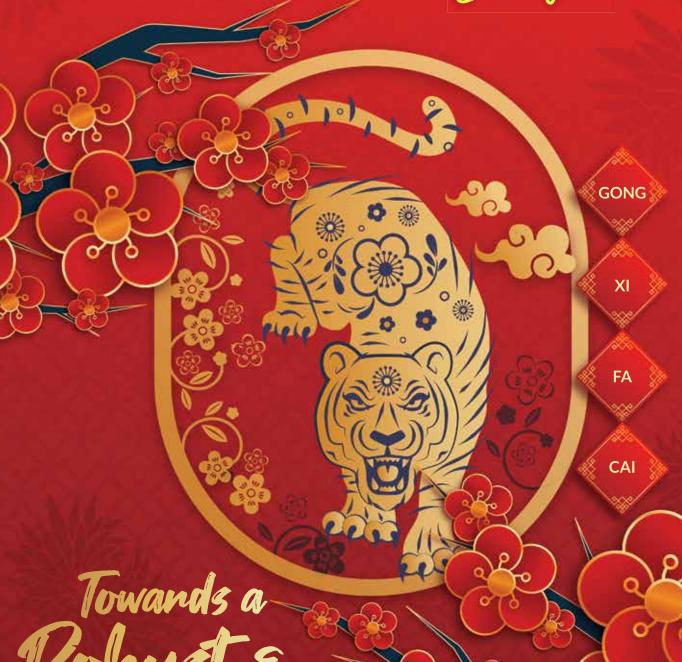
THENAUTILUS live life!





Towards a Robust & Robust & Wean Ahead



PENANG SWIMMING CLUB

517, Tanjung Bungah, 11200 Penang Tel: 04-890 7370 Fax: 04-890 3271 E-mail: info@penangswimmingClub.com www.penangswimmingClub.com

ADMINISTRATION OFFICE

Operating Hours

Monday - Friday (9.00am - 6.00pm) Saturday (9.00am - 1.00pm)

Sunday (Closed)

PATRON

TUN DATO' SERI UTAMA AHMAD FUZI BIN HAJI ABDUL RAZAK S.M.N, P.S.M, D.U.P.N, D.S.L.J (Brunei), D.M.P.N, D.S.P.N, J.S.M, A.M.N

TRUSTEES

Y. Bhg. Dato' Seri Nazir Ariff Bin Mushir Ariff. D.G.P.N., D.M.P.N., D.S.P.N., P.K.T., P.J.M., J.P.

Y. Bhg. Dato' Seri Mahinder Singh Dulku, D.S.P.N., P.K.T.

Dato' Loh Yeow Boo D.M.P.N.

CLUB MANAGEMENT

General Manager : Ramis Chandran Finance Manager Adrian Low Admin Executive Ann Tan

: Mohd Haikal Bin Abdullah Chief Security Officer

Food & Beverage Executive : Chin Chew Men Maintenance Officer Muhammad Aizat Bin Muhammad Ihwal

SECTIONS

ANGLING: SAILING:

Lawrence Low Kheng Pheng Terry Lim Teong Kheng SWIMMING: SCUBA: Teh Chin Leong Tan Hui Fana

GROUPS

AEROBICS: DANCE SPORT:

Josephine Goh Catherine Choong Siew Yin

KARAOKE: DARTS: Molly Lim Lay Looi Eric Lew Woo Sang TAEKWONDO: SQUASH / RACQUETBALL: Iain Pickett Dr. Eric De Smet TAI CHI: TENNIS:

Colin Yu Chang Boon Victor Wong Kam Kien

YOGA: YOUTH:

Clara Ooi Swee Har John Tan Choon Yee

MAIN COMMITTEE 2020 / 2021

President : Najieb Ariff Bin Nazir Ariff

Vice President Ng Chin-U Honorary Secretary Chew Saw Hoon Honorary Treasurer Lee Chee Lin, P.K.T., P.J.K. Club Captain : Hardavinder Singh

> Lim Khoon Seng (Resigned on 24 October 2021)

Yap Soon Hin (Joined on 27 October 2021)

