



KELAB RENANG PULAU PINANG

E-NAUTILUS

FOR MEMBERS ONLY. ISSUE: SEPTEMBER – DECEMBER 2023



*Merry
Christmas*



KELAB RENANG PULAU PINANG

e-NAUTILUS

September -
December 2023

Management Committee Members:

President:

Mdm. Chew Saw Hoon

Vice President:

Dr. Eric De Smet

Hon. Secretary:

Dato' Sri Dr. Lee Ville

Hon. Treasurer:

Mr. Yap Soon Hin

Club Captain:

Rocky Cheang

Committee Members:

Captain Khor Bean Tatt

Mr. Jonathan Ooi

Mr. Colin Chan

Mr. Paul Edwin Stripp

Dato' Dr. Marina David

Mr. Cheam Tow Yong

Mr. Daniel Lim

Editor's Message

Dear Members,

As we say goodbye to 2023, I like recalling the many amazing events that graced our club from September to December. Our members' energy and excitement made this moment special.

We held Octoberfest to honor unity. Laughter and excitement filled the MPH as friends and family gathered. Seeing the club work together to make memories was inspiring.

After Octoberfest, we lit up the club with the Festival of Lights in November. The wonderful decorations and brilliant colors made our surrounds shine. The Festival of Lights celebrated our cultural diversity and united our Penang Swimming Club family.

Our annual staff party in November was a great way to thank the hardworking people behind the scenes. This special event honored our excellent staff members for their hard work and dedication. Their significant contributions help make our club a warm, friendly, and well-run place for all.

December brought Christmas, and we celebrated with the Christmas Tree Light-Up. The club was cozy and festive with dazzling lights and decorations. Our members' participation made it even more impressive.

Our groups and sections have helped keep the club lively. Read the newsletter to see our vibrant and active members' fascinating activities.

We are excited to establish the Snake Temple Acupaday Cafe alongside the exciting festivities. Our members can enjoy a variety of drinks at our pleasant cafe beside the pool. We think it will enhance your club experience by offering a place to rest and eat.

Let us maintain togetherness, camaraderie, and active involvement in the new year. Besides swimming, the Penang Swimming Club is a community where lifelong memories are built. Many thanks for your enthusiasm and support over the past few months.

Enjoy the holidays and start the new year well!

Best wishes,

Ville



Contents:

- New Members
- Membership Statistics
- Calendar of Events
- Club Events & Happenings
- Sections & Groups
- Library News
- Club Governance & Info
- Affiliated Clubs

Penang Swimming Club

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11200 Tanjung Bungah Penang

04-8907370
04-8903271

info@penangswimmingclub.com

President's Message

Dear Members,

As we bid farewell to a remarkable year, I wanted to take a moment to reflect on the incredible journey we've had together and express my heartfelt gratitude for each and every one of you who make up our vibrant and dynamic community. This past year has been filled with shared experiences, laughter, challenges, and unforgettable moments that have made our Club truly special.



In the spirit of new beginnings, let's take with us the lessons learned, the memories cherished, and the bonds strengthened. Let us carry forward the energy of unity and friendship that defines our Club. Let us embrace the new year with open hearts and enthusiasm, and continue to build on the strong foundation of our Club's vibrant community. Together we can continue to inspire, support and uplift one another.

May 2024 be a year filled with exciting events, memorable moments, and the unwavering support of one another. May our journey ahead be sprinkled with kindness, love and laughter. May we continue to nurture the bonds we have formed, and create a space where everyone feels valued and inspired.

Wishing you and your loved ones a joyous new year filled with love, happiness and all the wonderful things life has to offer.

Cheers to 2024!

Warm regards,
Saw Hoon

General Manager's Message

Happy Holidays Seasons!

This holiday message is so much more than a whimsical wish for a safe and happy holiday season. Our valued members have inspired the team not just to survive but to thrive during this challenging and historical time, and I, for one, am grateful.



With this in mind, during this holiday season, the team and I came together to offer joy and hope as the year 2023 progresses and with only a month before we welcome a New Year, 2024. As we usher in the new year, I welcome you to join and enjoy the joyous events management and committee have in place for everyone.

Life changes, but my New Year wish for you all remains the same. I hope that we can make a good start toward our new targets in 2024. I am looking forward to working with you all through another great year full of the challenges, opportunities and surprises that may come in the next year. I have confidence that you will face them with as much grace, resourcefulness and dedication as you have shown this year. May you have a peaceful, joyful and safe holiday season and a wonderful New Year.

Wishing you the very best of the holiday's seasons and happy new year!

Best regards,
Roy Buma

ELECTED NEW MEMBERS - OTM & AM (SEPTEMBER 2023)



Mr. Choo Kok Ping
&
Mdm. Lim Chee Mun



Mr. Choong Chin Wei
&
Mdm. Ooi Wai Wai



Mr. Ong Choon Chuan
&
Mdm. Khor Hoe Huan



Mr. Ooi Teng Chow
&
Mdm. Poh Su Lin



Mr. Sanjiv Garg
&
Mdm. Alkas Garg



Mr. Koay Xing Boon
&
Mdm. Oh Swee Lan



Mr. Hai Bin Wen
&
Mdm. Yi Wang



Mr. Jason Ck Cheng
&
Mdm. Poh Hamee



Mdm. Yap Yee Lee
&
Mr. Robin Brown



Mdm. Chan Siew Wei
&
Mr. Tan Loo Beng



Mr. Lim Siak Hwa
&
Mdm. Wong Ching Loo



Mr. Ong Chong Khim
&
Mdm. Jasmine Tan Ru Yen



Mdm. Chan Suat Im, Jessie



Mdm. Khaw Lai Zhu



Mr. Raymond Tan Gim Seang



Mr. Yap Kwong Fong

ELECTED NEW MEMBERS - OTM & AM (OCTOBER 2023)



Mdm. Cheung Li Sze Yuen
&
Mr. Cheung Ho Cheong



Mr. Hoon Wei Seong
&
Mdm. Serena Ooi Lay See



Mr. Peter Naegelein
&
Mdm. Lan Lyu



Mr. Teoh Siew Tatt
&
Mdm. Tran Thi Ngoc Diem



Mdm. Kong Cheoi Foong



Mr. Edward Lee Eng Kong



Mdm. Ooi Kar Leng, Karen



Mr. Koe Jun Chang



Mdm. Yeo Soo Yong



Mdm. Yap Son Son



Mr. Sunil Singh Khera

MEMBERSHIP STATISTICS**Membership Figures As At 30.11.2023**

Type of Membership	Active	Absent	Total	Total (Membership Figures as at (31.10.2023))
Patron/Hon. Members	14	0	14	15
Ordinary Transferable Members - Pending for Election (Normal Transfer) - Pending for Election (JM Conversion)	4777 58 8	651	5494	5451
Ordinary Members	1	1	2	2
Unattached Lady Members	1	1	2	2
Term Members - Pending for Election (JM Conversion)	0	0	0	0
Junior Members - Pending for Election	250 48	49	347	353
Associate Members - Pending for Election	2003 79	128	2210	2197
TOTAL	7239	830	8069	8020
Visiting Members = 12				
Sporting Members				
Swimming Section :18 Sailing Section : 4 Defaulter –76				



CLUB EVENT

CALENDAR 2023

DECEMBER

01

CHRISTMAS TREE LIGHT-UP CEREMONY

📍 CLUB HOUSE

FRIDAY

🕒 7:00pm

24

CHRISTMAS EVE SET DINNER

📍 CAPTAIN'S
RESTAURANT

SUNDAY

🕒 7:00pm -
10.00pm

25

CLASSIC CHRISTMAS BRUNCH

📍 CAPTAIN'S
RESTAURANT

MONDAY

🕒 11.30am -
3.00pm

31

NEON RAINBOW NEW YEAR EVE COUNTDOWN

📍 MPH

SUNDAY

🕒 7:00pm



Club Events are open to all Club Members. Information is accurate at the time of press. However, events may be subject to change.
We advise all Members to refer to the Notice Boards and Digital Signage for latest updates.



