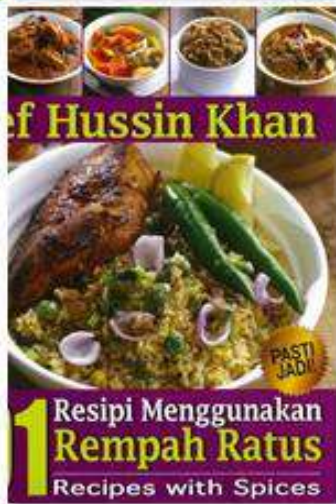
MALAY BOOKS





LIBRARY NEW ARRIVAL/ NEW SECTION

MALAY BOOKS



Swimming Section

Committee Lineup

- Tan Hui Fang Chairman
- Lee Chye Seng, Vice Chairman
- Moira Toh Siew Ling, Hon Secretary
- Tan Lean See, Hon Treasurer

Committee Members:

- Poh Chong Boon
- Beh Pay Hong (Daphne)
- Teoh Poh Nai (Irene)
- Lee Wei Ling
- Andre Baptist
- Yeap Wen Nie

Warm Welcome to New Head Coach for Swimming

Penang Swimming Club (Swim Section) extends a warm welcome to the Swimming Section's new Head Coach – Ms Nataliya Simak.

Coach Nataliya is a highly qualified swimming coach holding degrees in swimming and physical education. She has extensive experience in swim coaching and holds certificates in CPR, fitness/personal trainer, nutrition and coaching amongst other qualifications. The Club and Swimming Section looks forward to partnering with Coach Nataliya to soar to new heights in swimming



Exciting Announcement!
Learn to Swim program
is now available!



RM 450 FOR 10 LESSONS

LEARN TO SWIM for age 5 - 18 & above

SWIMMERS PROGRAM

Never too late to learn

Our program is open for kids as young as 5, adults and seniors. Aiming to improve water confidence, swimming techniques, endurance training, strokes foundation and development.

Group Lesson

- 4 swimmers - 1 coach
- 6 swimmers - 2 coaches
- One hour per lesson following swim schedules
- Swim Schedules and grouping of swimmers are at a first come first serve basis and subject to the discretion of the coach and the Swim Section Committee.

Swim Schedule

FRIDAY
7pm - 8pm ; 8pm - 9pm

SATURDAY
3pm - 4pm
7pm - 8pm ; 8pm - 9pm

SUNDAY
8am - 9am ; 9am - 10am
7pm - 8pm ; 8pm - 9pm

COACHES:

- Coach Eddie**
- Coach Chris**
- Coach Chloe**
- Coach Rachel**
- Coach Doreen**

CONTACT US www.penangswimmingclub.com

Scan QR to register

Recruitment Drive for the Swim Squad

Our swim squad is recruiting new members and please share this with your child who is passionate about swimming 🏊‍♀️
 Simply click on the QR code below or on the link below to register.

<https://forms.gle/Z8hNoeBz4SdVYz2C7>

If you have any questions, please don't hesitate to reach out to us at psclswimsection@gmail.com.

We look forward to welcoming new members to our swim squad.



* Masters swimmers who can swim are welcome to enquire too!



PSC SWIM SQUAD

RECRUITING NEW MEMBERS

SCAN TO REGISTER

We are actively seeking new members aged 7+ who LOVE the water!

- want to IMPROVE their swim skills & technique
- want to learn to train & compete
- want to become part of a TEAM
- want to learn skills for life in & out of water
- want to ENJOY their sport

JOIN US TODAY!

PSC.SWIMSECTION@GMAIL.COM

Scuba Section

Committee Lineup

Chairman

Secretary

Treasurer

Asst Treasurer

Diving Officer

Membership Secretary

Social Officer

Chin U Ng

Karen Thong

Wei Khang Tan

Chin Leong Teh

Cheow Chien Geh

Li Na Lee

Cha'nelle Lim

Training Officer

Asst Training Officer

Equipment Officer

Asst Equipment Officer

Expedition Officer

Information Officer

Sulin Eow

Jo Han Tan

Soon Lee Teoh

Kong Hooi Lai

Annie Lim

Kathryn Tan



Moving forward, following the Section Annual General Meeting on 27th May, 2023, we have a new Committee Lineup for the 2023-2024 term. At the helm is Chin U Ng, no stranger to many.

"I would like to take this opportunity to thank the Scuba Section Members for giving me this privilege to serve the Section. It is my greatest pleasure to return something to the Section, having been blessed so much by it.

The Penang Swimming Club Scuba Section is where I started my scuba diving journey. and thankfully as always, the Section has been and still is blessed with enthusiastic members ever willing to share and impart their knowledge...any time, any where.