Lee Aun Tiang

Michael Cheong Zhi Xian Charles Tang Chin Hock

Lee Soo Ann

Dato' Dr. Vasan Sinnadurai Jessie Chin Sze San (Retired on 30 December 2021 pursuant to Rule 24(j))

ELECTION COMMITTEE

Committee Members

Richard Chung Chok Yin Valerie Chuah Tet Cheng Khor Siang Tatt Dr. Tan Kim Hor Low Mei Lena Joyce Tan Seow Kuen

DISCIPLINARY COMMITTEE

Chairman : Heah Wee Theng, John

Committee Members : Ho Chii Huey, Ramsun Dato' Baldev Singh Bhar

> Dato' Diljit Singh Dulku, D.S.P.N.,D.J.N., P.K.T., P.J.M. Tan Hooi Choo

DEVELOPMENT COMMITTEE

Chairman : John Tan Choon Yee

Committee Members : Eric Chong San Dee Ong Chin Lee

Scott Ong Chen Min Tho Lai Teng

Lim Cheng Suan

Terry Ong Liang Kheng

LIBRARY COMMITTEE

Chairperson : Charles Tang Chin Hock

Library Committee : Michael Cheong Zhi Xian Members Dr. Yoon Chee Kin

Neil Hamilton Dr. Pamela Jean Sharpe Lee Chee Lin. P.K.T., P.J.K. Dr. Lim Shueh Lin

EDITORIAL BOARD

Editor Chew Saw Hoon

Najieb Ariff Bin Nazir Ariff Advisor

Committee Members Charles Tang Chin Hock

Ramis Chandran, Adelyn Chew, Management

General Manager Admin Office

Ann Tan, Admin Éxecutive

Opinions and views expressed in this issue do not necessarily reflect those of the Committee and the Editorial Board. The Editorial Board reserves the right to reject or edit any contribution to this Newsletter. Articles, extracts and notes published in this Newsletter are strictly for Members and not for public circulation.

CONTENTS



Announcements

Scuba News



Swimmina News

Karaoke News

15

Club Happenings



Sailing News



Yoga News



Calendar of Events

16



PRESIDENT'S **MESSAGE:**

We welcome 2022 with the hope of better times ahead.

2021 is over and we welcome 2022 with the hope of better times ahead. I trust that Members had a safe and joyful start to the new year. The end of 2021 saw the reopening of the Club on 9 October 2021, as our facilities were gradually reopened, activities began to be organized again, and groups and sections started to get together once more. In terms of Club events, I'm pleased that Members signed up for the Christmas Tree Light Up event so enthusiastically and I hope that everyone who attended had a great time.

As more and more sectors continue to open up, this marks an exciting and optimistic time for us all as we make our way back towards a new normal. At the same time though, it's of great importance that we continue to always remain vigilant. I'd like to remind all Members to follow MKN SOPs at all times so that we can continue to ensure that the Club continues to be a safe and welcoming environment for Members and our families, as well as the Club Staff.

I hope that you will continue to support The Captain's Restaurant by dining in or getting food to go whenever you can, as well as taking advantage of its various festive occasion promotions and set menus.

In particular, The Captain's Restaurant will have a month-long Chinese New Year Menu from 15 January 2022 to 15 February 2022. On that note, I'd also like to wish a Happy Chinese New Year to all Members! May the Year of the Tiger mark a strong and successful year ahead.

The next AGM and election is also coming soon on 13 March 2022. I'm looking forward to seeing Members in person and to report on the work of our Committee for this term. I trust that you will continue to do what's best for the Club and will continue to support the next Committee as you have supported ours.

Take care and stay safe and healthy!

Najieb Ariff President

EDITOR'S MESSAGE

Positive anything is better than negative nothing.

- Elbert Hubbard



Happy New Year!

Out of the entire year, New Year's Day is the day most of us feel that we are on the verge of discovering the best of ourselves. It signifies new hope, new adventures. We make resolutions that we hope will help us do better and prosper in the months to come; it gives us an opportunity to renew our eagerness to chase our goals and dreams. No doubt Covid has brought a lot of uncertainty, endless stress and worry to us. The holidays that we are afraid to take, the family get-togethers that we suddenly don't feel all that safe to attend. It has also robbed many lives, taken our livelihood and our freedom. It is difficult not to be worn down by it all.