CLUB EVENT CALENDAR 2024

JANUARY

7/14/21/28

SUNDAY

ENGLISH
AFTERNOON TEA
BY ACUPADAY

CLUB
HOUSE

3:00pm -
5.00pm

27

SATURDAY

VODKA
COCKTAIL PARTY

CLUB HOUSE
& FUN PUB

8:00pm

28

SUNDAY

ASIAN CUISINES
BUFFET

CAPTAIN'S
RESTAURANT

11.30am
-3.00pm

FEBRUARY

14

WEDNESDAY

VALENTINES –
ROMANCE &
MUSIC

CAPTAIN'S
RESTAURANT

6:00pm

24

SATURDAY

CNY CELEBRATION
PARTY

MPH

6:00pm

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EXTRAORDINARY GENERAL MEETING

The Committee called for an Extraordinary General Meeting (EGM) to be held on 22 October 2023 to seek approval for certain administrative rules, with a significant focus on the establishment of an Annexe Club. Unfortunately, the EGM as scheduled had to be postponed to 5th November 2022 due to a lack of quorum.

In the wake of the postponement, the Committee engaged in a constructive dialogue with our members with the purpose to elucidate the importance and implications of the proposed rules.

The proposed rules were subsequently endorsed by members in the postponed EGM. This was a crucial step forward in ensuring the smooth implementation of administrative measures and the establishment of the Annexe Club.

Following the members' approval, the amended rules were promptly submitted to the Registry of Societies (ROS) for official approval. We are delighted to share that approval from ROS was successfully obtained on 29th November 2022.

This marks a significant milestone for our organization, and we extend our gratitude to all members who participated in the EGM. Your commitment and support have been instrumental in advancing our collective goals.



EXTRAORDINARY GENERAL MEETING



OKTOBERFEST

The Oompah Band set off the nite with a kick at PSC ,coinciding their world tour to celebrate the Oktoberfest with us on 3rd November 2023. Members came aptly dressed ,swaying through the nite. It was thoroughly a nite of the German festival of beer and sausages all the way. In spite of the jam packed and good houseful turn out, space was made for the arm wrestling and rest of the competitions to squeeze through.



OKTOBERFEST

The Oompah Band, dressed in traditional Lederhosen and playing lively tunes on their brass instruments, the band created a festive and energetic atmosphere that got everyone in the mood to celebrate.

As the band played, members and guests enjoyed a variety of beers and authentic German Sausages n Creamy Sauerkraut, which were specially curated to bring an authentic taste of Bavaria. From classic Oktoberfest beers to local craft brews, there was a wide selection to satisfy every beer connoisseur's palate. And for those who preferred non-alcoholic options, there were also refreshing beverages available.

Meanwhile, the arm wrestling competition drew attention from both participants and spectators alike. Muscular contenders put their strength to the test, engaging in intense matches that had everyone cheering. The excitement reached its peak when the final showdown took place, and the winner proudly claimed the title of the arm wrestling champion.

Throughout the night, the Club was alive with laughter, cheers, and enthusiastic chatter. This event provided an excellent opportunity for everyone to relax, enjoy good company, German culture, and of course, beer and sausages. This event successfully brought the vibrant traditions of Oktoberfest, offering a unique and memorable experience that united members and guests in joyful celebration.



FESTIVAL OF LIGHTS

Celebrating the Festival of Lights on 19th November 2023, was an evening of nostalgic Bollywood and Tollywood song and music, thoroughly enjoyed not only by the members present but also the children of Pertubuhan Sri Cahaya who were our guests for the evening. The night was further complimented with the sumptuous array of classic Indian food. Four best dressed male and female winners walked away with a bottle of wine each.



FESTIVAL OF LIGHTS



To complement the festive vibe, a delectable array of classic Indian food will be served. From aromatic curries to flavorful biryanis, attendees will have the opportunity to indulge in the rich and diverse flavors of Indian cuisine.

In addition to the entertainment and cuisine, there was a best-dressed competition. This fun-filled competition added an extra element of excitement.

Overall, the Festival of Lights celebration at our Club was a delightful blend of cultural festivities, Bollywood entertainment, mouthwatering Indian food, and a touch of friendly competition. It's an event that brought together the community for a joyous evening of celebration and giving back to those in need.





SHOW & TELL

The Committee conducted a Show and Tell session on 26th November 2023. The Committee assessed the state of our Club sometime in June 2023 after they had been elected, focusing on the critical issues from water leaking to exposed wires to the damage caused by termites' infestation.

Water leaking was spotted in several areas of the Club with unsightly water stains and soggy patches. Water infiltration is evident in several areas of the buildings, affecting both common areas and specific functional spaces.

There are instances of exposed electrical wires in various parts of the club, presenting a serious safety hazard.

These concerns pose significant risks to the safety and well-being of our members and staff. Many members have expressed their dissatisfaction and inconvenience at the state of disrepair of our Club, and they have found it increasingly inconvenient to use the facilities due to malfunctioning equipment, broken furniture, and unsafe conditions. This negatively affects their overall experience of the Club.

On the whole, the disrepair in the Club is a result of both neglect and insufficient maintenance efforts. The routine upkeep and necessary repairs have been neglected for an extended period, leading to the deteriorated state of the Club.

The management has made efforts, and will continue to make efforts, to address the problems. Towards this end, the Committee organized a Show & Tell session with the members on 26 November 2023. Members were given an overview of the remedial projects that have been successfully carried out, an insight into the projects currently in progress, and an outline of pending tasks.

The implementation of preventive measures and routine maintenance will contribute to the long-term safety and sustainability of the Club's facilities. Members' understanding and patience whilst the remedial works are ongoing are greatly appreciated.



Maintenance of Swimming Pool & Snake Temple Structure

The Superstructure beneath the Swimming Pool and Snake Temple were found to have suffered serious erosion requiring significant repairs.

Work commenced on the 22nd Nov 2022 and was completed on the 4th July 2023.



Tree Safety – Phase 1

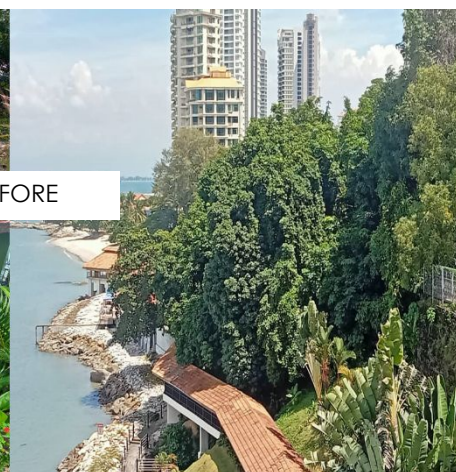
CUTTING & TRIMMING EXISTING TREES POSING A SAFETY ISSUE

A total of 25 trees between the Club House and Multi Storey building were identified as being potentially dangerous and in need of trimming.

Work commenced on the 23rd November 2023, and was completed on the 30th November 2023.



BEFORE



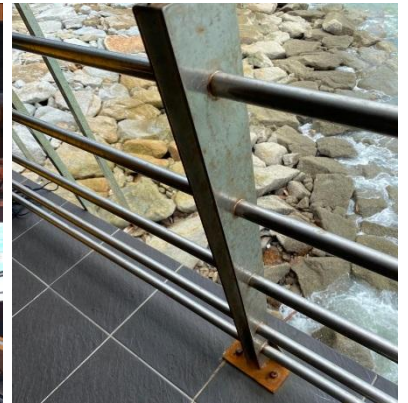
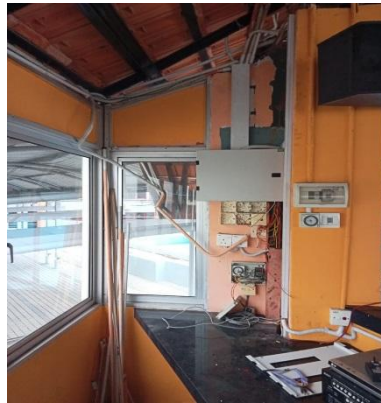
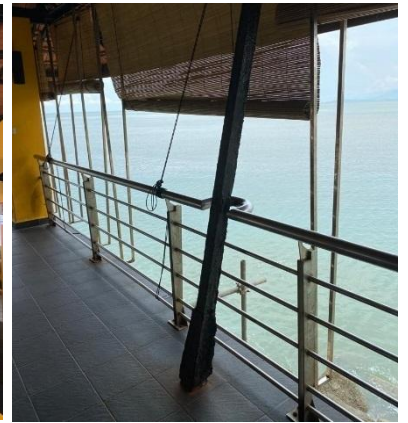
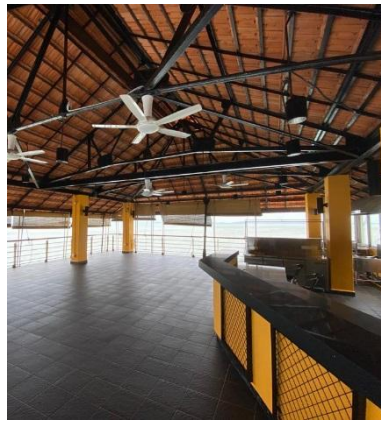
AFTER



Snake Temple Improvements

Repairs and improvements were required to the electrical and plumbing system and the Steel structure of the Snake Temple. Additionally a new store room was required to enable the catering operation to proceed.

