Let’s Make Things Happen!

We are rising up to the challenges for livening up the activities at the Club for all ages. The question is, are you ready to participate?

Mid-Autumn Celebration

Fascinating Bian Lian - Face-Changing Performance from China!

Let’s Drink To Oktoberfest!

Bring your thirst and we will quench it at our wildly exciting Oktoberfest celebrations. There will be dancing, singing and drinking of a fine selection of German beers.

Celebration of Lights
BABY'S FULL MOON CELEBRATION

Come unveil your baby to family and friends on his first full moon. Let everyone gather to welcome and give their blessings to your new arrival.

Enjoy this celebration, while feasting on a delectable buffet which includes traditional fare like ang ku, red eggs, glutinous yellow rice with delicious curry chicken and a special cake just for this occasion.

RM 68++ per person (minimum 40 persons)

Terms and conditions apply. All prices are subject to 10% service charge and prevailing taxes. Promotion mechanics are subject to change without prior notice. Images are for promotional purposes only and may vary from the actual product.

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1, Solok Bayan Indah, Queensbay, 11900 Bayan Lepas, Penang, Malaysia.
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facebook.com/eastinhotelpenang www.eastin.com
Dear Members,

Season’s Greetings!

While our members were busy trying to visit as many Raya open houses as possible before the “season” ends, many of them still made time for the Club’s Hari Raya Charity Mesra for a children’s home from Kepala Batas. The evening was made particularly meaningful as both members and the staff of PSC contributed generously to raise funds for the home. The event was well reported in the local newspapers, but if you missed it, then you can still read about it on page 7 of the Nautilus.

One of the unique features of our multi-cultural society, is that we are able to experience and appreciate the many customs of the different races and ethnic groups in Malaysia. At the Club, the management and the committees try hard to take that concept one step further by introducing other facets of this diverse community - for instance Thai, Indonesian, Japanese and other cultures. Not forgetting one of Penang’s biggest tribute to the German harvest festival - OKTOBERFEST!

For those of you who has never been to the Oktoberfest, it is perhaps one of the best annual events held at the Club - with a great and genuine atmosphere and lots of merry-making, the evening can rival any Munich beer hall! It’s likely that we’ll be welcoming another 600 participants this year again (if not more), so do make sure you book your tickets fast to avoid any disappointment!

The Editorial Board likes to think that the Nautilus has a role in promoting greater member participation in the Club, and this issue in particular, has our Vice-President and Chairman of Entertainment, Mr Ong Ban Seang has thrown the proverbial gauntlet on page 11 to spur you into seriously thinking about the upcoming events and plans. With the festive season soon to be upon us in the last quarter of the year, I hope it will inspire you to mark your social calendar so that we’ll see many more faces - new and familiar - participating at our next event! See you then!

Ramoo A. Nair
MESSAGE FROM THE PRESIDENT

My Fellow Members,

August this year has been hot and busy, so our family decided to take a short break from Penang. We visited Tioman and Singapore - two islands that could not have been more different from each other!

Tioman has been long famous for its marine life, but while the waters were surprisingly clear and beautiful, it was clear that the corals were looking very sad and tired, left on its own, struggling to survive. We couldn’t help but wonder how much of the island’s potential was being wasted without intervention and long term ecological planning.

Singapore on the other hand was thriving with tourists and was a showcase of strategic planning and successful implementation and maintenance. After a day of golf and theme parks, we were warmly welcomed to the Singapore Recreational Club in the evening - where we joined PSC’s Dancesport members as guests for the Inter-club Dancesport event. Our hosts graciously and proudly showed us the rich history of the SRC - its main building full of colonial charm and the four stories of underground facilities which included an indoor swimming pool, carparks and other facilities for its 5500 members.

The club, being located in the prime, central piece of property on the National Padang was not permitted to build its extension in the ‘traditional’ way, and so found a creative solution by going ‘underground’. In the process, they not only preserved the historical and architectural integrity of the old club, but showed again foresight in planning for the needs of a growing membership base.

The lessons learnt from our visit to the two islands became clearly pertinent back in our own Club. If we are to preserve and maintain the beauty and potential of the Club, we must also do so with appreciation and sensitivity to our heritage. At the same time, we must also balance it with the growing needs of our members. With that in mind, I hope that our members will take the time to join us at our up-coming EGM to consider the proposals for the Club’s future development.
Dear Members,

Two months have come and gone but it really all seems to have happened in just a wink of an eye. Perhaps this is due to the excitement brought about by the planning and the high expectations of members for the many functions which are traditional to Club members.

Oktoberfest 2012, scheduled to be held on the 5 October at the Boatyard, should not be missed for anything in the world! Making a welcome appearance together with the typical German fare is another Oompah-pah band to liven things up for the night. The Club invites all fun loving members and guests to make this event a memorable one.

The entire Club has been given a facelift recently and slowly but surely, the status of PSC would be enhanced to an international level. Members are encouraged to patronise the Baskin-Robbins ice cream recently introduced at the Captain’s Deck and to view the flower garden next to the children’s playground.

For members who have been too busy to set foot in the Club recently, this would be an opportune time to re-discover the gem that is the Penang Swimming Club!

Yours sincerely,

Rajaram Nagoo

Opinions & views expressed in this issue do not necessarily reflect those of the Committee and the Editorial Board.

The Editorial Board reserves the right to reject or edit any contribution to the Newsletter.

Articles, extracts and notes published in this newsletter are strictly for members and not for public circulation.
A special get together event for the Committees of all the Sections & Groups and the Main Committee was held on the 27 July 2012 at the Sailing Area. All invitees were treated to a delightful BBQ Dinner. Entertainment for the night was provided by a 3 piece band. The Club President expressed his gratitude to all attendees for their contributions to the Club and hoped that the practice of recognising members for their selfless contributions may be continued in the future.
About 30 children from Rumah Kanak-Kanak Taman Bakti, Multi-Purpose Hall. Most of the PSC members and the Main Committee trickled in from 7.00pm onwards, followed by guests from Rumah Kanak-Kanak Taman Bakti who arrived around 7.15pm.

Mr Ramoo Nair, the Hon. Secretary welcomed everyone to the dinner. In his address Mr Ramoo thanked Tan Sri Dato’ Seri Kamal Mohd Hashim for attending the function in spite of his personal heavy commitments before everyone were entertained by Kumpulan Kebudayaan Kurnia Klasik with traditional dances and instrumentals. The MPH was filled with sounds of fun and laughter as members and guests enjoyed the occasion with sumptuous food, traditional Malay dances and music.

At around 8.45pm, Tan Sri Dato’ Seri Kamal Mohd Hashim, Trustee of PSC, handed out hampers to the representative of Rumah Kanak-Kanak Taman Bakti. Soon after that the children were filled with joy when Mr Ramoo Nair and Mr Ooi Goh Tong presented Duit Hari Raya to all of them. The event ended with a note of thanks to Tan Sri Dato’ Seri Kamal Mohd Hashim as well as all members and guests who made the event a success.

The Hari Raya Mesra Dinner would not have been possible without the generous contributions from Members and Staff of the Penang Swimming Club and we would like to take this opportunity to say a big thank you to everyone of them from our hearts.
Masks & Mooncakes

Let your jaws drop on 29 September watching the masterful skills of Bian Lian – face/mask-changing from Mainland China! First time ever in PSC!