But we can't change the past.

This New Year, perhaps more than any other year, we need to harness those feelings of positivity, because they are imperative if we want to give ourselves a much-needed push. We need to stay positive. Of course, with things as difficult as they are now, it may seem a daunting task, but a negative mindset is only

going to hold us back. We accept that things will go wrong (and they will), but there's every chance a great deal of things will go right too. We will move forward again, and we will come out stronger. Let's make this year ours!

So go ahead and do what you love. And do it often! If you don't like something, change it. Live your dreams and share your passions. Build memories with your family and your friends. Love life and enjoy every moment of it, all emotions are beautiful.

Here's to making more cherished memories for 2022!

Wishing you love, laughter and endless joy!



Chew Saw Hoon **Editor**



MESSAGE

I would like to thank Members for their patience with all the necessarily imposed restrictions within the Club and for your support.

As we bid farewell to a Covid-troubled 2021, we can only hope and pray for a brighter 2022 and a lessening of problems and restrictions caused by the seemingly endless pandemic. Even a transition into an endemic state will be greeted as a possible sign of the "beginning of the end" of Covid.

The pandemic and continued Government announcements and restrictions since March 2020 have been hard on everyone—physically, mentally and emotionally. For businesses, the financial impact has been unprecedented and, in that respect, the Club has not been spared. However, I would like to thank Members for their patience with all the necessarily imposed restrictions within the Club, and for your support, understanding and frequent words of encouragement, in helping us "fight the fight" to keep the Club, and members therein, safe.

The "season to be jolly" has now just passed, but I do take this opportunity to wish Members a belated Happy New Year, not forgetting (a slightly premature) Gong Xi Fa Cai for the upcoming Chinese New Year. With the gradual slight easing of social restrictions by the authorities, we can hope for a CNY with celebrations resembling those of pre-pandemic years past.

I am extremely pleased to announce that we have resumed our weekend live band performances at the Clubhouse. These feature Classic Sparkle every Friday, Face to Face every Saturday and VF Band every Sunday. The initial reaction from Members is very supportive, and we hope that attendance at these live performances will continue to improve.

In the weeks leading up to the closure of 2021, there were two changes within Club management. We welcomed on board Adrian Low Kien Onn (Finance Manager), and congratulate Chin Chew Men on her promotion to Food & Beverage Executive. They are both experienced in their respective fields, and I would ask members to give them their full support.

We have planned a multitude of events for 2022, with the aforementioned Chinese New Year Celebration scheduled for 12 February 2022. Barring unforeseen circumstances, we are planning this CNY celebration as the "flagship" event to kick off, what we hope will be a good 2022 for PSC.

We look forward to Members' participation at these events.