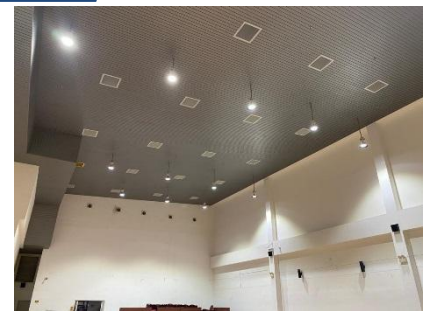
- The electrical Distribution Board was upgraded to 100 amp with a new Digital Power Meter by the 20th November 2023.
- Corroded elements of the mild steel structure were replaced with Stainless steel units by the 18th November 2023.
- A new store room was completed by the 3rd December 23 at a cost of RM7000
- The upgraded plumbing system including a new water Meter was completed by the 3rd December 2023.



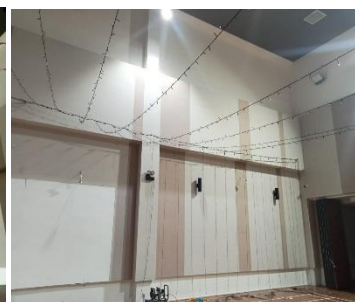
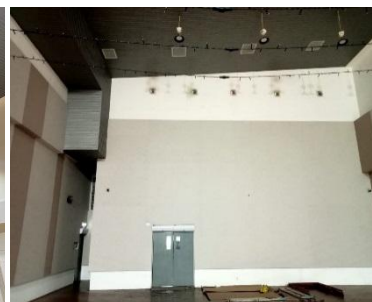
Installation of Soundproof wall cladding in the MPH at 14/F

- Work Started on the 10th July 2023 and was completed on the 28th August 2023.
- Defect rectification work was carried out between the 29th November 2023 and 10th December 2023

BEFORE



IN PROGRESS



Multi-Storey Building - 14/Floor – Male Toilets Urinal Flushing System

The automatic sensor flushing system was found to be faulty requiring the urinals to be replaced with a manual press type flush. Improvements to the associated plumbing was also carried out.

Work started on the 22nd November 22nd and was completed by the 25th November 23 .

BEFORE



AFTER



Water Leak at the 11/F Car Park

- Leaks from the incoming water supply to the Male & Female Toilets at Level 13 & 14 had created an ongoing water leak problem in the 11/F Car Park.
- The ABS pipes serving the Male and Female WC & Basins were replaced with Poly pipes.
- Work started: on the 20th September 2023 and was completed on the 1st October 2023.



BEFORE



AFTER

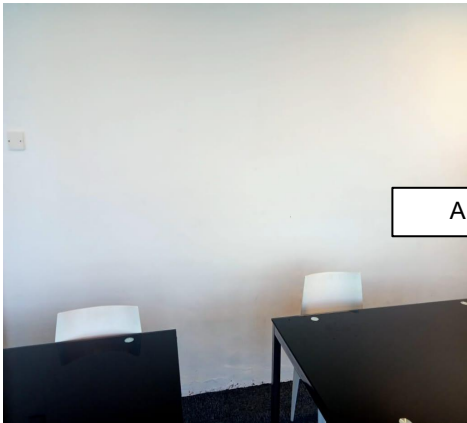
Water Leakage In The Library

During heavy down pours ,rain water was found to overflow from the roof gutter and subsequently leak through the Library wall and ceiling.

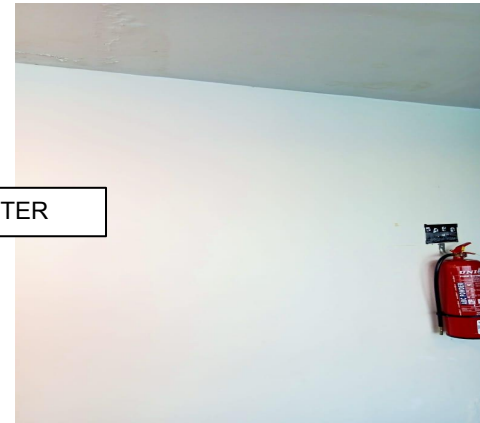
The roof top guttering was upgraded with additional outlet points which enabled it to cater for the heaviest downpours resolving the leaks.



BEFORE



AFTER



14/F Kitchen Pipe Blockage

Due to a malfunction of the grease trap a build up of grease blocked the floor drainage of the 14/F Kitchen.

The grease trap was repaired and the drainage pipes replaced with new 4" pipe.

Work started on the 15th August 2023
And was completed by the 17th August 2023.



BEFORE



AFTER



Air Conditioner Replacement

Pacific Lounge

Date replaced: 15th July 2023

Gym

Replaced Date: 15th July 2023



Sea Front Café Changing Rooms

The drainage system at the Male & Female toilets were found to be blocked with sand

A new sand filtration system was installed and the drainage system at male & female changing rooms upgraded.

Work started on the 13th November 23 and was completed on the 18th November 2023.



STAFF ANNUAL PARTY

On 27th November 2023, Penang Swimming Club had its annual staff party with fun-filled and glamorous theme Golden Gala to celebrate all the achievements the Club acquired over the year and to thank all the employees for their unwavering commitment.

Mr Roy Buma, GM and Mdm Chew Saw Hoon, President of the Penang Swimming Club, signalled the event with their welcome notes followed by announcement of the many prizes on raffle draws such as cash vouchers to be won that thrilled all the staff.

Everyone was in a state of suspense, yet, the spectacular evening lingered with talent show performed by department's representatives, and the recognition of 10 years and 20 years awardees, best team performers, healthiest employees of the year and best dress male and female.

It's great to see all the staff and committees bonding with one another and having a whale of a time. This event is really a celebration for both administration and operations team, not only for the many things they had accomplished this year, but also for the valuable service of most of Club employees who have been around quite sometimes in the Club.

The memorable evening was entertained by Helmi and the gimmick from Powertrax Network, Penang who mesmerised the audience with laughter all night long.



STAFF'S PARTY



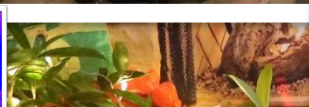
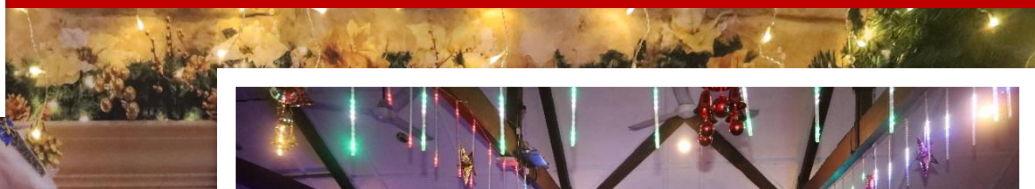
CHRISTMAS TREE LIGHT UP

On Friday evening 1st December 2023, the Club organized a Christmas Tree lighting ceremony bringing the members and staff together to celebrate the holiday season and each other. It was an event with the Club members, friends, staff and Penang Cheshire Home congregated together to join in the celebration of the holiday season.

The tree lighting ceremony, a Club annual event, has been a great way for the Club members to bring itself together and spread all the love and values that embody this time of year. The holiday season can be very busy and it is really important to slow down and enjoy these types of events with our love ones and friends.