The art of Bian Lian is a highly guarded secret skill, passed down to generations of men, and never to foreigners. It was reported that Hong Kong actor Andy Lau paid as much as 3 million Renminbi to learn the secret, but never perfected the art. This dedicated troupe will be also be performing acrobatics from 7.30pm onwards.

Not forgetting the perennial Children’s Lantern Competition, this year’s Mid-Autumn Celebration is not to be missed! To avoid disappointment, please register your attendance ASAP with our Reception.

- DATE: Saturday, 29 September 2012
- TIME: 7.30pm - 10.00pm
- VENUE: Seafront/Sailing Area
- PRICE: RM10.00+ per member
  (Refreshments of mooncakes and tea will served)

Deepavali Celebration

How would you like to celebrate Deepavali steeped in rich tradition and culture? Join us for a finger-licking banana-leaf dinner at the Multi-Purpose Hall which will be complemented by an Indian Classical Performance.

- DATE: Friday, 23 November 2012
- TIME: 7.30pm
- PRICE: RM10.00+ per member
It’s time to work up your thirst and join in the world’s largest festival right here in Penang! The Oktoberfest attracts 5 million party-goers who consume 7 million litres of Oktoberfest beer! Widely acknowledged as the BEST party ever at the PSC, don’t miss out on this night of drinking, merrymaking, dancing and a table-stomping, rollicking fun time! “O’ zapft is!”

Highlights
- Specially flown in Oom Pah Pah Band from Germany.
- Free 1 litre beer inclusive of takeaway mug.
- Authentic German buffet.
- Fun games and lucky draw to be won.

RM88 nett per member
RM108 nett per guest
RM68 nett per child (below 16 years old)

For more information, contact Level 6 Reception Counter at 04-890 7370
CLUB ANNOUNCEMENTS

Oktoberfest

Theme Party

Reminder:
Call Club to register!
EVENTS AND ENTERTAINMENT AT PENANG SWIMMING CLUB

A Review by Ong Ban Seang

Events and entertainment at Penang Swimming Club (PSC) are largely associated with Dancesport and Karaoke members’ activities and indulgences. Given the passion and exuberance of such activities, the Club’s social calendar and regular activities revolved around these two groups. What happened to the other Club members? Some are pretty regular at the Club. What do they look for or do in the Club? The newly formed Events & Entertainment Committee of the Club is seeking answers to such questions and would certainly welcome suggestions and comments from members.

For members generally, the regular events are Members’ Nite, Patron’s Night, End of Year Bash and cultural festivals like Raya Mesra, Deepavali, etc. Except for Members’ Nite where free food and drinks abound, most of the regular events are pretty mundane, lacking spontaneous participation and little imagination or excitement to go with. Don’t you think we deserve more?

To start off, we do not have regular youth activities and programmes. This is where Justin’s Youth Group should seriously pose some challenges. How about a monthly Youth Carnival with food and drinks at ‘give away’ prices, and of course, music, entertainment or shows to match. To rake in the crowd, perhaps members below 35 years be allowed to bring 4 guests or more. With better planning, a sizeable budget and of course, the passion and desire to ‘make things happen’, we could evolve a programme that people in and out of the Club will talk about.

What about regular ladies programmes? Is it that tough to get PSC ladies to come around for themselves? Fashion shows, cooking demos and even beauty or health seminars are not that difficult to organise. Maybe it is about time the ladies of the Club get cracking at charity events or shows to ensure that they also count.

And now, what about our young ones? While Billy Oh’s Library Committee has done some ground work in terms of writing competition and public speaking, much remain to be done. Events and activities to keep the young entertained are indeed plentiful. Maybe a special taskforce for them should be set up. Some of the programmes can be outsourced for professional touch.

PSC is generally acknowledged as a premier Club, at least in the northern region. And if it is so, we should aspire to organise events and activities which other clubs and even non-members can only talk about. We have done a couple of Oktoberfest successfully. What about a couple of international shows with top artistes in tow. Our beach promenade is almost purpose built for such shows.

Anyway, the recently convened Events and Entertainment Committee has proposed to have an Organist providing music at Captain’s Restaurant every Thursday evening for the listening pleasure of diners. Perhaps, on every Tuesday evening, we can convert the Club House into a piano lounge, depending on how fast we can procure a piano. Many pianists including club members could be keen for such engagements.

For the youth, we propose a Hip-Hop band at least once a month with makeshift ‘Pizza Bar’, Beach Barbeque Buffet and the like.

All said and done, the success and sustainability of any event depends much on strategic planning and dedicated promotions. But much also depend on the participation of members and guests. If any event attracts only 10% of the membership at hand, we are looking at 700 odd revellers to start with.

Do remember, the Club has the resources to generate more activities and events to liven up our lives. It should do so for a wide spectrum of our members. Do call me or write in to make things happen.

Cheers.
ELECTION OF NEW MEMBERS
20 JULY 2012

Front row from left to right:
1. Mr Noryasu Sakamoto
2. Datin’ Ngo Chinh Mien
3. Dato’ Tan King Seng
4. Mr Lim Jin Khun
5. Mdm Teoh Chiau Ling
6. Mr Chang Sing Hai
7. Mr Heng Wool Piao
8. Mdm Chiam Saw Ai
9. Ms Ong Lay Ean
10. Ms Tan Jo Lyn

Back row from left to right:
11. Dr Narinder Singh Shadan
12. Dr Anita Bhajan Manocha
13. Mdm Lisa Jane Hockton
14. Mr Keith Arnott Hockton

ELECTION OF NEW MEMBERS
20 JUNE 2012

Front row from left to right:
1. Mr Noriyasu Sakamoto
2. Datin’ Ngo Chinh Mien
3. Dato’ Tan King Seng
4. Mr Lim Jin Khun
5. Mdm Teoh Chiau Ling
6. Mdm Monteiro Sheila Allison
7. Mdm Chiam Saw Ai
8. Mdm Chiam Saw Ai
9. Ms Ong Lay Ean
10. Ms Tan Jo Lyn

Back row from left to right:
11. Dr Narinder Singh Shadan
12. Dr Anita Bhajan Manocha
13. Mdm Lisa Jane Hockton
14. Mr Keith Arnott Hockton
MEMBERSHIP & FINANCE

INCOME & EXPENDITURE
Additional information or clarification can be obtained from the Finance Manager (Level 7).