Ramis Chandran General Manager

ELECTION OF NEW MEMBERS

OTM & AM 18 NOVEMBER 2021



Albert Lim Wee Tap & Chan Hwai Min



Chan Ching Tsai, Cummings & Chan See Chong



Kenneth Tan Teong Keen & Elaine Yip Mun Ching



Chong Su Min & Chuah Say Yang



Chia Ying Fung & Tan Shen Joon



Teh Lay Bee & Chan Teik Cheong



Ashling Yu Ming Geh & Peter James Warnes



Oh Beng Oon & Yeoh Pit Ping



Yap Ee Rou



Chew Pang Sing



Yeoh Guan Ghee



Wong Chin Kee



Tan Yi Chin



Paul William Gardiner



Woon Sze Yun



Wee Chong Yue

07 DECEMBER 2021 OTM & AM



Teh Phoey Lee Heard & Peter John Heard



Manrou Ong & Roger Yeoh Khoon Beng



Lim Tai Thong & Su Peng



Chu Keet Peng & Danny Lau Teng Gin



Yeap Gaik Bin & Teoh Chiu Chong, Vincent



Dr. Yumi Yoshioka &



Chan Choy Ling & Dr. Jason Tye Kong-Chiang Lim Wei Koon, Raymond



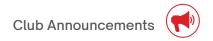
Guo YiTian & Hng Zhi Hao



Yee Sin Foong & Ang Main Wei



Grace Lim Wei Wen & Koay Teng Leong



OTM & AM 07 DECEMBER 2021



Caroline Teoh Sheu Siew & Chong Chun Shiong



Lee Wei Koon



Eu Teik Chye



Che Noriah Abdullah



Cassandra Chew Mae Chuin



Chan Yin Yin

MEMBERSHIP STATISTICS

Membership Figures As At 30 November 2021

TYPE OF MEMBERSHIP	ACTIVE	ABSENT	TOTAL
Patron / Hon. Members	19	0	19
Ordinary Transferable Members - Pending for Election (Normal Transfer) - Pending for Election (JM Conversion)	4668 90 33	687	5478
Ordinary Members	0	2	2
Unattached Lady Members	1	1	2
Term Members - Pending for Election (JM Conversion)	0	0	0
Junior Members - Pending for Election	219 54	44	317
Associate Members - Pending for Election	1944 50	144	2138
TOTAL	7078	878	7956

OUTLET **CLOSURE**

Dear Members,

In conjunction with the Chinese New Year, kindly be informed that the following will be closed on 31 January 2022 (Monday) and 1 February 2022 (Tuesday) respectively.

Captain's Restaurant • 12 noon to 10.00 pm

Library • 9.30 am to 9.00 pm

Normal operations will resume on 2 February 2022. We would like to wish all our members a very Happy and Prosperous Chinese New Year. Stay Safe and Stay Healthy.





On 17 December 2021, The Penang Swimming Club held its 9th Christmas Tree Light Up at the Club House, marking the beginning of the Christmas celebration. Members and their children were served with light refreshments and snacks.

Our President, Mr. Najieb Ariff, kicked off the event with a speech in which he thanked everyone for coming out and participating. The event was limited to 50 Members due to the Covid-19 pandemic and everyone was instructed to follow the MKN SOPs. Entertainment at The Christmas Tree Light Up was provided by 8 Members: David Lee and friends brightened the evening with Christmas carols.

Santa Claus also made an appearance towards the end of the programme, distributing candies to children and adults alike. Members and their children happily had their photographs taken with Santa at the large Christmas tree to cap off an enjoyable evening.



















12 February 2022 (Saturday) 7.30pm at Seafront Area

Enjoy a fun evening and watch the performances at our Chinese New Year celebration.

Lion Dance Blessing starts at 6.00pm at the Tower Block.

Per member and per child

Aged 13 and above

RM20.00+

Aged 7 to 12

RM10.00+

Aged 6 and below

Free of charge

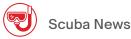
Open to all members and children only. The cost is inclusive of dinner and orange cordial. Please register at the Reception at Level 6.

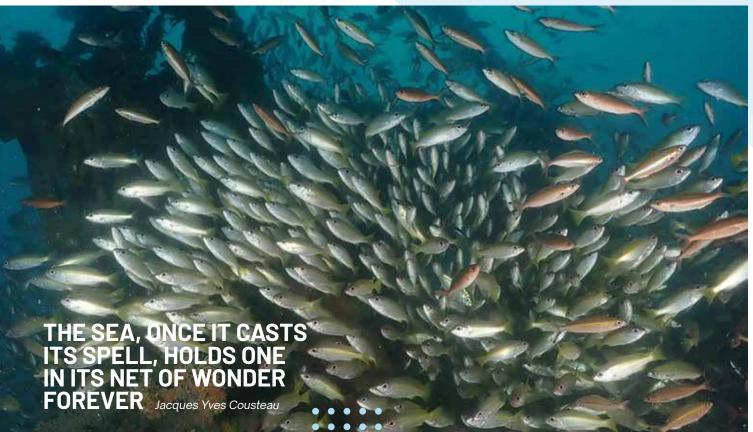
Members who register, but fail to turn up will be billed at full cost accordingly.

Closing Date: 5 February 2022 (limited to 100 pax only)

This event is subject to MKN SOPs.









Contributed by: Kathryn Tan Suan See

It has been a while since you last heard from us. Here is a bumper issue, ermm ... report.

Divers-in-training go places! Pulau Perhentian, here we come, 28 April 2021 to 2 May 2021. Sorry, qualified divers, you have to wait for the next trip. You need a password to cross the border these days. "Open Sesame" does not work. "Diving Assessment". Yes!