This is the time of the year to be thankful for families, for friends, for children and to be thankful to just be alive and to have the ability to be generous and give back.

The event witnessed the present of Santa Claus giving away his goodies to the children and members attending the memorable evening.



BAR TAKE OVER

Bar Take Over Event held at Club House, Penang Swimming Club on 1 Dec 2023 was a night filled with excitement and indulgence. The event featured a live band by D'Dynamics, creating a lively and entertaining ambiance for all the attendees.

One of the highlights of the event was the introduction of several refreshing cocktails crafted by mixologist Jimmy Eng. The Watermelon Daiquiri was a popular choice among the guests, showcasing a perfect blend of fresh watermelon flavors and a hint of rum. The Christmas Colada, infused with festive spices, offered a unique twist to the classic pina colada. Additionally, the Christmas Punch was a delightful concoction that combined fruity flavors with a tangy kick.

For those who preferred non-alcoholic options, Jimmy Eng also introduced the Watermelon Virgin Mojito, an invigorating and refreshing mocktail that captured the essence of a traditional mojito minus the alcohol.

To complement the drinks, the event also provided a selection of delectable snacks. Guests could enjoy the flavors of Sautéed Onion Chicken Sausage, a savory treat that offered a burst of flavors. The Popcorn Chicken Korean Style, with its crispy exterior and tantalizing Korean-inspired seasoning, was another crowd favorite.

Overall, the Bar Take Over Event was a resounding success, leaving attendees with unforgettable memories and a unique experience of mixology at its finest.



Watermelon Daiquiri



Christmas Colada

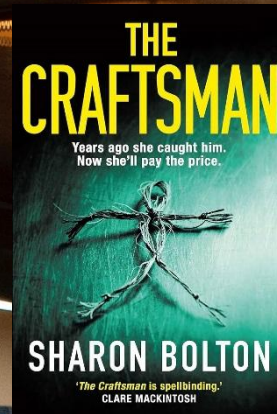
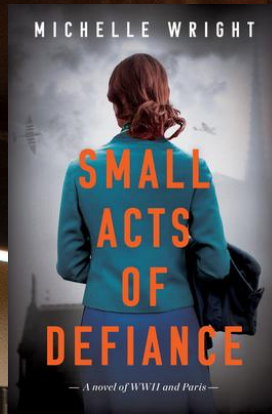
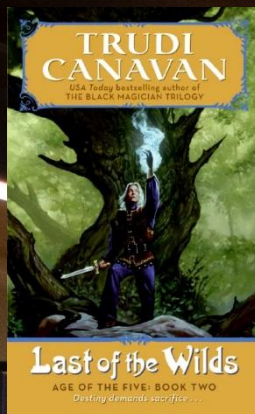
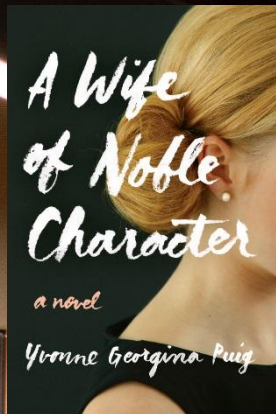
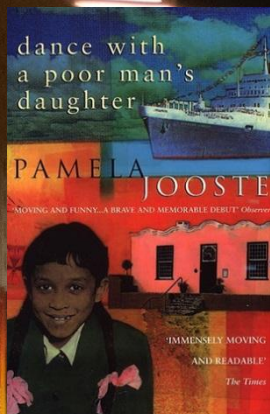


Christmas Punch

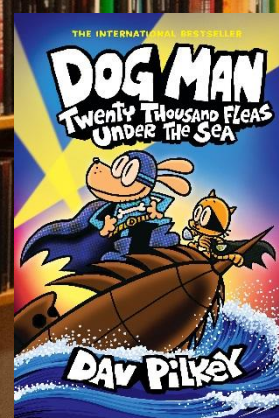
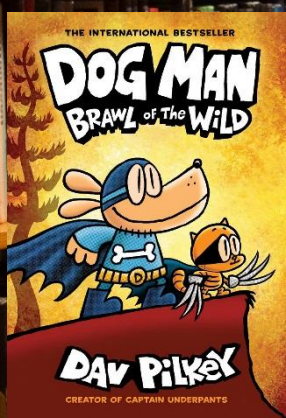
- LIBRARY -

ARRIVAL OF NEW BOOKS

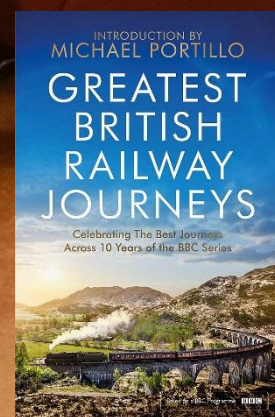
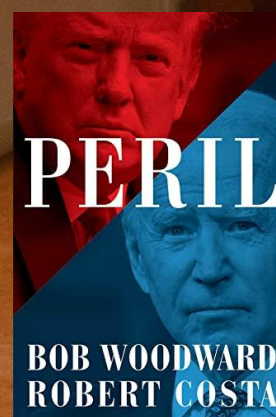
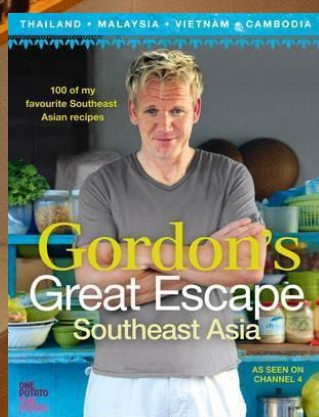
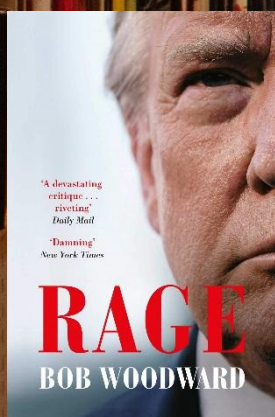
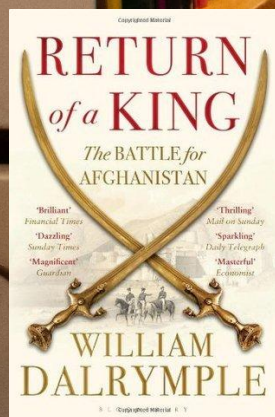
FICTION



JUNIOR FICTION



NON-FICTION



SWIMMING SECTION

Committee Lineup

- Tan Hui Fang Chairman
- Lee Chye Seng, Vice Chairman
- Moiria Toh Siew Ling, Hon Secretary
- Tan Lean See, Hon Treasurer

Committee Members:

- Beh Pay Hong (Daphne)
- Poh Chong Boon
- Teoh Poh Nai (Irene)
- Lee Wei Ling
- Andre Baptist
- Yeap Wen Nie

Swimming Carnival

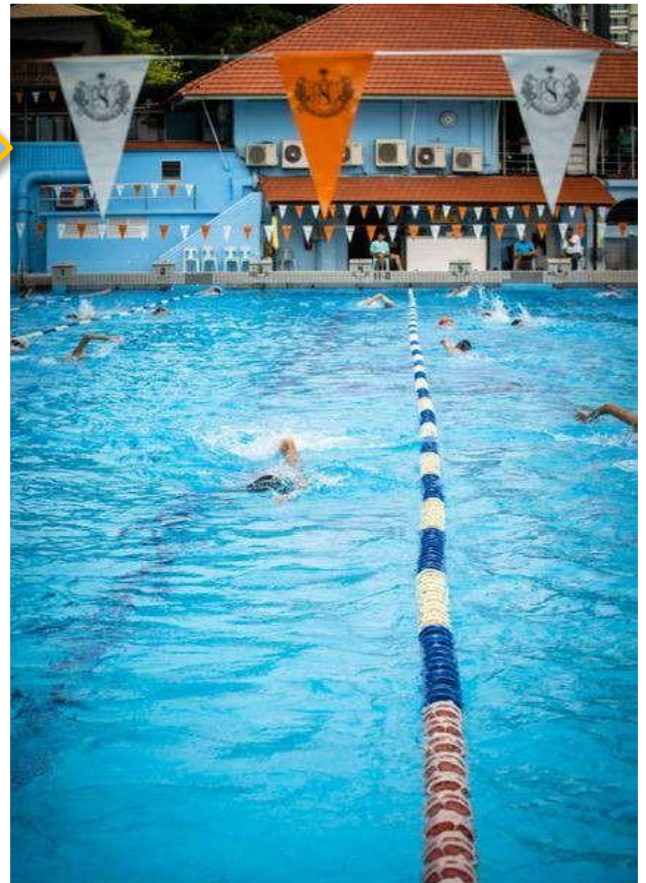
26th November 2023 7:30am to 1:00pm

The Swimming Section Committee helmed by Daphne Beh with the help of coaches, members and parents planned a morning of swimming and running (Aquathlon) and telematch style games for the young and young at heart. The finale of the morning's fun was the renowned Treasure Hunt!! Some 70 participants joined in the fun and games.