<table>
<thead>
<tr>
<th></th>
<th>Apr 12 - Jun 12 (RM)</th>
<th>Apr 11 - Jun 11 (RM)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>INCOME</strong></td>
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<tr>
<td>Subscriptions</td>
<td>914,427</td>
<td>910,887</td>
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<tr>
<td>Bar profit</td>
<td>23,947</td>
<td>30,155</td>
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<td>Restaurant profit</td>
<td>51,845</td>
<td>49,557</td>
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<td>Slot machine profit</td>
<td>339,928</td>
<td>372,997</td>
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<td>Interest from fixed deposit</td>
<td>127,027</td>
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<td>Transfer fees</td>
<td>173,700</td>
<td>185,000</td>
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<td>Sundry revenue</td>
<td>31,842</td>
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<td><strong>Total Income</strong></td>
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<td><strong>EXPENDITURE</strong></td>
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<td>Staff cost</td>
<td>714,682</td>
<td>679,230</td>
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<td>Utilities &amp; services</td>
<td>252,482</td>
<td>243,569</td>
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<tr>
<td>Repairs &amp; maintenance</td>
<td>127,747</td>
<td>97,379</td>
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<tr>
<td>Entertainment</td>
<td>59,313</td>
<td>53,559</td>
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<td>Promotion of water sports</td>
<td>104,004</td>
<td>54,127</td>
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<tr>
<td>Administration expenses</td>
<td>133,395</td>
<td>110,821</td>
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<td>Rates, taxes &amp; insurance</td>
<td>35,759</td>
<td>35,490</td>
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<td><strong>Total Expenditure before depreciation</strong></td>
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<td>1,274,175</td>
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<tr>
<td><strong>SURPLUS/(DEFICIT) BEFORE DEPRECIATION</strong></td>
<td>235,334</td>
<td>410,470</td>
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<tr>
<td>Depreciation</td>
<td>303,473</td>
<td>359,318</td>
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<tr>
<td><strong>Total Expenditure after depreciation</strong></td>
<td>1,730,855</td>
<td>1,633,493</td>
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<tr>
<td><strong>SURPLUS/(DEFICIT) AFTER DEPRECIATION</strong></td>
<td>(68,139)</td>
<td>51,152</td>
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MEMBERSHIP AS AT 31 JULY 2012

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<th>Membership Type</th>
<th>July 2012</th>
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<tr>
<td>Patron/Hon. Members</td>
<td>19</td>
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<td>Ordinary Transferable Members</td>
<td>5030</td>
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<tr>
<td>Ordinary Members</td>
<td>8</td>
</tr>
<tr>
<td>Unattached Lady Members</td>
<td>2</td>
</tr>
<tr>
<td>Term Members</td>
<td>10</td>
</tr>
<tr>
<td>Junior Members</td>
<td>401</td>
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<tr>
<td>Associate Members</td>
<td>1771</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>7241</td>
</tr>
</tbody>
</table>

N.B. VISITING MEMBERS 18

PSC OUTSTANDING STAFF AWARD

PSC is happy to announce that Mr Piruthivirajan A/L Vitaval has been awarded the Outstanding Staff Award for the month of July/August 2012.

Umm... the name sounds very long and yet very familiar. Ah... he is our Senior Storekeeper, and everyone knows him as Piru, a dedicated young man who would not hesitate to run the extra mile just to see PSC’s machinery go on smoothly.

Ever since endearing himself to the Club during the millennium year 2000, this polite and cheerful young man has never failed to lend a helping hand to members and fellow colleagues alike. He takes full responsibility of his work and is also actively involved in the supervision of F&B operations, having the courage to lead whilst brimming with enthusiasm.

We thank Piru for his value added contributions towards the success of the Store & F&B operations and hope he would continue being a beacon of inspiration to the rest of the PSC Team.

NAME | Mr Piruthivirajan A/L Vitaval
DEPARTMENT | Finance
DATE JOINED | 3 May 2000
POSITION | Senior Storekeeper

Staff Award

Outstanding Staff Award
Came August 18, the much anticipated inter-club event for PSC/Dancesport section and Singapore Recreation Club was suddenly upon us.

After much planning, effort and footwork, 25 PSC/DSS members, including our Club President Mr KH Chan and wife Emi, converged at SRC S’pore and we were greeted with open arms to their elaborately-planned ‘Nights in Broadway’ dinner and dance.

The opening performance by the SRC dance section led by their Dancesport Convenor Gilbert Hu, was simply mesmerising and enthralling. It was, indeed, the highlight of the evening, reminiscent of the Broadway era. PSC dancers sportingly reciprocated with 2 dance performances - a group Swing Waltz dance and a truly pulsating Rock & Roll performance by Alan & Linda Aw.

Our delegation had a truly great time with a delicious menu complemented with fine champagne, captivating dance performances, and all-night dancing! SRC also took the opportunity to celebrate the 17 anniversary of the setting up of their dance sport section.

There was no mistaking the bond and atmosphere of fellowship and comradeship generated. ‘Hoe leow’ to SRC, especially Gilbert and his committee for a job very well planned and executed. Thank you for your kind hospitality and for being such wonderful hosts.

Sadly, Royal Selangor Club (which is a founding member of this annual tripartite event) could not make it this round and were sorely missed. Hopefully, we will see them next year as it will be their turn to play host.
Twelve of our member divers went on a one-day diving trip on the 29 July to Pulau Paya just 2 hours ferry trip from Weld Quay Penang. The clear shimmering waters surrounding this island was perfect for a spot of snorkelling or diving. Protected by the Marine Research status along the West Coast of Peninsula Malaysia, the fish have grown accustomed to the many strange visitors found dipping into their territory.

Coral Garden was where we said hello to the multi-coloured corals in the busy water channels of the Straits of Malacca, where we were able to observe white, blue, purple and red soft corals, as well as the branching tree corals which was indeed a rare find. With the currents acting up, we found we had to control our buoyancy well in order to take some decent photos with our underwater camera.

We next continued out on our second dive to the Pontoon area just 50 metres around the Marine Deck. Schools of Snapers, and groups of Wrasse of all kinds swam around us, creating a lively marine environment. We were also fortunate enough to see a few Groupas near the Marine Deck. Although shy by nature, we managed to take a few pictures of the magnificent Groupas before heading up to call it a day.
After the 1st leg which was held in Melaka, Negeri Sembilan Amateur Swimming Association took over the 2nd Leg. The championship was from 23-06 to 24-06, 2012 and the venue was Pusat Akuatik Negeri, Paroi, Negeri Sembilan. PSC sent 24 swimmers to take part and they came back with the same number of 9 medals for the 1st Leg but 3 gold instead of 2. The medalists were:

- Rachael Heah - 2 gold
- Elynn Tan - 3 silver & 1 bronze
- Alwyn Tan - 1 silver & 1 bronze
- Lee Chia Chern - 1 bronze

The first leg of Milo SportExcel Swimming Championship was organized by Persatuan Renang Amateur Melaka. The meet was held at Pusat Akuatik Hang Jebat, Melaka from 12-13, May 2012. PSC sent a team comprised of 26 swimmers and they gave a commendable performance by securing 2 golds, 4 silvers and 3 bronze medals. The medalists were:

- Rachael Heah - 2 gold
- Elynn Tan - 3 silver & 1 bronze
- Alwyn Tan - 1 silver & 1 bronze
- Lee Chia Chern - 1 bronze
The grand final of Milo SportExcel Swimming Championship will be held from 01-02, September in Kuala Lumpur. There are 17 swimmers from PSC who qualified to take part in this swimming meet. We wish them all the best and hopefully they will perform even better than the first two legs.