Special mention goes to my team. Many thanks guys for coming on board and be with me to continue the work of the past Committee and more. As the saying goes, there is room for improvement and the next mountain to climb. I shall say no further for the proof of the pudding is in the eating.

The Scuba Section Committee is working out the details for activities planned for the year. They range from Courses to introduce Scuba Diving to Club Members, qualification Upgrade Courses for divers, Seminars, Talks, Dive Expeditions as well as Social Events to gather and enjoy the fellowship among members.

We serve and share, as divers, for divers. Thank you"



Chairman - Chin U Ng





SCUBA SECTION WEEKLY OPENING TIMES

Mondays : 9pm

Wednesdays: 9pm

Saturdays: 9am

Closed on Public Holidays

All Club Members are welcome to join the Scuba Section, be it divers or non-divers of all ages. Please use the QR Scan Code here to register.

Trial dives for all Club members who are non Scuba Section members are available and so are refresher sessions for Section certified divers. Please refer to Contact Information below to book a slot.



Coming Events 2023

No	Event	Registration
1	Sports Diver course, commence October '23	To be announced end of August
2	Refresher, Trial Dive (once/non-Scuba member, open to all Club members)	Contact Diving or Training Officer to book a slot
3	Social Gathering, September '23	To be announced
4	Social Gathering, November '23	To be announced
5	Dive Expedition to Indonesia, November '23	To be announced

The Scuba Section has gone digital last year...in all documentation and forms, With the change in its Committee Line up at the last AGM in May 2023, the new Committee moved forward and adopted the good moves of its predecessor. Please find the current and archived copies of its monthly e-newsletter at **BSAC 225** Facebook page. We deliver up to date happenings at zero cost!

Dive Leader Course in progress and we regularly service the Section's equipment for members' use



CONTACT INFORMATION

1) Section email: bsac0225@gmail.com

2) For Dive Courses, Training, Refresher & Trial Dive, please inform in advance (via WA messages only) :

Diving Officer: C C Geh @ 016-414 6329

Training Officer: Sulin @ 012-4890088

3) For previous and current issues of the monthly Scuba e-Newsletter, please use the QR Scan Code below, click [here](#) or visit

https://drive.google.com/drive/folders/1QVK_1NKE6Y1o5JO212LxbQP1OkPtKL4R?usp=share_link



4) Activities of the Section can also be followed at our BSAC225 Facebook. Please click [here](#) or visit Facebook BSAC225

Sailing Section

Committee Lineup

- | | |
|--------------------------------------|--------------------------------|
| • Scott Ong : Commodore | • Publicity : Ivie |
| • Ian H Low : Vice Commodore & Bosun | • Sail Rep : Andy Ewe |
| • Patrick Loh : Hon. Secretary | • Powerboat Rep : Dennis Yang |
| • KJ Lee : Treasurer | • Water Ski Rep : Paul Fennely |
| • Channele Lim : Social Events | • Paddle Rep : Charlie Charlie |

Sailing Section Annual General Meeting 2023 (AGM)

6th May 2023 – Sailing Section AGM was held at the MPH. Registration for the event started at 6 pm, and the AGM commenced at 6:30 pm with a warm welcome from the current past-commodore, Terry. He took the time to run through the year's events, and the section members reminisced about the fond memories and great events that were held. Terry also expressed his gratitude to the members for their support and the past committee for all the hard work they put in to make the events possible as they stepped down from their positions.

The AGM then continued with the selection of the upcoming committee, which was conducted smoothly and efficiently as everyone involved swiftly came to a consensus. Following the selection of the new committee, the proceedings concluded quickly with a speech by the new commodore, Scott, and everyone moved on to the highly anticipated meal. It was a lively and joyous night, with everyone letting loose, catching up with old friends, and sharing stories about their experiences on the sea and the fun they had sailing in the past year.

The newly appointed committee is dedicated to ensuring a vibrant and eventful year lies ahead for all members, brimming with fresh and exciting experiences. Till then, lay on the sandy shores, enjoy the breeze and ride the waves to new adventures - as we set sail towards another great year!



Photo Credits: Husniza



Sailing Section Annual General Meeting 2023 (AGM)



Photo Credits: Husniza



Sailing Orientation

Photo Credits: v

23rd July 2023 – On this picturesque day, adventure seekers and sailing enthusiasts came together for an unforgettable experience at the Sailing Orientation. Under the radiant sun and clear skies, the bay came alive with excitement as two sleek Nacra catamarans gracefully sailed alongside kayaks and paddle boards.

As the light breeze gently ruffled the waters, participants reveled in the joy of being out on the open sea. The bay transformed into a hub of camaraderie, with individuals basking in the sun's warm embrace, sharing stories, and savoring every moment of this nautical adventure.

The Sailing Orientation provided the perfect opportunity to experience the thrill of sailing firsthand, whether a novice or a seasoned sailor. This event marked the beginning of a journey filled with new horizons and cherished memories, all set against the backdrop of the boundless sea.