Prizes were awarded for the Aquathlon in various age groups and also for the Team Games of 6 Teams comprising various ages in each Team and a sumptuous lunch was served for the participants and helpers. A huge thank you to the Organizing Team and helpers and thank you to our Club President and Vice President for flagging off and staying the entirety of the games and congratulations to all who participated!



The morning started off
with the Aquathlon



Running on the beach
during the Aquathlon

THE TELEMATCHES! PASS THE WATER IN A BUCKET GAME.



SHIRT EXCHANGE GAME AND PAPER SCISSOR ROCK GAME



PASS THE HULA HOOP GAME!



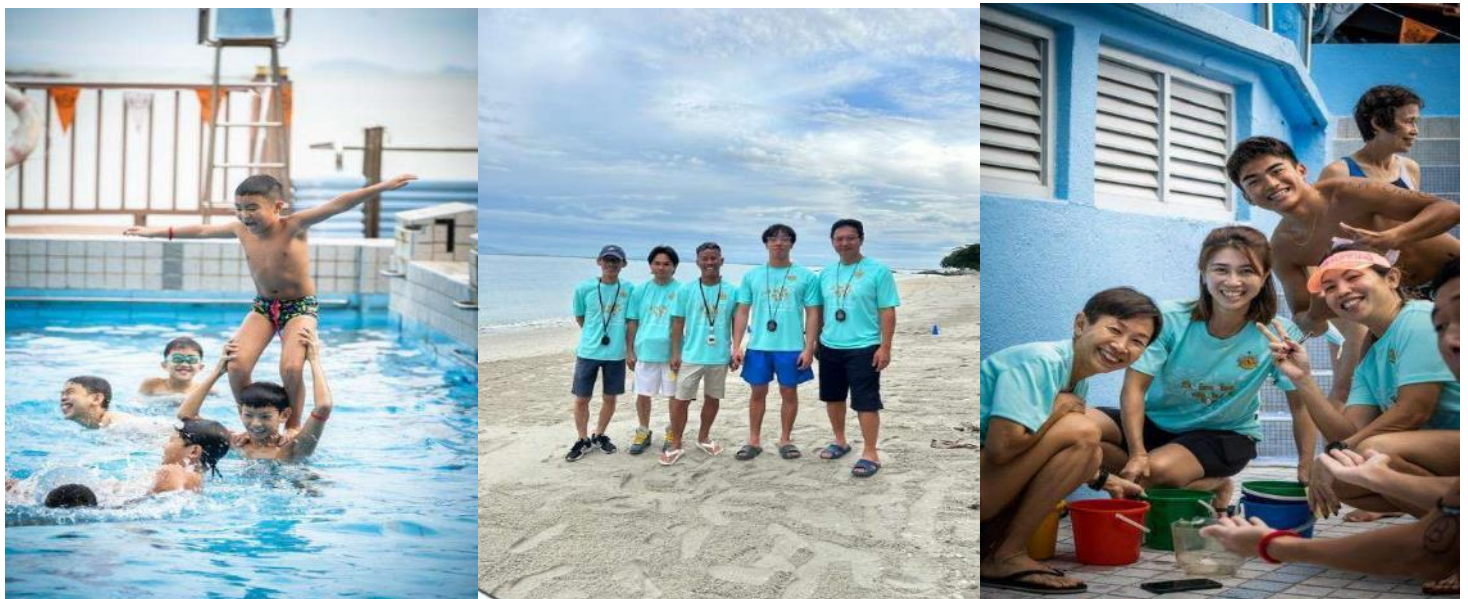
TEAMS OF VARIOUS AGES! ALL TOGETHER WORKING AS ONE!



EVERYONE IS HAVING FUN!



EVEN THE MARSHALLS ARE HAVING FUN!



SUMPTUOUS LUNCH AND PRIZE GIVING TO WINNERS OF VARIOUS AGE GROUPS!



PRIZES ALSO TO THE TOP 3 TEAMS OF THE TELEMATCHES!



WINNING TEAM A ! TEAM SPIRIT AND WORKING AS A TEAM
WAS A VITAL ELEMENT!



President's Cup
15-17th December 2023,
National Aquatic Center,
Sports City Bukit Jalil KL)

33 swimmers represented Penang Swimming Club for this meet. 3 meet records were broken by our swimmers and our PSC Team was placed 6th in the Team category. Well done all swimmers! And thank you to the Coaches, PSC Swim Section committee, chaperons and parents and all who helped and supported.





Congratulations to Lynus Kek
100m Breaststroke - Gold
Broke meet record 1:06.95



Congratulations to Aedon Lim
100m backstroke - Silver



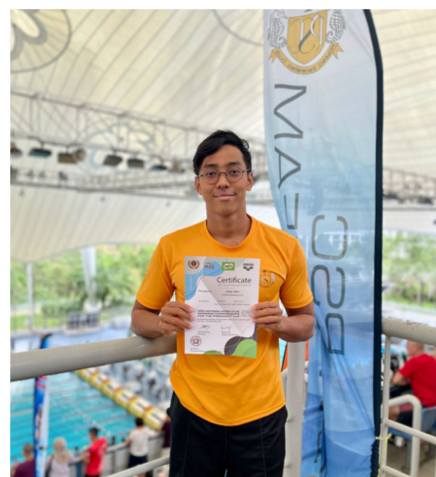
Congratulations to Yun Xuan
50m Breaststroke - Gold



Congratulations to Yun Xuan
100m breaststroke - Bronze



Congratulations to Hong Bin
100m backstroke - Bronze



Congratulations to Chris
100m freestyle - Silver



Congratulations to Chris
100m butterfly - Silver



Congratulations to Chris
50m butterfly - Silver



Congratulations to Chris
50m freestyle - Gold
Broke meet record 23.39



Congratulations to Lynus Kek
50m Breaststroke- Silver
Broke 50m meet record 30.59

Speedo Malaysia International Masters Swimming Championship

9th December 2023 at the Tuanku Zara Aquatic Centre

7 Masters Swimmers Represented Penang Swimming Club in the age group competition. Many swimmers from various countries such USA, England, Hong Kong SAR , Thailand, Singapore, China, Indonesia, Germany and Malaysia all swam.



Our PSC swimmers did the club proud by swimming their hearts out and returning with medals:-

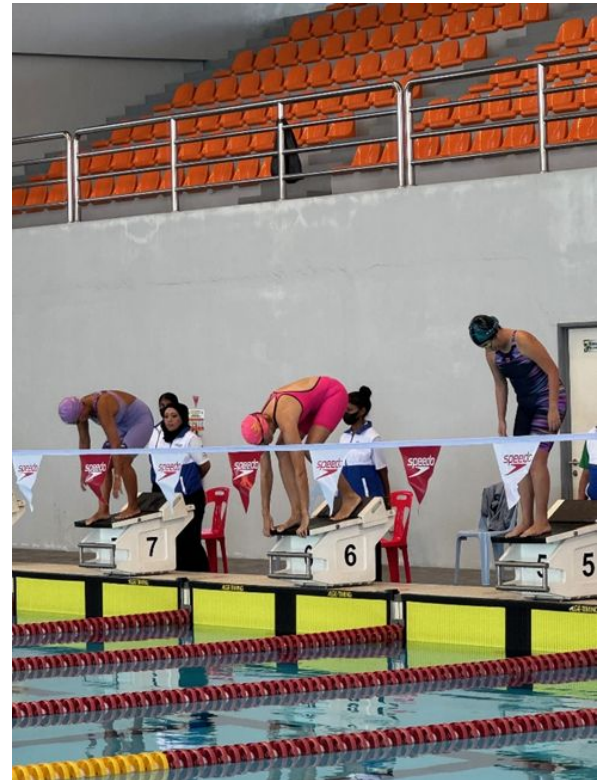
Chok Moy Chong (Coco) with 3 golds, Kenneth Tan Teong Keen with 3 bronze, Gillian Gray with 1 silver, Lim Cheang Cheang with 2 golds and 2 silvers, Bianca Oldsen with 2 silvers and 2 bronze, Moira Toh with 2 bronze and Coach Nataliya Simak with 5 golds and 4 silvers and winning the Best Overall best female title for the 2nd year running.