On 29 June 2012, Swimming Section organized its second social event of the year for the swimmers, swimmers’ parents and the section members. The response was overwhelming with more than 100 participants. Mr KH Chan, the president of PSC and a few other Main Committee members also turned up to make it a more special occasion. We were highly appreciative with the arrangement from the club to have a bonfire on the beach. We also had a birthday cake cutting ceremony to cheer up the birthday girls and boys in June, thus it was unstoppable for the members partying till late night.
**CALENDAR OF EVENTS**

**SEPTEMBER EVENTS**

- **2 SEPT Sunday**
  - **YOGA**
    - Chicken Kurma Curry & Tomato Rice Cooking Demo
  - **VENUE** | Seafront Café
  - **TIME** | 1.00pm

- **8 SEPT Saturday**
  - **TENNIS**
    - Home vs Chinese Recreation Club
  - **VENUE** | PSC Tennis Courts
  - **TIME** | 4.00pm

- **16 SEPT Sunday**
  - **ANGLING**
    - Day Fishing Competition
  - **VENUE** | Snake Temple/Beachfront
  - **TIME** | 9.00am - 1.00pm

- **22 SEPT Saturday**
  - **ANGLING**
    - Barbeque Nite
  - **VENUE** | Sailing Area
  - **TIME** | 7.30pm

- **23 SEPT Sunday**
  - **AEROBICS**
    - Zumba Gypsy & Party
  - **VENUE** | Sailing Area
  - **TIME** | 4.30pm - 9.00pm

- **28 SEPT Friday**
  - **SWIMMING**
    - Time Trials
  - **VENUE** | Swimming Pool
  - **TIME** | 4.30pm - 7.30pm

- **28 SEPT Friday**
  - **DANCESPORT**
    - Theme Night
  - **VENUE** | Multi-Purpose Hall
  - **TIME** | 7.30pm

- **29 SEPT Saturday**
  - **CLUB EVENT**
    - Mid Autumn Festival
  - **VENUE** | Seafront/Sailing Area
  - **TIME** | 7.30pm

- **30 SEPT Sunday**
  - **TENNIS**
    - Home Game Friendly vs RSC
  - **VENUE** | PSC Tennis Courts
  - **TIME** | 8.00am

Baskin-Robbins takes pride in delighting PSC Members with its rich assortment of ice cream flavours. With the development of these additional facilities, more ice cream lovers will be able to enjoy the premium ice cream, and frozen beverages, all served in a fun environment, overlooking sea view and at a great value.

Event information is accurate at the time of press. However, as all events will be subject to changes without prior notice, we advise members to refer to the Notice Board & Digital Signage for the latest and final updates.
OCTOBER EVENTS

5 OCT Friday
CLUB EVENT
Oktoberfest
VENUE: Boat Yard
TIME: 7.30pm

13 OCT Saturday
ANGLING
Night Fishing Competition
VENUE: Snake Temple/Beachfront
TIME: 7.00pm

19 OCT Saturday
KARAOKE
Heats
VENUE: Pacific Lounge
TIME: 7.30pm

ANT Oct Saturday
SCUBA
Potluck Party
VENUE: Sailing Area
TIME: 7.30pm

13 OCT Saturday
ANGLING
Inter Team Fishing Competition
VENUE: Snake Temple/Beachfront
TIME: 9.00am - 1.30pm

13 OCT Saturday
ANGLING
Night Fishing Competition
VENUE: Snake Temple/Beachfront
TIME: 7.00pm

13 OCT Saturday
KARAOKE
Heats
VENUE: Pacific Lounge
TIME: 7.30pm

13 OCT Saturday
SCUBA
Potluck Party
VENUE: Sailing Area
TIME: 7.30pm

POSITIVE QUOTE OF THE MONTH
Far away in the sunshine are my highest aspirations. I may not reach them, but I can look up and see the beauty, believe in them and try to follow where they lead.

~ Louisa May Alcott (1832 - 1888), American Novelist, author of "Little Women"

NOVEMBER EVENTS

3 NOV Saturday
TAI CHI
BBQ Dinner
VENUE: Sailing Area
TIME: 7.30pm

3 NOV Saturday
KARAOKE
Annual Karaoke Competition & Dinner
VENUE: Multi-Purpose Hall
TIME: 7.30pm

4 NOV Sunday
DARTS
3rd Quarterly Competition
VENUE: Darts Room
TIME: 2.00pm - 5.30pm

11 NOV Sunday
TENNIS
Fun Tennis
VENUE: PSC Tennis Courts
TIME: 8.00am

23 NOV Friday
CLUB EVENT
Deepavali Celebration
VENUE: Multi-Purpose Hall
TIME: 7.30pm
WHAT ELSE IS THERE BEIDES FISHING?
By Boey Taik Hin

I have always wondered what else I would or could be doing if I was not an angling fanatic. Well, I could go back to diving, photography, off road expeditions or traveling. But those other hobbies cost mega bucks, and since my photocopy broke down printing money is a wee bit more difficult now. Fishing, you just actually need a line, a hook, some bait and a place to fish and preferably a place with fish. BIG fish! Oops sorry got carried away there for awhile. Coming back to the basics. It’s about the challenge of you against the fish; it can be a biggie or a tiny gelama. The thrill is the same, if you have seen the look on the anglers, young and old, during our beach competitions that’s what I mean, the gleaming teeth and jaywalking towards the weighing station to make sure most people see their’ it’s a small fish only lah’ catch.

Another is the level playing field, the datos, policeman, cooks, clerks, managers etc, when these people meet in a tackle shop and happen to start talking on the howls and where’s, the ones that got away. I have to admit we do sound and look like kids in a candy store! Race and status level does not exist in the world of anglers.

Another is the safety aspect; it’s as safe as crossing the road hahahhaah, normally it’s just a few line cuts a few pricks from the hooks, perhaps once a while impalement by a flying lure courtesy from a now ex-fishing buddy. And how many times a year do you hear about sinking fishing boats or anglers falling off boats? OK… got lah… but other than that it’s quite safe right? To me its angling all the way, you know the saying, fishing is about a nut on one end waiting for a jerk on the other end. And there is no other pleasurable past time!

THE BANE OF FISHING
By Boey Taik Hin

Ever wondered why we fish? Spending hours at the beach, rod in hand waiting for a bite. Days and nights on a rocking boat puking our stomach out. Enduring fellow anglers tall tales of the one that got away. Finding out your fridge freezer is too small for your prized ‘big’ catch and you have to cut it into two pieces and your home chopper is too small.

Ever wondered why we prepare so much for fishing? We buy the freshest bait, the most varied bait and the kid next to us uses Tesco prawns and gets a whooper! We tie the latest rigs and use the sharpest hooks, the latest braided lines, and the taikong with his Milo tin wound with lines with a thousand joints gets the bigger fish!

Ever wondered what happened to that favourite jig you used yesterday? Friends? Or people who try to be friends always seem to forget something and ‘borrows’ your jig and ‘conveniently’ keeps them in their tackle box.

Ever wondered what happened to etiquette on the boat? Knives left unsheathed on deck, used bait on the deck, used leaders lying around, anglers using extremely long leaders and tangle up everyone. Or those who chummy up to you to drop an additional line at your place on the boat.

Why? Oh why, do we put up with these people and conditions? It’s for LOVE! It’s for Adventure! It’s for getting away from ‘things’. To be able to catch a fish with these two hands, ok ok, we still have the rods, the lines not to mention the electric reels, the GPS, the Fishfinders, etc etc. But we still caught a fish, big or small, I caught it.

CHANG CELEBRATION

The first social event for the Angling Section Members was the Chang Festival which was celebrated on Saturday, 23 June 2013.