Stay tuned for more seafaring escapades that await!



Sailing Orientation



The day's adventure had been a true testament to the spirit of exploration and the love of the sea. With the gentle waves as witnesses, new friendships were forged, sailing skills were honed, and memories were woven into the fabric of the bay. As we bid farewell to this remarkable day, our sails may have lowered, but our spirits remained buoyant with the promise of future maritime journeys!



Kota Kinabalu – 28th Merdeka Day Open Regatta 2023

Photo Credits: Aidiel

11th – 13th August 2023 – In the vibrant waters of the 28th Merdeka Day Open Regatta 2023 in Kinabalu Yacht Club, Sabah, five exceptional sailors represented the Penang Swimming Club with unwavering pride and skill. Their skills shone as they tackled the challenges of 10-knot winds across three days, competing valiantly against Malaysia's sailing elite. The event featured tough competition in the Optimist Novice, Optimist, and RS One divisions. Anchoring their journey was our in-house coach, Aidiel, guiding them to perform at their best.

Embodying the finest spirit of sportsmanship, we celebrate our sailors who have brought glory to our club:

Ng Ye – Novice Overall 1st

Ng Yi Yan – Novice Overall 3rd

River Ng – Optimist Overall 15th, Optimist Division A 11th, Optimist Girls 3rd

Sky Ng – Optimist Overall 27th, Optimist Division A 16th, Optimist Male 20th

Ng Yu Fei – RS: One 4th

With sails billowing, these achievements not only shine a light on our club's prowess but also lay the course for even greater accomplishments. Let's salute their dedication and success as they continue to set sail into new horizons.



SAILING SECTION COMMITTEE 2023–2024



SCOTT ONG
COMMODORE



IAN H LOW
VICE COMMODORE &
BOSUN



PATRICK LOH
SECRETARY



KJ
TREASURER



CHANELLE
SOCIAL EVENTS



IVIE H LOW
PUBLICITY



ANDY EWE
SAIL REP.



DENNIS YANG
POWERBOAT REP.



PAUL FENNELLY
WATER SKI REP.



CHARLIE CHARLIE
PADDLE REP.



LEARN TO SAIL WITH COACH AIDIEL



AIDIEL
SAILING COACH

Photo Credits: Cynthia Lee.

Are you ready to embark on an exciting sailing adventure? Join Coach Aidiel, a skilled medalist from the prestigious National Open Championship Regatta and learn the art of sailing firsthand.

To schedule your sailing sessions, simply meet Coach Aidiel at the sailing shed any day from Monday to Sunday (excluding Wednesdays), between 9 am and 5 pm.

For added convenience, you can also reach out to him via WhatsApp at 017 - 434 6136.

These invaluable lessons are free for members of the sailing section.

Please note that all aspiring sailors must possess proficient swimming abilities. Let's set sail together!

Jellyfish Sting

Minor symptoms include:



Slight pain, itching, burning or throbbing at contact point.



Rash with red, purple or brown patches.

Severe symptoms include:



Difficulty breathing.



Muscle cramps.



Chest pain.



Skin blisters.



Numbness or tingling.



Nausea or vomiting.



Difficulty swallowing.



Abdominal pain.



Excessive sweating.

Cleveland Clinic

STUNG BY JELLYFISH? HERE'S WHAT TO DO.

Vinegar is available at the sailing shed.

According to the Cleveland Clinic, seek medical help if you have severe symptoms listed in the graphic.

You can treat mild jellyfish stings using the following steps:

1. Wash the tentacles and venom off the affected area of your body with seawater. Don't use fresh water.

2. Using tweezers or gloved hands, remove any tentacles you see in your skin.

3. Apply vinegar (available at the sailing shed) or rubbing alcohol to the affected area.

4. To help reduce the pain, you can put calamine lotion or hydrocortisone cream on a jellyfish sting. You can also use an ice pack or hot water to help with the pain and swelling.



2023–2024 SAILING SECTION CALENDAR

JULY 23'

- SAILING ORIENTATION & SAILING SECTION SHINDIG
- OPTIMIST/LASER SAILING COURSE

AUGUST 23'

- ADVANCED LASER SAILING COURSE

SEPTEMBER 23'

- ADVANCED LASER SAILING COURSE + COMMODORE'S CUP
- MALAYSIA DAY SAIL
- POWER BOAT DAY

OCTOBER 23'

- BRONZE CROSS (TRIPARTITE EVENT)

NOVEMBER 23'

- OPTIMIST/LASER SAILING COURSE
- PADDLE TRIP

DECEMBER 23'

- SAILING TICKET
- DOUBLE HANDED SAILING COURSE

JANUARY 24'

- WATER SAFETY DAY
- OPTIMIST/LASER SAILING COURSE

FEBRUARY 24'

- INTERCLUB RACE / COMMODORE'S CUP OPEN

MARCH 24'

- BEACH CARNIVAL

APRIL 24'

- SAILING SECTION AGM



Tune in to the section's notice board or our Sailing Section WhatsApp group chat to get the latest section news and exact dates of every event!