Masters swimming is all about having fun and staying fit and getting better with age! And meeting new and old friends!



**And what is all that sweat without some relaxation
and good makan?**



Exciting Announcement! Learn to Swim program is now available!

Recruitment Drive for the Swim Squad

Our swim squad is recruiting new members and please share this with your child who is passionate about swimming 🏊
Simply click on the QR code below or on the link below to register.

<https://forms.gle/Z8hNoeBz4SdVYz2C7>

If you have any questions, please don't hesitate to reach out to us at psclswimsection@gmail.com.

We look forward to welcoming new members to our swim squad.

* Masters swimmers who can swim are welcome to enquire too!



LEARN TO SWIM

for age 5 - 18
18 & above

RM 450 FOR 10 LESSONS

SWIMMERS PROGRAM

Never too late to learn

Our program is open for kids as young as 5, adults and seniors. Aiming to improve water confidence, swimming techniques, endurance training, strokes foundation and development.

Group Lesson

- 4 swimmers : 1 coach
- 6 swimmers : 2 coaches
- One hour per lesson following swim schedules
- Swim Schedules and grouping of swimmers are on a first come first serve basis and subject to the discretion of the coach and The Swim Section Committee.

Swim Schedule

FRIDAY
7pm - 8pm ; 8pm - 9pm

SATURDAY
3pm - 4pm
7pm - 8pm ; 8pm - 9pm

SUNDAY
8am - 9am ; 9am - 10am
7pm - 8pm ; 8pm - 9pm

Coaches:

- Coach Eddie
- Coach Chris
- Coach Chloe
- Coach Rachel
- Coach Dominic

CONTACT US psc.swimsection@gmail.com

Scan QR to register



PSC SWIM SQUAD

RECRUITING NEW MEMBERS

SCAN TO REGISTER

We are actively seeking new members aged 7+ who LOVE the water!

- want to IMPROVE their swim skills & technique
- want to learn to train & compete
- want to become part of a TEAM
- want to learn skills for life in & out of water
- want to ENJOY their sport

JOIN US TODAY!

PSC.SWIMSECTION@GMAIL.COM

Tennis Group

Captain : Lian Foo
Vice Captain : Rainer Tischler
Honorary Secretary : Lynn Tan
Honorary Treasurer : Tan Wei Khang

Committee Members:
Nikky Koay
Jacqueline Kwong
Mary Ann Harris



The Dato Seri Nazir Ariff (DSNA) Tennis Tournament was held over three days, on 18, 19 and 25 November 2023. The weather was wonderful, and all 4 teams had a great time.



Participating teams were:

- a) Ace'licious – captained by Kelvin Lee
- b) Cool Angels – captained by Tan Wei Khang
- c) Racket Rebels – captained by Yew Jin Siang
- d) Supershots – captained by Lim Wei Kah

After the prize giving ceremony, there was an impromptu birthday celebration for Dato Seri Nazir Ariff.

The winning Supershots team being presented with the DSNA Cup by DS Nazir Ariff himself.



The runners up Ace'licious team with their prizes



Pretty ladies all in a row.





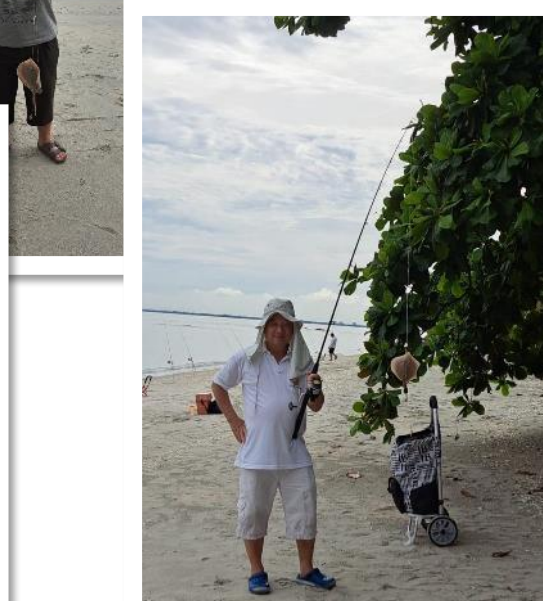
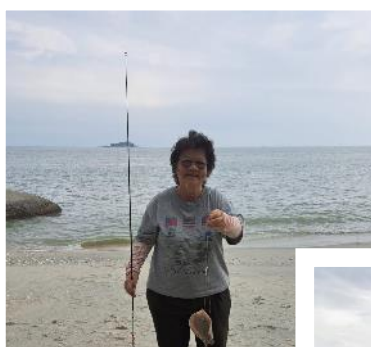


ANGLING SECTION

Committee Lineup

- Mr Loo Joo Aun, Chairman
- Mr. Devyn Khoo, H.Sec
- Mr Lawrence Low, H. Treasurer
- Mr. Lim Ewe Chai, Equipt. Officer
- Mr. Simon Ch'ng, Exp. Officer
- Mr. Tan Fung Liang, Comp. Officer
- Mr. Tho Yau Cheong, Recruit. Officer
- Mrs. Ann Ch'ng, Comm Member
- Ms. Helen Low, Comm. Member

Monsoon season is here again... despite continuous heavy rain, the fun fishing still continues, with some of them fishing with raincoats on. These Angling enthusiasts will never give up until they catch a fish!



Committee Lineup

Chairman Chin U Ng
Secretary Karen Thong
Treasurer Wei Khang Tan
Asst Treasurer Chin Leong Teh
Diving Officer Cheow Chien Geh
Membership Secretary Li Na Lee
Social Officer Cha'nelle Lim

Training Officer
Asst Training Officer
Equipment Officer
Asst Equipment Officer
Expedition Officer
Information Officer

Sulin Eow
 Jo Han Tan
 Soon Lee Teoh
 Kong Hooi Lai
 Annie Lim
 Kathryn Tan

**SEPTEMBER 2023 SCUBA SECTION**

(published 30th September 2023)

"The Mid Autumn Festival Gathering was a huge success. Special thanks to the Club President and members of the Main Committee who graced the gathering. Indeed a wonderful evening with great food, nice ambience and a fantastic time of fellowship. Thanks to the Organizing Committee, led by our Social Officer, none other than Ms Cha'nelle Lim.

The month of October kick-starts with some cleaning up at the Scuba Hub area - a gotong royong on 07/10/23. Followed by the Sports Diver Course which will begin on the 30th. "

Chairman - Chin U Ng

**Dive Leader Course**

SCUBA SECTION WEEKLY OPENING TIMES

Mondays : from 8.30pm

Wednesdays: 8.30pm

Saturdays: 9am

Closed on Public Holidays

Mid Autumn Festival Gathering



OCTOBER 2023 SCUBA SECTION

(published 31st October 2023)

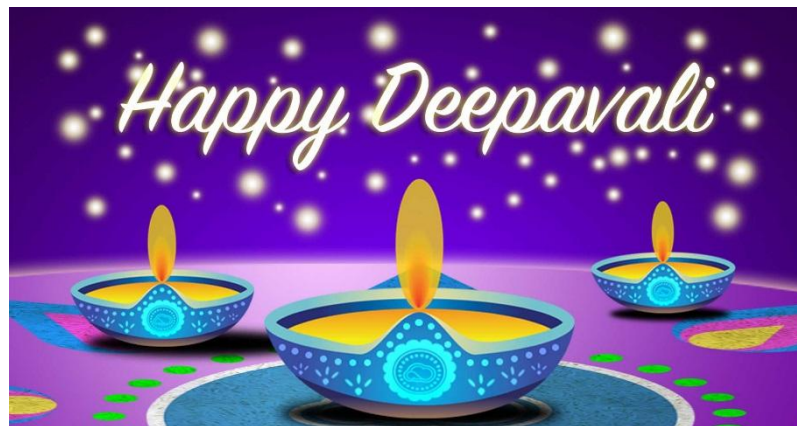


Chairman, Chin U Ng

"Wishing a Happy Deepavali to all our Section Members who are celebrating this Festival of Lights.