Interestingly, like all other Chinese festivals, the Chang Festival has its story, too. Well, legend has it that this festival was to commemorate the death of a famous Chinese poet and patriot. Qu Yuan failed to warn his king of the expansionism of their Qin neighbor who eventually took over their capital city and in protest he drowned himself in 296 BC in the province of Hunan, China. The villagers scoured the river in boats to rescue him. Failing to find his body, they made glutinous rice dumplings [chang] wrapped in bamboo leaves (olden days were Chinaberry leaves) and threw the dumplings into the river in the hope that the fishes would eat these dumplings instead of his remains. This event is celebrated by the Chinese community annually on the 5th day of the 5th lunar month, the day Qu Yuan died.
Both the onshore night fishing competition on 30 June 2012 and the day fishing competition on 14 July 2012 were successfully held at the Snake Temple shoreline and the winners for the competitions are appended below:

### NIGHT FISHING COMPETITION RESULTS

#### MEN

<table>
<thead>
<tr>
<th>PLACING</th>
<th>NAME OF WINNERS</th>
<th>FISH TYPE</th>
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<tbody>
<tr>
<td>1st</td>
<td>Tan Eng Hean</td>
<td>Pari</td>
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<td>2nd</td>
<td>Ung Seang Guan</td>
<td>Pari</td>
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<tr>
<td>3rd</td>
<td>Tan Eng Teik</td>
<td>Puffer</td>
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<td>4th</td>
<td>Lee Ah Teik</td>
<td>Duri</td>
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<tr>
<td>5th</td>
<td>Cheah Yew Wee</td>
<td>Pari</td>
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<tr>
<td>6th</td>
<td>Ch’ng Eam Leng</td>
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<td>7th</td>
<td>Colin Yu</td>
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#### LADIES

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<th>PLACING</th>
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<tr>
<td>1st</td>
<td>Teh Peck Hoon</td>
<td>Duri</td>
</tr>
<tr>
<td>2nd</td>
<td>Evelyn Lim</td>
<td>Pari</td>
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<tr>
<td>3rd</td>
<td>Helen Low</td>
<td>Duri</td>
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<tr>
<td>4th</td>
<td>Tan Suat Tin</td>
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<tr>
<td>5th</td>
<td>Kathleen Cheah</td>
<td>Kim Kor</td>
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<tr>
<td>6th</td>
<td>Rosy Ch’ng</td>
<td>Duri</td>
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<tr>
<td>7th</td>
<td>Doreen Beh</td>
<td>Duri</td>
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#### CHILDREN

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<th>NAME OF WINNERS</th>
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<tr>
<td>1st</td>
<td>Caleb Wong Han</td>
<td>Duri</td>
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<tr>
<td>2nd</td>
<td>Jolene Cheah</td>
<td>Pari</td>
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<tr>
<td>3rd</td>
<td>Hans Lee</td>
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### DAY FISHING COMPETITION RESULTS

#### MEN

<table>
<thead>
<tr>
<th>PLACING</th>
<th>NAME OF WINNERS</th>
<th>FISH TYPE</th>
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<tbody>
<tr>
<td>1st</td>
<td>Lawrence Low</td>
<td>Senangin</td>
</tr>
<tr>
<td>2nd</td>
<td>Ch’ng Eam Leng</td>
<td>Senangin</td>
</tr>
<tr>
<td>3rd</td>
<td>Danny Lee</td>
<td>Pari</td>
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<tr>
<td>4th</td>
<td>Eddie Wooi</td>
<td>Samgeh</td>
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<tr>
<td>5th</td>
<td>Lim Huck Boon</td>
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<td>6th</td>
<td>Lee Ah Teik</td>
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<td>Evelyn Lim</td>
<td>Puffer</td>
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<tr>
<td>3rd</td>
<td>Cecilia Ho</td>
<td>Samgeh</td>
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<tr>
<td>4th</td>
<td>Khoo Siew Chan</td>
<td>Pari</td>
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<td>5th</td>
<td>Jenny Lee</td>
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<td>6th</td>
<td>Jeannie Han</td>
<td>Pekcho</td>
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<td>7th</td>
<td>Helen Low</td>
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<td>Caleb Wong Han</td>
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It was a sunny hot Saturday afternoon with nice sea breeze blowing, the exciting Beach Fiesta was carried out as planned. The rollercoaster ride of the banana boat ride generated a lot of excitement, many of us screaming out of our lungs. Most of us enjoyed and looked forward for the coming events. There were also kayaking and power-head ride to experience water sport in our private beach. Another similar event is coming soon, please keep your eyes out for them.

In the evening, at the meet-the-committee BBQ dinner, we had more than 100 members turn up which is well above the registered numbers, a very good sign and enthusiasm of our section members. However, in order for us to prepare enough delicious food for all of you, please remember to register with us early in the future. Satay, grilled beef, mutton & BBQ chicken wings were well received and washed down with beers and specially prepared soft drink.

Although we find that several areas for improvements, many still found it an enjoyable and exciting evening. We look forward to see you again in the coming events.

Please take time to update your email address with our administration office (level 7) to ensure you receive our emails/circular.
The boats were full, in fact this trip we had to hire additional boats to carry everyone for our day in the sun at Pulau Telur. Power Boat leader Sebastian Lee did a brilliant job arranging for boat owners to support the event and bringing outside boats to ensure that everyone who registered had a seat.

Lots of helping hands were needed to get all boats prepared, loaded and launched before the engines were started and the team headed North to Pulau Telur. The sea was calm as Club President KH Chan took a day away from his busy schedule to join the section event.

The event team, Prof. Enzo and Jeannie Han created an amazing buffet and it was hard to believe that such a wonderful gastronomic feast could be prepared for so many on our little tropical island paradise. Most took a “long” refreshing swim in the clear blue water or relaxed under the shade of the trees over the beach. Many commented that this was one of the most enjoyable days they have experienced.

Half past three, and it was time to get ready for the journey back to PSC. Close to five the last boat was safely nestled on its trailer and pulled out of the water. Many thanks to Coach and the boatmen of the club for their outstanding support.
The Pacific Lounge was packed on 25 August 2012 with members, eager supporters and excited contestants (some downing beers to calm themselves) before the Intersections/groups competition started. A total of 9 teams with 3 representatives each from the Angling, Aerobics, Darts, Dancesport, Scuba, Swimming, Taichi, Tennis and Youth Sections/Groups gave the judges a hard time in awarding marks but finally the veterans emerged winners that night. Taichi took the top spot with Aerobics 2nd and the 3rd prize went to the anglers. The winners took home trophies and cash prizes. Miss Joyce Tan (Aerobics) walked away with the Best Singer award of RM100.00, a surprise contribution from our dear karaoke chairman, Mr Robert Yeoh who was there with us despite his very recent bereavement. A minute of silence was observed before the competition started as a mark of respect for his beloved wife. Our heartfelt condolences to Robert and family.

Thanks to our President Mr KH Chan and his lovely wife Emi for gracing the occasion. Mrs Chan delighted the audience with a beautiful duet with Jeff Tan as the President beamed with pride at his wife’s talent on the stage.
As the next birthday bash for the Karaoke section members draws closer, excitement mounts. The first karaoke league competition will kick off on August 10 and at time of writing, 9 pairs of contestants have signed up. Spanning over a period of 6 months, the contest will be held on every second Friday of the month when we celebrate the birthday of section members born in that month. Each singer will have to sing one song every month. It is opened to members who have never won the first 3 places in any singing competition. If you think you need to take singing lessons come and join us every Sunday from 8.00pm to 10.00pm. A singing coach has been engaged to help you become a champion one day!