Angling Section

Committee Lineup

- Mr. Loo Joo Aun, Chairman
- Mr. Devyn Khoo, Honorary Secretary
- Mr. Lawrence Low, Honorary Treasurer
- Mr. Lim Ewe Chai, Equipment Officer
- Mr. Simon Ch'ng, Expedition Officer
- Mr. Tan Fung Liang, Competition Officer
- Mr. Tho Yau Cheong, Recruit Officer
- Ms. Helen Low, Committee Member
- Mrs. Ann Ch'ng, Committee Member

Two Fun Fishing events were held on 21/05/2023 & 04/06/2023 with 30 & 40 section members including children, registered respectively for both events. Some came for fishing, the rest just for socializing. Breakfast were given to all fishing participants, both events took place along the snake temple shoreline. Weather was fine but waves were a bit choppy. After the event, all registered section members were entertain to lunch at the Captain's Restaurant where prizes(coupons) were awarded to winners with respective weight of the catch. Section committee hope to see more Members participating in the coming fishing calendar. Happy Fishing...



Aerobics Group

Committee Lineup

- Mariam Harvey, Chairman
- Chng Kee Hiang, Secretary
- Phoon Lai Peng, Treasurer
- Chew Chooi Hoon, Committee Member
- Alison Lim, Committee Member
- Mariam Harvey, Contributor
- Phoon Lai Peng, Layout Design

A new team comprising of the following were voted in on 17th March 2023.

Chairperson : Mariam Harvey

Secretary : Chng Kee Hiang

Treasurer: Phoon Lai Peng

Committee Members : Alison Lim and Chew Chooi Hoon

Since then, we have added 3 more classes in addition to the nine existing classes to give the members a more comprehensive and balanced regime of workouts. Whether you are a gym rat or just looking to start your fitness journey, Aerobics Group @ PSC is the place to get into the groove.

Whenever we lift weights, zen in Pilates, sweat in our Tone classes or Zumba our hearts out, we do it with lots of fun and laughter. Our timetable is available at the front desk. Do check it out and find the workout most suitable to you. All classes are held at the Studio at Level One.



L-R – Kee Hiang, Chooi Hoon, Lai Peng, Alison & Mariam





Penang Swimming Club Aerobics Group

TRIAL CLASS **Basic Steps and Techniques** **Of Muay Thai**

Instructor : CHARMRATH

Date : 06 Sept 2023

Day : Wednesday

Time : 07.15 to 8.15 pm



FUN FITNESS



Dance Sport Group

Committee Lineup

- Catherine Choong, Convener
- Choo Kean Hin, Hon. Secretary
- Jennifer Cheah, Hon. Treasurer
- Chan Gim Choo, Committee Member
- Emmeline Yong, Committee Member

CLASS UPDATES



"The steady one-two-three, one-two-three beat of the waltz has spread throughout the world as a staple of ballroom dancing, easy to learn but with enough variations and intricacies to keep it interesting. Whether it's portrayed as a romantic dance between Cinderella and her prince, or a high-speed Viennese-style competition on Dancing with the Stars, the waltz is a significant and inextricable force in the history of ballroom dance." – extracted from "The History of Waltz" ~ www....lovetoknow.com.



Do come and join our Latin Solo class! Partner not needed. Students will learn basic and variations of Latin Solo.

The new module from September 2023 onwards is RUMBA!!

Dancing helps to

- 1) **Improve** SELF CONFIDENCE
- 2) **Improve** BODY LANGUAGE
- 3) **Improve** BACK POSTURE
- 4) **Improve** your FITNESS
- 5) **Strengthen** your MEMORY