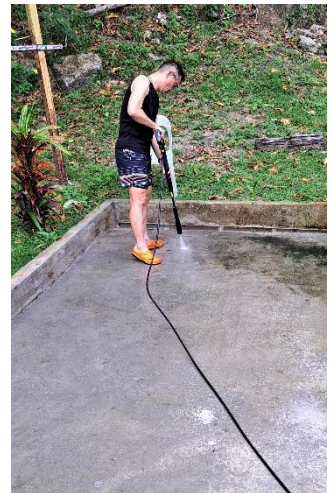
Special thanks goes to the Organisers of the recent gotong royong to clean-up the Beach near the Scuba Hub and the Hub itself. It was indeed a great time of cleaning and fellowship together with the volunteers from the Section. Thank you volunteers.

We are getting organised and officially broadcast our Trial Dives to PSC Club members with the help of the Club Management and MC. It was a great success as we drew many who came with interest. Definitely more of such events will be run in the near future to draw more members to our Section and introduce Scuba Diving to more Club members. A big thank you to our Instructors and budding Instructors who make this project possible."



Scuba Hub & Beach Clean-up / Gotong Royong





Solar panels installed - from a well-wisher

Refresher and Trial Dives



Sports Diver Course



NOVEMBER 2023 SCUBA SECTION

(published 30th November 2023)

"A Merry Christmas to all our Section members celebrating this festival. To others a happy holiday.

The Sports Diver Course is ongoing. A big turnout! Special thanks to our Diving Officer, Mr Geh Cheow Chien, the Training Officer, Ms Eow Sulin and our Team of Instructors and Dive Leaders. They have been spending much time in the Club to teach and train the next generation of divers. We have inherited this spirit from our predecessors who gave their all to promote the sport. Such generosity shall continue..."



Chairman, Chin U Ng



Sports Diver Course



SCUBA SECTION WEEKLY OPENING TIMES

Mondays : from 8.30pm

Wednesdays: 8.30pm

Saturdays: 9am

Closed on Public Holidays



Coming Events

No	Event	Registration
1	Refresher, Trial Dive (once/non-Scuba member, open to all Club members)	Contact Diving or Training Officer to book a slot
2	Dive Expedition to Indonesia, 24-29 th Jan 2024	Closed
3	Chinese New Year Dinner, February '24	To be announced
4	Scuba Carnival, April '24	To be announced
5	Scuba Section AGM, May '24	To be announced

All Club Members are welcome to join the Scuba Section, be it divers or non-divers of all ages. Please use the QR Scan Code here to register.

Trial dives for all Club members who are non Scuba Section members are available and so are refresher sessions for Section certified divers. Please refer to Contact Information below to book a slot.



CONTACT INFORMATION

1) Section email: bsac0225@gmail.com.

2) For Dive Courses, Training, Refresher & Trial Dive, please inform in advance (via WA messages only) :

Diving Officer: C C Geh @ 016-414 6329

Training Officer: Sulin @ 012-4890088

DANCE SPORT GROUP

Committee Lineup

- Catherine Choong, Convener
- Anne Teoh, Hon. Secretary
- Jennifer Cheah, Hon. Treasurer
- Chan Gim Choo, Committee Member
- Leang Soon Huat, Committee Member

TIMETABLE

SCHEDULE OF DANCE SPORT GROUP CLASSES

Updated : DECEMBER 2023

DAY	TIME	1 HR CLASSES/PRACTICE SESSIONS except where applicable	INSTRUCTOR	CLASS CO-ORDINATORS
MON	11.30am	INTERNATIONAL BALLROOM SOLO WORKSHOP	Mrs Chew	FOR SIGN UPS ONLY
	8.30pm	LATIN SOLO - BASIC & INTERMEDIATE	Colin Teng	Lee Hwei Ring
TUE	10.30am	BELLY DANCE	Zoe Tan	Billie Chua/Sandy Sim
WED	10.00am	LINE DANCE - INTERMEDIATE LEVEL**	JL Diong	Anne Teoh/Josephine Cheang
FRI	11.30am	LINE DANCE PRACTICE SESSION	N/A	Anne Teoh/Josephine Cheang
	8.30pm	BASIC BALLROOM	Mr & Mrs Chew	Eddy Tan
SAT	10.00am	LINE DANCE - BASIC LEVEL **	JL Diong	Anne Teoh/Anne Tan
SUN	3.45pm	BASIC LATIN & TECHNIQUE	Colin Teng	Eddy Tan/Sandy Sim
	5.00pm	LATIN INTERMEDIATE - COUPLE	Colin Teng	Chuah Li Sim
	7.30pm	BALLROOM INTERMEDIATE	Mr & Mrs Chew	Richard Chung

NOTE: LINE DANCE CLASSES ARE ONE AND A HALF HOURS **

PLEASE NOTE THAT PRACTICE SESSIONS ARE AVAILABLE FOR STUDENTS TO PRACTISE THEIR DANCES.

THE INTERNATIONAL BALLROOM SOLO SESSIONS HAVE ENDED FOR THIS YEAR. DO WATCH OUT FOR NEXT YEARS' SESSIONS!

FOR FURTHER DETAILS, PLEASE INQUIRE AT THE RECEPTION.

“The job of feet is walking, but their hobby is dancing.”

Amit Kalantri

NEW INSTRUCTOR AND FORMAT FOR LINE DANCE CLASSES!!

We are pleased to announce that Ms. JL Diong will be our new Line Dance Instructor.

The classes are now split into

- 1) Basic on Saturdays – for new learners and those who want to take it easy
- 2) Intermediate on Wednesdays – for experienced dancers and those who want to improve further.

COSPLAY – PSC's ANNUAL LINE DANCE JAM on 23rd September 2023

PSC's Annual Line Dance Jam went smoothly, thanks to the organising committee. Members, guests and our affiliated club, the Royal Selangor Club's Dance Sport members, danced the night away from 4pm until the last dance!

Everyone came in their best costumes and all looked great. There was also lots of food from the sumptuous tea time snacks to dinner to provide everyone with energy to dance the night away!



The Organising Committee



PSC Group photo



At the photo booth



Having fun on the dance floor



Group photo of ALL attendees!

BLOSSOMS & BLOOMS – DSG's THEME NIGHT ON 25th NOVEMBER 2023



The evening started off with dancing, food, performances and more dancing to various dance genres (waltz, latin, line dance, disco, rock & roll etc) The event was 100% fully booked and held in a most beautifully decorated hall.

It was an eventful night with

1) A historical first ever.... TWO International Ballroom Solo Showcases "Que Sera Sera" & "The Lovers' Mountain" by our ballroom solo students who only started learning this new dance genre for the past 3 to 6 months, under our DSG International Ballroom instructor, Mrs Chew.

2) A Latin Solo showcase "The Promise" was performed by our DSG Latin instructor, Mr Colin Teng and our DSG Latin Solo students, both new and experienced. The audience was mesmerised by their amazing performances, choreographies and special effects! A big thank you to all the performers and their instructors for their hard work, dedication and determination. They have raised the bar to the highest! DSG is certainly very proud of their achievements.

A tribute to ex- DSG Committee members, the late Mr Stanley Fong and the late Dr Tan Kim Hor was also held for their extraordinarily long years of service to the Group . A slideshow showing their long service in the Dance Sport Group with a tribute dance by their fellow ballroom students to both their favourite songs were memorable.

We would like to thank all for their support for this event and we hope to see you all again in April 2024 or even in our classes!