Even if it doesn’t, Karaoke is a great way for fellowship, and it is healthy to have friendly competition among fellow members. The organizers take into consideration the holidays and festive occasions when planning the events below so that the majority of members who are interested will be able to participate.

Karaoke League competition - August 2012 to January 2013 (on every 2nd Friday of the month).

Annual Karaoke Closed Championship - Heat on 20 October and Final on 3 November 2012, Champ of the Champs competition in January 2013. In June and July, a total of 16 section members celebrated their birthdays. The Club’s Hon Secretary Mr Ramoo graced the occasion in July and he said he would like more young people to be seen and heard in the Pacific Lounge. So where are you? We are still waiting and until you come, we, the “not so young” will continue to sing our hearts out and entertain each other.
The ever active and energetic DanceSport held its first Dinner & Dance danced themed ‘Wild Wild West’ on 21 July @ MPH. With the nostalgic swashbuckling atmosphere of the wild west projected by the huge backdrop and the side décors, it really rev-up the expectations of the charged atmosphere. Everybody came dressed in their best cowboy or Indian outfit, looking and walking every bit a rough wild west cowboy.

The evening started off with the introductory speech by our new Chairperson Ms Emmeline Yong followed by a speech from our Club Captain Mr Walvin LaBrooy. With wine, music and good food on the table and to set the ball rolling, six couples from our DanceSport performed the sexy and slithery romantic Bachata dance in perfect unison drawing applause and delight from the floor. In the mood to dance, couples took to the floor accompanied by great music from Albert Poh and his band. Not to be outdone, the Line dancers from our members showed off their suave titillating movements during the line dance breaks. Prizes were given out for the many ‘spot’ dances carried out during the course of the evening, adding to the fun and camaraderie.

Finally came the time for the much-awaited finale of the evening—the ‘Midnight Cowboy’ contest. 5 contestants were chosen from the dozen or so volunteers. Each ‘cowboy’ was dressed-up complete with a six-shooter by his female partner. The act was very simple, each cowboy had to rescue his partner who had been ‘kidnapped’ by rogue cowboys.

We never knew we have such good and talented actors in our club who really put their heart and soul into it. With their prancing and whooping, shouting and shooting with their pistols and fist-fights, they nearly brought the house down!! The laughter was deafening and some even had tears in their eyes. We really have not had such a good laugh for a long time. Bravos to the contestants!

And guess who emerged the winner? Of course, none other than our energetic former Club Captain, Mr Lawrence & Helen Low – kudos and congrats to all contestants who each received a prize. As the excitement died down, the dancers took to the floor and danced the night away.

Many thanks to Mr Walvin and Mr Lim Khoon Seng and their spouses for gracing our occasion tonight. Also the DanceSport would like to take this opportunity to express our sincere thanks to Keith, Sally, Ann Tan and the rest of the team for helping to make the night’s event such a successful and memorable one. Many thanks also to DSS committee and members who have contributed their time and help. Bye and “Yee... haw” till we meet again.
PSC Line Dancers played hosts to about 110 fellow enthusiasts from Line Dance groups from Penang, Butterworth and Taiping on 22 June 2012. The event was also graced by a special guest - International Choreographer, Instructor and Judge, Alison Johnstone from Perth who was accompanied by 11 of her students from Australia. Dancers from PSC and DOS kick-started the evening’s glittering event with an opening dance, “Edge of Glory” which was specially choreographed by Alison.

Alison also took the opportunity to teach 3 of her latest dance choreographs during the evening gala, namely Bengawan Solo (32-count Beginners dance to the song Tantowi Yaha), You’re My World (32-count Intermediate dance to the song by Borderers) and You Needed Me (32-count High Intermediate dance to the song by Ronan Keating) which the attendees gallantly and quickly adapted to.

Truly displaying their passion and versatility, the line dancers dazzled through 40 dances during the exciting 4 1/2 hour programme. Special word of thanks goes out to dance instructors Evelyn Khaw, Lim Eng Ghim, Tan Bee Kim and Wendy Teh who brought along their teams and accolades also go out to Organising Chairperson Ivie Lee and her team.
There are 7 classes (at B1 room) with about 90 participants. This includes a class specially tailored for men. The classes are from elementary to intermediate levels as follows:

1. **Mondays from 7.00pm - 8.15pm**, Power Yoga by Tyler Niam
2. **Tuesdays from 7.00pm - 9.00pm**, Traditional Yoga by Mr Lim
3. **Wednesdays from 7.00pm - 8.15pm**, Men Yoga by Sam Cheng
4. **Thursdays from 9.00am - 10.30am**, Sivananda Yoga by Bi Bi
5. **Fridays from 7.00pm - 8.15pm**, Yin Yoga by Anna Yeoh
6. **Saturdays from 3.00pm - 4.15pm**, Power Yoga by Sam Cheng
7. **Sundays from 10.00am - 11.30am**, variety each week by different instructors

**UP-COMING EVENTS**

1. A cooking demo on **Risotto** by Yoshiko Tomiyama on Sunday, 26 August 2012, 1.00pm at Seafront Café.
2. A cooking demo on **Kurma curry** by Datin Farizad binti Arshad and tomato rice by Karen Thong on Sunday, 2 September 2012, 1.00pm at Seafront Café.
3. A cooking demo on “**Chawanmushi**” (Japanese custard steamed in a cup or bowl) by Mrs Yoshiko Tomiyama on Sunday, 7 October 2012, 2.00pm at Seafront Café.

**YOGA ASANAS (POSTURES)**

Postures are gentle stretching movements designed to help balance the mind and body. Yoga Asanas are designed to rejuvenate the brain, spine, glands and internal organs. They work by increasing the blood and prana supply to these areas and by stimulating them with a gentle squeezing action.

The asanas were designed with economy of time and effort in mind. Most of them work on more than one aspect of the body at the same time e.g. the twist asana benefits the spine, adrenal glands, liver, pancreas and kidneys. The Yoga Asanas produce their beneficial effect on the organs and glands in three ways:

- The position of the asana causes an increase in blood circulation to the specific target organ or gland;
- The position of the asana often produces a slight squeezing of the organ or gland. This has the effect of massaging the organ or gland, and stimulating it;
- Deep breathing and visualizing the target area sends an extra supply of prana to the area.

Yoga’s effect on the spine is to increase its flexibility. This ensures a good nerve supply to all parts of the body, since the nerves from the spine go to all the organs and glands.

1. 33 club members attended the talk: “He Is Not Breathing: How Can I Help?” by Dr YL Chin, Certified Trainer of the Penang Cardio Pulmonary Resuscitation Society (CPS), Gleneagles Medical Center. On 9 June 2012, 4.30pm at Auditorium.
2. The Cooking Demo on **Donburi** by Yoshiko Tomiyama on 17 June 2012, 1.00pm at Seafront Café was attended by 30 club members.
3. The Health Talk on “**Parkinson’s Disease**” by Dr Sathindren Santhirathelagan, Neurologist/Physician from Loh Guan Lye Specialist Center on 22 July 2012 at the Club House was attended by about 40 club members. The talk was followed by Q&A and concluded with light refreshments.
4. A talk on “**Sinusitis**” by Dr Victor Ooi Keat Jin, ENT/Head & Neck Surgeon from Island Hospital on Saturday, 11 August 2012, 4.30pm at Auditorium. 40 people attended the talk and it was followed by Q&A and concluded with light refreshments.