SPECIAL WORKSHOPS

DANCE SPORT GROUP

**INTERNATIONAL
BALLROOM SOLO
TECHNIQUES**

*From August 7th 2023, for
12 lessons*

*Every Monday 11.30am to
12.30pm, Studio 1*

Module : Swing Waltz

**Basic
Level**

**PARTNER
NOT
NEEDED**

New DSG Member – FREE

*NON DSG Member –
RM40 per month*

*Existing DSG Members –
50% subsidy*

Register at L6 Reception by 7th Aug 2023

Qualified Instructor from International Dance Teacher's Association

Terms & conditions apply



**“The job of feet is
walking, but their
hobby is dancing.”**

Amit Kalantri

For further details, please enquire at Reception

TIME TABLE

SCHEDULE OF DANCE SPORT GROUP CLASSES & PRACTICE SESSIONS

Updated : August 2023

DAY	TIME	1 HR CLASSES/PRACTICE SESSIONS	INSTRUCTOR	CLASS CO-ORDINATORS	WHATSAPP GROUP NAME
MON	11.30am	INTERNATIONAL BALLROOM SOLO WORKSHOP	Mrs. Chew	FOR SIGN UPS ONLY	DSG International Ballroom Solo Workshop
	8.30pm	LATIN SOLO	Mr. Colin Teng	Ms. Lee Hwei Ring	DSG Latin Solo
TUE	10.30am	BELLY DANCE	Ms. Zoe Tan	Ms. Billie Chua & Ms. Sandy Sim	Belly Dance Class
	11.30am	PRACTICE SESSION FOR INTERNATIONAL BALLROOM SOLO	Mrs. Chew	FOR INTERNATIONAL BALLROOM SOLO students only	DSG International Ballroom Solo Workshop
WED	10.00am	LINE DANCE -INTERMEDIATE	Ms. Emmeline Yong	Mr. KH Choo	INTERMEDIATE Line Dance
	9.00pm	GENERAL PRACTICE SESSION	N/A	Open to all DSG members	N/A
THU	11.30am	BASIC DANCE & TECHNIQUE WORKSHOP	Ms. Emmeline Yong	FOR SIGN UPS ONLY	DSG Basic Dance
	1.00pm	GENERAL PRACTICE SESSION	N/A	Open to all DSG members	N/A
	8.00pm	GENERAL PRACTICE SESSION	N/A	Open to all DSG members	N/A
FRI	11.30am	LINE DANCE BEGINNERS	Ms. Emmeline Yong	Mr. KH Choo	Beginner Line Dance
	8.30pm	BASIC BALLROOM	Mr & Mrs Chew	Mr. Eddy Tan	Basic Ballroom(Friday)
SAT	10.00am	LINE DANCE INTERMEDIATE/ADVANCE	Ms. Emmeline Yong	Mr. KH Choo	INTERMEDIATE Line Dance
SUN	2.30pm	PRACTICE SESSION - LATIN	N/A	Open to all DSG members	N/A
	3.45pm	BASIC LATIN & TECHNIQUE	Mr. Colin Teng	Mr. Eddy Tan & Ms. Sandy Sim	DSG Basic Latin
	5.00pm	LATIN INTERMEDIATE - COUPLE	Mr. Colin Teng	Ms. Chuah Li Sim	Intermediate Latin
	7.30pm	BALLROOM INTERMEDIATE	Mr & Mrs Chew	Mr. Richard Chung	Ballroom Intermediate
	9.00pm	GENERAL PRACTICE SESSION	N/A	Open to all DSG members	N/A

DSG SOCIAL CALENDAR

1. THEME NIGHT 1 – 25th NOVEMBER 2023
2. GRAND THEME NIGHT – 16th MARCH 2023
3. DSG ANNUAL GENERAL MEETING – 11th MAY 2023

For further details, please enquire at Reception



Karaoke Group

Committee 2023/2024

- Cheah Cheng Leng, Allan (Convenor)
- Tan Seow Kuen, Joyce (Hon. Secretary)
- Chin Weng Wah, Nicholas (Hon. Treasurer)
- Cheah Seok Pin (Committee member)
- Tan Bee Den, Rachael (Committee member)
- Goh Bee Liew, Jenn (Committee Member)

The Interclub Social Evening with Royal Selangor Club

Rockin' All Night!!!

The long and much-awaited reciprocal visit by our comrades from Royal Selangor Club Karaoke Group finally materialised on July 21 as a delegation of 30 of their members made it for a memorable evening filled with non-stop fun and entertainment, great food, lots of booze and, more importantly, true spirit of traditional camaraderie amongst karaoke members of both Clubs.

It was a full-house event with another 50 of our members joining in for the occasion.

The programme for the evening kicked off with a sumptuous set dinner set in the splendour of the Mariners' Deck which truly wowed our guests who, of course, rarely had the pleasure of dining with a fantastic seaview amidst the setting sun at dusk.

Karaoke Group convenor, Allan Cheah, warmly welcomed the guests with a short but inspiring speech before the commencement of dinner.

After dinner, members and guests adjourned to the Pacific Lounge, the venue for the entertainment segment which was nicely decorated to the "Rock & Roll" theme for the evening.

Club Vice-President Eric de Smet delivered a truly warm welcome speech before RSC delegation head, Daniel Tan reciprocated, thanking PSC for the warm hospitality.