A large contingent of 31 from BSAC 0225, comprising Instructors, Trainers, Ocean Divers, Sports Divers and Dive Leaders travelled to the East Coast for their Open Water Assessment.

Let us hear from them ...

Diving Officer – This was a great group of students, everything went well. No incidents. Safe diving. Diving in the day, formal debriefing and feedback sessions for the three groups in the evenings under three different Instructors and assisted by trainers. This format works well.

Lead Instructor – A very well organised and well-run dive trip, one of the best so far. A good team of passionate and committed trainers who worked tirelessly. Having three groups of students of different levels in one trip was good for it provided an opportunity for everyone to learn much from others of the same or different levels. All the students passed. A long 5-day trip gave the student divers a chance to repeat any qualifying dives where necessary and to fulfil all the requirements. Last but not least, good cheerleaders in the group brightened the atmosphere and brought out the fun and laughter.

Instructor – Good, good, very good. The best. The first time three groups were tested in a trip. They shared information and helped one another. Food outlets outside were closed but we brought with us our essentials. Guess what? We had many merry evenings with drinks, singing, dancing and fun.

Daphne – It was an unforgettable and fun trip. Everyone had a mission to complete, Really a good experience to have had the opportunity to lead two dives at a new dive site together with the Instructor and students.

Kar Jin – It was a great experience participating in the trip where three categories of students were having the open water assessment at the same time. The sharing of experiences among different levels of participants was definitely an exceptional way of learning. The enthusiasm and passion for teaching and learning of underwater skills and experiences were truly felt the whole time. A huge thanks to the Instructors and trainers for making the trip a successful and fun-filled one.

Pauline – The whole trip was definitely filled with fun and laughter because of the people in the trip. And for that, I am grateful to have









been in the course with all these wonderful people. As for diving, I remember the dive at the shipwreck. The whole scene was surreal and even tragic. The appeal was not the colour of the corals or the bright fishes, but, rather the lack of it. A shoal of fishes swam around us and the wreck, like it was paying tribute to the tragedy.

Voon - Amazing! The trip, the people, the dives. The trainers were very helpful. Together with the Instructors, they unreservedly and generously shared with us their skills and knowledge and most importantly took care of our safety. Impressed. The dives were enjoyable and the underwater scene looked like a galaxy.

Mathangi – Will want to dive again. It brought to me an appreciation of corals, having seen dead ones on the beach and that those in the sea have lost their colour.

I was hoping to hear some juicy comments but none came. But a little bird told me ... that someone (you know who ...) mistakenly brought a bottle of tonic coconut oil instead of a bottle of fermented grape juice, the one you use to give a Happy Birthday toast. Shhh. A drone could not be saved and crashed into a fence. Shhh. Alas, someone left behind her undergarment at the dive centre. Shhh. Worse is forgetting to bring your swimwear to wear under the dive suit when no one sells swimwear on the island.

Jokes aside, the Committee is at work for you. This year is our 55th anniversary. A big event and gift are on the drawing board. Advanced Diver and Nitrox classes are in the pipeline. There are online classes for certain Dive courses. Also, an ongoing webinar with BSAC Headquarters for ways to serve our faithful members better. At this point, a reminder to renew your BSAC membership online without going through the Club. If you have any questions, please ask our Membership Secretary for assistance.

The Scuba Section AGM could not be held as scheduled on 15 May 2021. Stay tuned for updates. By the time you read this, the AGM would have come and gone. Our Chairman is pleased that it was a productive year, and much was carried out, especially the successful running of Dive Courses at three levels within a short period from September 2020 to April 2021 amidst restrictions upon restrictions. Moving on ... to more diving activities.

From October 2021, the Section is up and running again. Refresher courses and fixing the buoys in collaboration with the Sailing Section are two activities to welcome us back.











ANNUAL GENERAL MEETING

On 24 April 2021, Members of the sailing section came together just before the MCO 3.0 to meet and greet other fellow Members during the AGM dinner.

As is tradition, the night began with a short speech by the Commodore Terry Lim and the adoption of the previous AGM minutes.