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It was an early rise and shine for the members of the Penang Swimming Club and MC Taekwondo as it was an outing to the Monkey Beach organized by Master Yaw. Everybody gathered at the Penang National Park at 7.30am before setting off on boat to the Monkey Beach. We were blessed that day as the weather was serene and tranquil with no overcast, the seas were also calm. We enjoyed the boat ride where we could feel the wind brushing our faces, rejuvenating those tired sleepy heads.

Once we had reached the beach and put our bags down, everybody was eager to start playing. Some of them played football, some with the frisbee. The adults on the other hand settled down and chit-chat. After lunch, Master Yaw brought out his fishing gear and started what he loves the most, fishing. Very delicately he hook the worm onto the hook and cast his rod, with much luck, there was a fish hooked on every hook. Master Jason carried out a rather different type of art, photography. I joined him in some photo shooting, learning from the photography “guru” along the way, in which I managed to get some decent shots.

They say, time flies by like a bullet when your having fun, well before long it was 5.00pm, time for us to pick up and leave. We returned to the national park at 6.00pm where our parents were waiting to take us home. Everybody was exhausted but had a splendid time at the beach fooling around and left with their hearts contented. I would like to show my appreciation and thanks towards Master Yaw for getting everybody together and organizing this outing. Here are some photos I took during the outing.

Tae Kwon Do is not all about kicking 10 feet high, it also emphasizes on self discipline and trains one not only to be physically strong but also mentally. For those interested in joining the Penang Swimming Club Tae Kwon Do club, one may register with Master Yaw, Master Johnson Yaw or Master Jason Yaw during training lessons which are Thursday night, 7.00pm - 9.00pm and Sunday Morning, 10.00pm -12.00 mid night. All are welcomed!
AEROBICS NEWS

MIX DANCE PARTY

The Aerobics Group held a Flexi Stretch Workshop on Sunday, 15 July 2012 at Level 14 (MPH). The purpose of the workshop was to introduce flexi bands to PSC members who have not heard of this convenient portable exercise equipment. For those who have been attending the Thursday morning classes regularly, it was an opportunity to brush up on their skills. Resistance bands have offered a form of strength training that is convenient and affordable for the longest time ever. It is an alternative to expensive weight training equipment and yet the benefits outweigh those of weights.

**Benefits of Flexi Band Exercises Include**
- Improved strength and balance,
- Increased level of flexibility,
- Improved muscle tone,
- Body fat reduction,
- Less risk of injury.

Sam’s class is on every Thursday morning at 10.45am - 11.45am at Level B1. Do come and join us and reap the benefits!

Party, party, party, that’s all we ever want to do at Aerobics! As the song goes, ‘Girls just wanna have fun’ (and guys too!). That’s exactly what we had on Sunday, 5 August at Level 14. It was 2 hours of pure nonstop dancing! Sam (our regular instructor) and Pauline from Fitness First heated up the stage with a mixture of Zumba, freestyle, modern and traditional dances. The members danced their socks off to an eclectic mix of top chart songs and hits from old and new. It’s like reliving those dance parties we had back when pop music was the norm of the day. The best part about it is that, it happens to be incredible exercise that you don’t even realize you doing!! There will be another party coming your way on the 23rd of September, this time Lisa will heat up the floor with her samba, salsa and all those groovy Latin moves. Don’t forget to make a date with us!
On 30 June and 1 July 2012, PSC Tennis Group committee organised the inaugural tennis competition for both men’s and ladies’ doubles. A total of 8 ladies and 18 men took part in this much anticipated tournament. The four pairs of ladies doubles played round robin format to determine the championship pair. For the men’s doubles, a format of ‘double elimination’ was deployed to finally select the two stronger pairs and they were required to play the final match to decide on the best of the men’s doubles. An added prerequisite for the men’s doubles was the combined age of 90 years and above for both players that made up the pair.

The tournament was infused with drama throughout the matches played. Some were ecstatic with the outcome, others had to concede due to injury. The decider of the ladies match was played between Aldina / Joyce and Tze / Lay Kean. It was no small feat for the latter pair to come back from 5 to 1 down to a score of 7 to 4, and still trailing to finally clinch victory. The strategy, according to the pair, was to stay calm and play one point at a time without thinking of the outcome of the game. When they finally gained momentum at 7 to 6, Tze / Lay Kean won their serve to even the match at 7 all and went on to win the tie-breaker at 7 to 1 and the rest was history.

The men’s doubles final was played between CC Lim / Alvin and Jeffrey / Eric in the noon day sun. At the age of 70, Lim stood his ground in the incredibly hot and humid weather and battled for the championship with all the skills of an experienced tournament veteran. It was a test of sheer will power and tennis prowess for the championship pair and they emerged victorious against their formidable opponents with a final score of 8 to 5. The men’s semi-finalists, Sunny/ Charles and Soon Hoe / Jing Khai also received trophies for their accomplishments in the tournament.

The excitement of the event did not end there. A buffet and prize-giving ceremony followed shortly with attractive prizes for the lucky draw winners. The Club President, KH Chan, graced the event and gave the prizes away. He thanked Heng, the Tennis Group Captain and his committee for a great job done.

Tze was twice lucky that day bagging the grand prize of a Wilson tennis racquet. Winners of the lucky draw walked away with t-shirts, water bottles, sports shoes, racquet strings and other attractive gifts all sponsored by both Wilson and Pusat Sukan Mercury. It was indeed a tournament worthy of praises. Congratulations! to the winners and we look forward to another exciting tournament next year.
Greetings from CLICS! The members are proud to announce that Creative Ladies In Community Services is entering its fifth year of operations since its formation on 5 August 2008.

Over the years the group has made various handicraft products (see pictures) for sale, funds accumulated were donated to charitable organisations. The group also cooperated with other club and organization in their charitable events, by contributing products to their fund-raising fairs.

Organisations benefitted from CLICS’ donations were The National Stroke Association of Malaysia, St. Nicholas Home, Shan’s Home for Children and Charis Hospice among others. The next beneficiary in the pipeline would be Eden Handicapped Centre.

For those who enjoy handicraft works, joining CLICS could be fulfilling as participants could have opportunities to learn more on handicraft skills either by learning from leaders as well as through learning programme. When there are enough people interested to learn a project, classes lead by Janet Lee or guest teacher could be arranged. CLICS also takes order to make specific quantity as door gift for a group’s party.

Apart from the enjoyment of crafting out objects, be it bags, toys or useful items, members reap satisfaction that their finished works would be churned into cash to be donated for good course. To contact CLICS, email clics.psc@gmail.com or leave your name and phone no. at the Level 6 reception.

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PSC Darts Group visited Royal Ipoh Club (RIC) on Sunday, 15 July 2012, to contest the second match in the “Challenge Trophy” series. Having defeated RIC by an emphatic score of 11 - 1 in the home match in December 2011, the darters were in confident mood, at PSC reception, as they awaited the team bus at 8.30am. Perhaps, it was a sign of things to come, that the bus was late. So late, in fact, that Choo attempted to flag down a passing Rapid Penang bus. The darters bus was eventually located at the old main entrance. A disappointing start to a disappointing day.