BLOSSOMS & BLOOMS – DSG's THEME NIGHT ON 25th NOVEMBER 2023



BLOSSOMS & BLOOMS – DSG's THEME NIGHT ON 25th NOVEMBER 2023

Tribute Dance to the late Mr Stanley Fong and Dr Tan Kim Hor



Everyone having FUN



DSG SOCIAL CALENDAR

1. GRAND THEME NIGHT – 20th April 2024
2. DSG ANNUAL GENERAL MEETING – 11th MAY 2024

THE AEROBICS GROUP YEAR-END BASH 2023 AQUA ZUMBA SUNSET PARTY

To celebrate a year gone by, the Aerobics Group held their Year-end party on Saturday 18 th November. We started the evening with an hour of Aqua Zumba at the pool. A group of 25 people splashed and sashayed at the shallow end of the pool to the accompaniment of upbeat Latin tunes blaring in the background. Our Zumba instructor jumped, kicked and danced in a fine display of choreography. After an intense vigorous workout, everyone proceeded to the Marina Deck where a super yummy buffet spread and 2 action stalls of Char Koay Teow and Ice Kacang awaited them.

The members have been exercising hard the whole year, what better way to wrap it up than with food, booze and more Zumba dance. An Aerobics Group party would not be complete without some dancing. As we roll towards end of 2023 and bid another year farewell, we would like to wish everyone a very Merry Christmas and a Happy New Year for 2024.





SNAKE TEMPLE



After a hiatus of more than four years, our iconic Snake Temple has reopened its doors, and this time, it comes bearing a delectable surprise – a café operated by Acupaday, which introduces a fascinating culinary journey that extends from breakfast to the close of day.

Members are in for a treat as the menu boasts an array of culinary delights inspired by both local traditions and international flavours.

As the day progresses, the menu continues to captivate with an eclectic mix of appetizers, main courses, and desserts. What sets Snake Temple apart is its commitment to providing a culinary haven throughout the day. Whether you're craving a leisurely breakfast, a quick lunch bite, or a relaxing dinner, Snake Temple has you covered. This extended availability ensures that members can savour the culinary delights at their own pace, making Snake Temple a versatile and inviting destination.

No café experience is complete without exceptional coffee, and the Snake Temple rises to the occasion. From robust espresso shots to silky lattes, Snake Temple invites you to indulge in your senses and explore new flavours.

The serene setting of the Snake Temple provides the perfect backdrop for patrons to sip their coffee slowly, appreciating the unique blend of tranquillity and the sea breeze that the Snake Temple and its surroundings offer.

See you at Snake Temple!





In loving memory of

MDM. TAN SIEW HOON

March 27, 1946 - October 12, 2023

MEMBER SINCE: OCT 1994

MAIN COMMITTEE

2000 ~ 2002

2006 ~ 2008

Deepest Sympathies & Condolences to the family.

May her soul rest in peace.

THE MANAGEMENT, PENANG SWIMMING CLUB



In loving memory of

MR. TANG KHYE KIAN

April 4, 1955 - October 21, 2023

MEMBER SINCE: OCT 1986

DISCIPLINARY COMMITTEE

2002 ~ 2005

2008 ~ 2009

Deepest Sympathies & Condolences to the family.

May his soul rest in peace.

THE MANAGEMENT, PENANG SWIMMING CLUB



Dear member's,

Broadcast WhatsApp number
+6011-2524 6065.

Members who saves this number in their contact list
will be able to conveniently receive latest news,
promotions and updates from the club via WhatsApp.

Thank you

From
PSC Management



Scan QR code to register PSC number in your mobile phone.

CLUB GOVERNANCE & INFORMATION

PENANG SWIMMING CLUB

517, Tanjung Bungah, 11200 Penang
Tel: 04-890 7370 Fax: 04-890 3271
E-mail: info@penangswimmingclub.com
www.penangswimmingclub.com

ADMINISTRATION OFFICE

Operating Hours
Monday- Friday (9.00am -6.00pm)
Saturday & Sunday and Public Holidays (Closed)

PATRON

Tuan Yang Terutama
Tun Dato' Seri Utama Ahmad Fuzi Bin Haji Abdul Razak
S.M.N., P.S.M., D.U.P.N., S.P.D.K., D.S.L.J. (Brunei), D.M.P.N.,
J.S.M., A.M.N.
Yang Di-Pertua Negeri Pulau Pinang

TRUSTEES

Y. Bhg. Dato' Seri Nazir Arif! Bin Mushir Ariff
D.G.P.N., D.M.P.N., D.S.P.N., P.K.T., P.J.M., J.P.

Y.Bhg. Dato' Seri Mahinder Singh Dulku
D.S.P.N., P.K.T.

Dr. Ronnie Ooi Oon Seng
PJK, JP

GROUPS

AEROBICS:	DANCE SPORT:
Mariam Harvey	Catherine Choong Siew Yin
DARTS:	KARAOKE:
Anthony D. Morley	Allan Cheah
SQUASH / RACQUETBALL:	TAEKWONDO:
Lim Theam Hock	Yong Yik Pheng
TAI CHI:	TENNIS:
Wang Chee Seng	Foo Phaik Lian
YOGA:	
Clara Ooi Swee Har	

ELECTION COMMITTEE

Committee Member : Freddie McGuire
Eric Lew
Hardavinder Singh
Rachel Tan
Cheah Lim Boon Keong
Tan Suan See

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Chairman : Balachandran Mahensan
Committee Members : Dato Ajit Singh
Lim Kean Beng
Maanveer Singh
Ramsun Ho Chii Huey

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Committee Members : Tho Lai Teng
Ong Chin Lee
Eric Chong San Dee
Toh Kai Swee

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Committee Members : Dato Dr. Marina
Colin Chan
Daniel Lim
Management : Roy Buma
Agnes Leow
Eddy Tan

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Finance Manager :	Vacant
Admin Manager :	Agnes Leow
Facilities Manager :	Mahendra Kumar Kanapathy
F&B Consultant :	Zakaria Bin Bakar
Maintenance Officer :	Mohd Aizat
Chief Security Officer :	Mohd Haikal

CLUB GOVERNANCE & INFORMATION

SECTIONS	
ANGLING:	SAILING:
Loo Joo Aun	Scott Ong Chen Min
SCUBA:	SWIMMING:
Ng Chin U	Tan Hui Fang

SUB-COMMITTEES	
F&B & Event:	Maintenance & Security:
Chairman:	Chairman:
Committee Member:	Committee Member:
Jonathan Ooi	Paul Stripp & Captain Khor
Cheam Tow Yong	Captain Khor Bean Tatt
Paul Stripp	Jonathan Ooi
Christine Cheah	
CK Loke	
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Chairman:	Chairman:
Committee Member:	Committee Member:
Dato' Sri Dr. Lee Ville	Yap Soon Hin
Dato Ajit Singh	Dato' YB Loh
Cheam Tow Yong	Cheam Tow Yong
	Prem Jitindar Singh
IT:	Library:
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Committee Members:	Committee Members:
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Michael Cheong	Dr. Mary Ann
Charles Tang	Daniel Lim
Ong Chee Yi	
Rainer Tischler	
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Committee Members:	
Cheam Tow Yong	
Dato Sri Dr. Lee Ville	
Rocky Cheang	

Opinions & views expressed in this issue do not necessarily reflect those of the Committee and the Editorial Board. The Editorial Board reserves the right to reject or edit any contribution to the Newsletter. Articles, extracts, and notes published in this newsletter are strictly for members and not for public circulation.

Malaysia

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www.kobeclub.org

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www.kcc.org.hk

Ladies Recreation Club
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www.lrc.com.hk

Hong Kong Football Club
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www.hkfc.com.hk

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www.colomboclub.lk

UNITED STATES

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front-office@thepacificclub.org
www.thepacificclub.org

The Columbia Club, Indianapolis
frontdeskres@Columbia-club.org
www.Columbia-club.org



PSC Games Room located in Old Wing!

(2nd floor @The Captain Deck)

For more info, please contact **04 - 890 9976**

Business hours:

SUN - FRI

12PM - 2AM

**SAT & EVE OF
PUBLIC HOLIDAY**

12PM - 3AM

**WE'RE
HERE!**



DREAMGATE (MALAYSIA) SDN. BHD. (415557-A)
(199701000061)

517, Jalan Tanjung Bungah, 11200
Tanjung Bungah Penang

04-8907370
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info@penangswimmingclub.com