Contributed by Richard Chung

Photos by Sankaran

*P/S: Lookout for our Upcoming Event!
Annual Karaoke Solo Competition on September 9, 2023 (Saturday).
This event will be held at the newly renovated Multi Purpose Hall which will be acoustically enhanced for better acoustic performance.*



PENANG SWIMMING CLUB
KARAOKE *inter Club night*

We are hosting:
ROYAL SELANGOR CLUB
 21-July, 2023 (Friday)
 7:00 pm
 Pacific Lounge

Night's Theme **ROCK n ROLL**











PENANG SWIMMING CLUB
Annual Karaoke
Solo Competition 2023
Let the Stars shine

Open to All members and Guests
 16 years and above

Date: 9-September, 2023 (Saturday)
 6:30 pm – 12:00 midnight

Venue: MPH (now acoustically improved)

Karaoke Members	Club Members	Guests
RM40+/pax	RM50+/pax	RM70+/pax

- with Chinese set dinner
- 2 bottles of wine/table
- light snacks for supper
- Corkage waived

Dress code: Smart Casual

Closing Date: 26-August, 2023
 Cancellation Date: 2-September, 2023

Note: Pre-selection of table bookings are only available to Karaoke members. Those who book by tables are responsible to fill all the seats at the table. For individual bookings, table seatings shall be arranged at the discretion of the Committee.

Registration at Reception or Pacific Lounge



Yoga Group

Committee Lineup		Committee Member
Chairman	: Clara Ooi	Pamela Teh
Honorary Secretary	: Dominic Boudville	Alice Boudville
Honorary Treasurer	: Lim Hooi Siang	Vivian Ong Hong Thng

Article for Nautilus

Proposed Forthcoming Activities 2023/2024

2023

· Club Workshop @ MPH 1
Thursday, 28 September (Prophet Muhammad's Birthday holiday)

· Group Workshop @ MPH 1
Sunday, 12 November (Deepavali holiday)

· Christmas Dinner 2023 (Group event - Location to be determined.)
Saturday, 16 December

2024

· Chinese New Year Dinner 2024 @ MPH 1
Saturday, 18 February (Group event)

· Group Workshop @ Kek Lok Si Hill
(Date in January 2024 to be determined)

NOTE: The above proposed activities are subject to changes where deemed necessary.

IMPORTANT REMINDER: Only registered paying Yoga Group members may participate in the activities which are specified as Yoga Group Activity, which include the daily yoga sessions.

This is different from Club Activity which is open to all PSC Ordinary Transferable (OTM), Associate (AM) and Junior (JM) members).

Prepared by : **DOMINIC BOUDVILLE**

PENANG SWIMMING CLUB

YOGA GROUP

WEEKLY SCHEDULE (Effective 1 JANUARY 2023)

DAY	A.M/P.M.	TIME	TYPE	INSTRUCTOR
Mon	p.m.	7.00 – 8.15	1. Hatha Yoga: Focus on breathing attention, body awareness, mindful alignment & specific cultivation of strength, flexibility and balance by using props. Multi-Level.	Queenie Wong
Tue	a.m.	9.00 – 10.15	2. Building Strength: Flexibility in between and also awakening the muscles from front & back, upper & lower body. Back bend poses will be introduced. Options for beginners with the use of blocks & straps. Suitable for all levels of fitness. From Beginners to Intermediate.	Angeline Teh
Tue	p.m.	7.00 – 8.30	3. Ananda Marga Traditional Yoga: Conclude with self-massage. Suitable for Beginners.	Mrs. Lim
Wed	a.m.	9.00-10.15	4. Basic Yoga: A combination of Hatha Vinyasa & Hatha Yoga focussing on alignment, form, structure & breath, using props. Class is structured to cultivate strength, flexibility, balance & body awareness. Breaking down the poses, step by step with instructions to deepen the practice. Multi-level class suitable for beginners.	Julie Quah
Wed	p.m.	7.00 – 8.15	5. Multi- Level Hatha Yoga: Class is structured to start you off in yoga and bring constant improvement to your strength, flexibility & balance. Suitable for beginners & intermediate participants.	Sean Lee
Thu	a.m.	9.00 – 10.30	6. Integral Yoga: Working & benefiting on body, mind & soul – engaging various arts & techniques (yoga breaths, Taiji sticks & dance movements) allowing for creativity, manifesting the potentials, elevating & pleasing to the heart, increasing strength, improving flexibility & toning the internal organs. Aiming towards the yogic goals of perfection & beauty in life. Everybody can join in this class. Multi-Level.	Bibi Sio
Fri	p.m.	7.00 – 8.15	7. Yin Yoga: A quiet practice emphasising on holding longer time in each pose while encouraging the entire body to relax. Use yoga stick to improve and assist yoga poses on 1 st Friday of the month Anyone can join this class from Beginner to Intermediate.	Anna Yeoh
Sat	a.m.	9.00 – 10.15	8. Alignment based Vinyasa Yoga: Coordination of movements (linking a series of postures in a sequence) with the breath flow from one pose to the next, integrating the principles of alignment. Multi-Level.	Kimberly Yeap
Sun	a.m.	10.00 – 11.15	9. Yoga Pilates: Start with Pilates to tone up arms & legs to build up core muscles. Floor exercise concentrating on deep stretching & twisting exercise to relax the spine and help to relief back pain & is followed by yoga. Multi-Level class. There is level 1 & 2.	Sabrina Chew