Arriving in Ipoh town centre at around 11.30am, a decision had to be made. Have brunch or go direct to RIC for pre match darts practice. No contest, as the travellers scattered in various directions to enjoy their favourite Ipoh fare. Finally arriving at RIC, it was agreed that both Clubs darters would be divided into “A” and “B” teams. The A teams to compete for the Challenge Trophy and the B teams to play “for fun and experience”.

A weakened PSC “B” team performed admirably to stay within touching distance of the opposition, eventually going down 6 - 8, to a competent RIC “B” team that included a two-time Club Champion. Frustratingly, the PSC “A” team continually got themselves into winning positions, only to lose “legs” due to inability to checkout. At the mid-session interval for high tea our “A” team trailed 0 - 5. The trend continued after the break with another 0 - 2 defeat in the singles, and effectively defeat in the match. Some respectability was finally achieved with Choo and Hardev winning the final doubles 2 - 1, and Choo the final singles by the same score. A final result of 4 - 9 in favour of RIC.

Much joy and celebrating for our genial hosts, and much head shaking for PSC darters. After presentations and speeches, we took our leave (minus the Challenge Trophy), and set off for a mid-way stop in Taiping for dinner. The thoughts of seafood revived spirits and took away the bad taste of an unexpected but deserved defeat. Will the result be different when RIC visit PSC early next year!!
**Mooncake Promotion for Mid-Autumn Festival**

Celebrate this year’s Mid-Autumn Festival with a stellar ensemble of traditional mooncakes packed with delightful flavours and fillings.

The mooncakes are available in beautifully crafted gift boxes of two or four pieces that make wonderful gifts for this special festival.

Available at the Captain’s Restaurant from 25 August to 30 September 2012.

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**Wine Promotion**

**Australian White Wine**

**Cranswick Lakefield Chardonnay**

White peach and tropical fruit notes with a lifted and fruit driven nose. Melon and citrus fruit dominate the palate, with good acidity and a hint of oak on the finish.

RM42.00

**Australian Red Wine**

**Cranswick Lakefield Cabernet Merlot**

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The above mentioned prices are subject to 6% Government tax.
Rapture
By Lauren Kate

RAPTURE, the fourth & final FALLEN novel, is the Lauren Kate book the world has been waiting for. The sky is dark with wings... Like sand through an hourglass, time is running out for Luce and Daniel. To stop Lucifer from erasing the past, they must find the place where the angels fell to earth. Dark forces are after them, and Daniel doesn’t know if he can do this - live only to lose Luce again and again. Yet together they face an epic battle that will end with lifeless bodies... and angel dust. Great sacrifices are made. Hearts are destroyed. And suddenly Luce knows what must happen. For she was meant to be with someone other than Daniel. The curse they’ve borne has always and only been about her - and the love she cast aside. The choice she makes now is the only one that truly matters. In the fight for Luce, who will win? The astonishing conclusion to the FALLEN series. Heaven can’t wait any longer.

Tempest
A Novel
By Julie Cross

The year is 2009. Nineteen-year-old Jackson Meyer is a normal guy... but he can travel back through time. But it’s not like the movies - nothing changes in the present after his jumps, there’s no space-time continuum issues or broken flux capacitors - it’s just harmless fun. Until the day strangers burst in on Jackson and his girlfriend, Holly, and during a struggle with Jackson, Holly is fatally shot. In his panic, Jackson jumps back two years to 2007, but this is not like his previous time jumps. Now he’s stuck in 2007 and can’t get back to the future. Desperate to somehow return to 2009 to save Holly but unable to return to his rightful year, Jackson settles into 2007 and learns what he can about his abilities. But it’s not long before the people who shot Holly in 2009 come looking for Jackson in the past, and these “Enemies of Time” will stop at nothing to recruit this powerful young time-traveler. Recruit or kill him. Piecing together the clues about his father, the Enemies of Time, Jackson must decide how far he’s willing to go to save Holly... and possibly the entire world.

Phantom
By Jo Nesbo

The next installment in the Harry Hole series, from the bestselling and internationally acclaimed Jo Nesbo. Summer. A boy, Gusto, is lying on the floor of an Oslo apartment. He is bleeding and will soon die. He is trying to make sense of what has happened. In order to place his life and death in some kind of context he begins to tell his story. Outside, the church bells chime. Autumn. Former police detective Harry Hole returns to Oslo after 3 years abroad. He seeks out his former boss at police headquarters to request permission to investigate a homicide. But the case is already closed; a young junkie, Gusto, was in all likelihood shot by a pal in a conflict over drugs. Harry is granted permission to visit the accused boy in prison. There, he meets himself and his own history. It’s the start of a solitary investigation of the most impossible case in Harry Hole’s life. And while Harry is searching, Gusto continues his story. A man walks the dark streets of nighttime Oslo. The streets are his and he has always been there. He is a phantom.

The Flowers of War
By Geling Yan

The Sun’s Heartbeat
And Other Stories from the Life of the Star That Powers Our Planet
By Bob Berman

Fifty Shades of Grey
By E L James

In the Garden of Beasts
Love, Terror, and an American Family in Hitler’s Berlin
By Erik Larson

End This Depression Now!
By Paul Krugman

Beautiful Chaos
By Margaret Stohl, Kami Garcia

The Nautilus
Deltora Quest is a fantasy book written by Australian author Emily Rodda and first published in 2000. It has been recommended for children aged 9 years and above. The book is made up of eight chapters. Here in Penang, the chapters are available as individual books. The chapters are: The Forests of Silence, The Lake of Tears, City of the Rats, The Shifting Sands, Dread Mountain, The Maze of the Beast, The Valley of the Lost and Return to Del.

The story is set in the land of Deltora, which is a land of magic and monsters. The land has been guarded and protected by the Belt of Deltora for centuries. Deltora was invaded by the evil Shadow Lord, who scatters the gems from the Belt of Deltora all over the kingdom. The gems are topaz, ruby, opal, lapis lazuli, emerald, amethyst and diamond. Lief, son of a humble blacksmith, sets out on a perilous journey on his sixteenth birthday to find the gems and restore the Belt of Deltora whilst battling the evil guardians of the gems. Once the belt is complete and is worn by the true heir of Deltora (who must be the direct descendant of the first king of Deltora, Adin), the Shadow Lord will be forced back to the Shadowlands and Deltora will once again be free. Lief was accompanied by an ex-palace guard named Barda, and a wild girl named Jasmine whom he met from the Forests of Silence.

I was given the book by Auntie Doris from Australia because she thought it was a really good book. But, who wants to read a book chosen by an adult? So I did not touch it for a whole year, until I ran out of stuff to read. Once I started on the first page, I could not put it down! The book sparked interest in me mainly because of the riddles; but I also liked the suspense and the mythical monsters that Lief and his companions encountered and fought during their adventure. The courage shown and sacrifices made by the characters of this book taught me a lesson about friendship and loyalty. Another reason this book is special to me is because it has a twist in the ending. To find out, you will have to read the book yourself. I highly recommend this book.
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