The 12 Committee members were nominated and duly elected by the majority of members who were present and entitled to vote.

The section committee for the year of 2021/2022 is:

Commodore : Terry Lim Vice Commodore : Scott Ong : Charlie Tho Hon. Secretary : Lee Kar Jin Treasurer Bosun : Carl Smith F&B Cordinator : Jeannie Han **Publicity Officer** : Chanelle Lim Sail Rep : Jaslyn Yeoh Powerboat Rep : Sebastian Lee Paddle Rep : Tan Wei Han Water Ski Rep : Cynthia Lee







SELAMAT HARI RAYA!

OD May 2020

The sailing section would like to express their grafitant to all the boatoren. Basin Known & Niegar has been expersely helpful when sailing and boating is concerned. They are always there and willing to put in the expa hones when boators are stranged and a rescue reission is needed. During the weekend, when the beach is range their all effectively. West irreportantly, when you launch a coast four the clubs you know you are in good bands.

Well fore and keep it up goess!



VIMMING SECTION

Contributed by: Moira Toh

Time has passed so quickly! This report covers the time span from February 2021 to October 2021!

Back in February 2021, everyone was happy that they could resume swimming again when the pools started reopening after 22 February 2021. Many were wary and cautious at first but swimming and training went into full swing in early March 2021.

The younger swimmers in training had "lost" about 2 months of training and with the uncertainty of the Covid 19 pandemic, the coaches and parents sought to motivate younger swimmers back into form. The masters swimmers in the meantime welcomed 2 new "recruits" - Mary and Ee Lin.

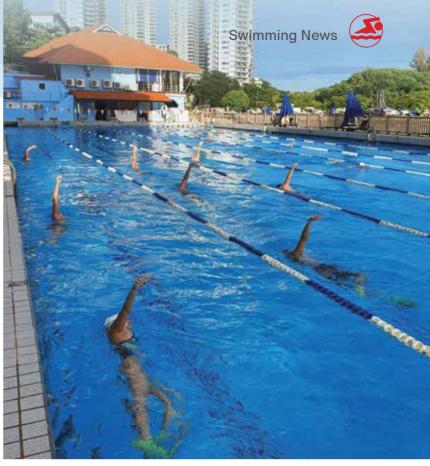
Some training schedules were reshuffled to better cater to the swimmers in training as everyone adapts to the "new norm".

However, just as swimming and training were getting back to normal, the Movement Control Order had to be imposed again from 10 May 2021 with the Full Movement Control Order being imposed from 1 June 2021 where pools and other activities and the economy had to close yet again to battle the Covid 19 pandemic. The reopening of the economy was to be done in phases.

Our 2 dedicated coaches - Coach Heng and Coach Dickson swiftly organised dryland training sessions from 10 May 2021 from Monday to Saturday to keep the swimmers-in-training fit and motivated. With better understanding and preparation due to the recurring MCO - the coaches planned and coached a variety of dryland exercises such as upper body training program, core and legs training program, cardio (that included skipping rope), stretching and sharing sessions (Q & A) and full body workouts. Weights were also used during training.

The Club's pool reopened in September 2021 when it was allowed. The Swimming Section Committee has decided







to resume pool training subject to standard operating procedures commencing from 1 November 2021. When Penang entered Phase 4, swimming training was opened to all age groups from 15 November 2021 onwards (subject to SOP).

Amidst the lockdown, there was some good news in early October 2021 for our young swimmers when several of them were selected to represent Penang State to compete in eMSSM namely, Loh Ming Hang (Boys under 18 years old), Regina Cheong and Ler Yun Ying (Girls under 18 years old) and Yeoh Yun Xuan (Girls 12 years old & under).

Our Coach Tan Choo Heng was awarded a "Coaching Excellence Acknowledgement" under the Aquatics category from the Majlis Sukan Negeri Pulau Pinang on 22 November 2021. Excellent coaches produce excellent students/disciples!!

Some food for thought by Esther Williams (who was a successful swimmer and later a popular actress) on swimming that helped her develop character and success in swimming and her career and life: "Somehow I kept my head above water. I relied on the discipline, character, and strength that I had started to develop as that little girl in her first swimming pool."