CLUB GOVERNANCE & INFORMATION

PENANG SWIMMING CLUB

517, Tanjung Bungah, 11200 Penang

Tel: 04-890 7370 Fax: 04-890 3271

E-mail: info@penangswimmingclub.com

www.penangswimmingclub.com

ADMINISTRATION OFFICE

Operating Hours

Monday- Friday (9.00am -6.00pm)

Saturday & Sunday and Public Holidays (Closed)

PATRON

Tuan Yang Terutama

Tun Dato' Seri Utama Ahmad Fuzi Bin Haji Abdul Razak
S.M.N., P.S.M., D.U.P.N., S.P.D.K., D.S.L.J. (Brunei), D.M.P.N.,
J.S.M., A.M.N.

Yang Di-Pertua Negeri Pulau Pinang

TRUSTEES

Y. Bhg. Dato' Seri Nazir Arif! Bin Mushir Ariff
D.G.P.N., D.M.P.N., D.S.P.N., P.K.T., P.J.M., J.P.

Y.Bhg. Dato' Seri Mahinder Singh Dulku
D.S.P.N., P.K.T.

Dr. Ronnie Ooi Oon Seng
PJK, JP

GROUPS

AEROBICS:
Mariam Harvey

DANCE SPORT:
Catherine Choong Siew Yin

DARTS:
Anthony D. Morley

KARAOKE:
Allan Cheah

SQUASH / RACQUETBALL: TAEKWONDO:
Lim Theam Hock Yong Yik Pheng

TAI CHI:
Wang Chee Seng

TENNIS:
Foo Phaik Lian

YOGA:
Clara Ooi Swee Har

ELECTION COMMITTEE

Committee Member :	Eric Lew
	Hardavinder Singh
	Rachel Tan
	Cheah Lim Boon Keong
	Tan Suan See

DISCIPLINARY COMMITTEE

Chairman :	Balachandran Mahensan
Committee Members :	Dato Ajit Singh
	Lim Kean Beng
	Maanveer Singh
	Ramsun Ho Chii Huey

DEVELOPMENT COMMITTEE

Chairman :	Scott Ong Chen Min
Committee Members :	Tho Lai Teng
	Ong Chin Lee
	Eric Chong San Dee
	Toh Kai Swee

EDITORIAL BOARD

Editor :	Dato' Sri Dr. Lee Ville
Committee Members :	Dato Dr. Marina
	Colin Chan
Management :	Roy Buma
	Agnes Leow
	Eddy Tan

CLUB MANAGEMENT

General Manager :	Roy Buma
Finance Manager :	Adrian Low
Admin Manager :	Agnes Leow
Facilities Manager :	Mahendra Kumar
Kanapathy	
F&B Consultant :	Zakaria Bin Bakar
Maintenance Officer :	Mohd Aizat
Chief Security Officer :	Mohd Haikal

CLUB GOVERNANCE & INFORMATION

SECTIONS

ANGLING:
Loo Joo Aun

SCUBA:
Ng Chin U

SAILING:
Scott Ong Chen Min

SWIMMING:
Tan Hui Fang

SUB-COMMITTEES

F&B & Event:

Chairman:
Committee Member:

FC Chong
Jonathan Ooi
Cheam Tow Yong
Christine Cheah
CK Loke

Admin & Human Resource:

Chairman:
Committee Member:

Dato' Sri Dr. Lee Ville
Dato Ajit Singh
Cheam Tow Yong

IT:

Chairman:
Committee Members:

Dr. Eric De Smet
Michael Cheong
Charles Tang
Ong Chee Yi

Project Management:

Committee Members:

Chew Saw Hoon
Dr. Eric De Smet
Dato Sri Dr. Lee Ville
Rocky Cheang

Maintenance & Security:

Chairman:
Committee Member:

Paul Stripp & Captain Khor
Captain Khor Bean Tatt
Jonathan Ooi

Finance:

Chairman:
Committee Member:

Yap Soon Hin
Dato' YB Loh
Cheam Tow Yong
Prem Jitindar Singh

Library:

Chairman:
Committee Members:

Dato' Dr. Marina David
Dr. Mary Ann Harris

Opinions & views expressed in this issue do not necessarily reflect those of the Committee and the Editorial Board. The Editorial Board reserves the right to reject or edit any contribution to the Newsletter. Articles, extracts, and notes published in this newsletter are strictly for members and not for public circulation.

Affiliated Clubs

Malaysia

KEDAH

Royal Kedah Club
royalkedahclub@gmail.com

NEGERI SEMBILAN

Royal Port Dickson Yacht Club
info@rpdyc.com.my
www.rpdyc.com.my

Royal Sungei Ujong Club
info@rsuc.my
www.rsuc.my

PERAK

Ipoh Swimming Club
ipswcl@gmail.com
pohclub@streamyx.com

Royal Ipoh Club
www.royalipohclub.org.my

The New Club, Taiping
nct1885@gmail.com

KUALA LUMPUR

Royal Commonwealth Society
info@rcs.org
www.rcs.org.my

Royal Lake Club
quest@royallakeclub.org.my
www.royallakeclub.com.my

Royal Selangor Club
rscmail@rscweb.org.my
rsc.org.my

The Raintree Kuala Lumpur
admin@raintree.com.my
www.raintree.com.my

SARAWAK

The Sarawak Club, Kuching
info@thesarawakclub.com
www.thesarawak.com

MALACCA

The Malacca Club
tmclub@malaccaclub.com.my
www.malaccaclub.com.my

KELANTAN

Kelantan Golf & Country Club
linkgcc@yahoo.com
kelantangcc.html

SELANGOR

Royal Klang Club
nfo@royalklangclub.com.my
www.royalklangclub.com.my

SABAH

Kinabalu Yacht Club
kyctaru1@streamyx.com
www.kinabaluyachtclub.com

Sandakan Yacht Club
info@sandakanyachtclub.com
www.syc.org.my

The Kinabalu Club
thekinabaluclub@gmail.com
www.thekinabalu.com

Affiliated Clubs

Overseas

INDIA

Jodhpur Gymkhana, Rajasthan
jodhpurgymkhana@rediffmail.com
www.jodhpurgymkhana.com

Royal Bombay Yacht Club
rbycmail@vsnl.net
www.rbyc.co.in

THAILAND

Chiang Mai Gymkhana Club
gymkhanagolfclub@gmail.com
www.chiangmaigymkhana.com

The British Club, Bangkok
info@britishclubbangkok.org
www.britishclubbangkok.org

UNITED KINGDOM

Carlton Club, London
reservations@carltonclub.co.uk
www.carltonclub.co.uk

The Royal Northern &
 University Club, Aberdeen
secretary@rnuc.org.uk
www.rnuc.org.uk

The Royal Scots Club, Edinburgh
info@royalscotsclub.com
www.royalscotsclub.com

City University Club
secretary@cityuniversityclub.co.uk
www.cityuniversityclub.co.uk

CANADA

The University Club of Toronto
rsvp@universitycluboftoronto.com
www.universitycluboftoronto.com

SINGAPORE

Hollandse Club
info@hollandseclub.org.sg
www.hollandseclub.org.sg

SIA Group Sports Club
resevations@tanglin-club.org.sg
www.tanglingclub.org.sg

Singapore Cricket Club
scc@scc.org.sg
www.scc.org.sg

Singapore Swimming Club
enquiries@sswimclub.org.sg
www.sswimclub.org.sg

The Tanglin Club
resevations@tanglin-club.org.sg
www.tanglinclub.org.sg

Singapore Recreation Club
recep.mship@src.org.sg
www.src.org.sg

BRUNEI

Panaga Club
info@penagaclub.com
www.panagaclub.com

Royal Brunei Yacht Club
info@royalbruneiyachtclub.org
www.royalbruneiyachtclub.org

JAPAN

Kobe Club
kobeclub@office.email.ne.jp
www.kobeclub.org

CHINA

Kowloon Cricket Club
adm@kcc.org.hk
www.kcc.org.hk

Ladies Recreation Club
inquiries@lrc.com.hk
www.lrc.com.hk

Hong Kong Football Club
frontdesk@hkfc.com.hk
www.hkfc.com.hk

SRI LANKA

Colombo Club
colomboclub@sltnet.lk
www.colomboclub.lk

UNITED STATES

The Pacific Club, Hawaii
front-office@thepacificclub.org
www.thepacificclub.org

The Columbia Club, Indianapolis
frontdeskres@Columbia-club.org
www.Columbia-club.org

PSC Games Room located in Old Wing!

(2nd floor @The Captain Deck)

For more info, please contact **04 - 890 9976**

Business hours:

SUN - FRI

12PM - 2AM

**SAT & EVE OF
PUBLIC HOLIDAY**

12PM - 3AM

**WE'RE
HERE!**



DREAMGATE (MALAYSIA) SDN. BHD. (415557-A)
(198701000061)

517, Jalan Tanjung Bungah, 11200
Tanjung Bungah Penang

04-8907370
04-8903271

info@penangswimmingclub.com