Stay vigilant and safe everyone!





DANCE SPORT GROUP

Contributed by: Leang Soon Huat





Depending on how one chooses to look at the situation, 2021 has turned out to be an eventful/non-eventful year. The Covid-19 pandemic has caused classes to be stopped, and then resumed, and later stopped again. Some dance classes had to be rescheduled because of tighter Movement Control Order (MCO) requirements which specified all activities could only be carried out until 10 pm.

Amidst the constantly-changing Covid-19 situation, the Dance Sport Group Committee of 2020-2021 decided to hold our AGM on 8 May 2021. (It was most fortuitous that the AGM was held on that day because Daerah Timur Laut (where Penang Swimming Club is located) was one of the three districts in Penang that were to be under MCO from 10 May 2021 onwards, and the whole country came under MCO 2 days later!)

The Dance Sport Group AGM started at 11.30 a.m. on 8 May 2021 at the Multi-Purpose Hall. A total of 42 Members (31 Full Members, 11 Social Members) attended the meeting. Considering that Covid-19 cases were still rising in Penang and Malaysia, it was heartening to note that 42 Members still showed up to attend the meeting.

The meeting proceeded very smoothly, taking slightly less than an hour for all matters to be discussed and decided upon.

Dance Sport Group would like to express our thanks and appreciation for a job well done by the outgoing Committee, and at the same time warmly welcome the incoming Committee.

The outgoing and incoming Committee members are as follows:

OUTGOING COMMITTEE INCOMING COMMITTEE

Convenor	Stanley Fong	Catherine Choong
Hon. Secretary	Catherine Choong	Evelyn Chuan
Hon. Treasurer	Ewe Siew Joo	Leang Soon Huat
Committee Members	Ivee Lee, Susie Cheah, Josephine Cheang, Chin Le Na, Chuah Li Sim, Leang Soon Huat	Ewe Siew Joo, Anne Teoh, April Choo, Chua Bee Lee, Georges Joseph Menard, Yim Poh Yin





Contributed by: Ismail Baba

The Karaoke Group once again was able to organize a Social Gathering event on 27 Nov 2021 after a long break of social isolation due to Covid-19. The main menu for the event was Nasi Lemak with deep-fried chicken, Asam prawns, Curry fish fillet, Ikan Bilis, peanut sambal, and cucumber. The Karaoke Group was delighted to welcome Chew Saw Hoon, the Honorary Secretary, along with other main committee Members of the Penang Swimming Club to bless the enchanting and pleasant event. About 100 members came and all were stylishly dressed to add more flavor to the occasion. Saito Yuzu Hikari, Saito Karakuchi, and Saito Kabakuchi were given away as the lucky draw prizes for the night. A pleasant surprise came when K H Chan (ex-president) generously donated two bottles of red wine for the best-dressed male and female participants. Congratulations to Ismail and Kimmie respectively. Other interesting games were also initiated to keep Members entertained throughout the evening such as open singing, sing-along, and birthday batch. Thank you to all the participants for making the evening a truly awesome evening and for keeping the SOP with regards to social distancing. Special thanks to GM and his team- Ann, Mun, Ismail, Musri, Yanti, and many others for putting up a magnificent décor for the event. The Karaoke group also would like to thank Jef Tan for providing the video clips for the evening and also a million thanks to the Convenor and his team of karaoke committee Members.











CALENDAR OF EVENTS

January - March 2022

JANUARY

JAN 7

Aerobic Group - AGM & Dinner

(b) 6.30pm

JAN 8 Tai Chi Group -Pre CNY Dinner

MPH 2

(7.00pm

JAN 9 Scuba Section - AGM & Dinner

MPH 1

(b) 6.30pm

21

Seafront Area

Swimming Section -

V Seamont Ar

CNY Dinner

(7.00pm

FEBRUARY

FEB 13 Karaoke Group -CNY Clebration

·

(7.00pm

MARCH

MAR 13

PSC Annual General Meeting

(3.00pm

MAR 19

Tai Chi Group -Wushu Night

MPH 1

① 7.00pm

MAR 20 Darts Group Darts Annual
Competition

Darts Room

© 2.00pm

MAR 26 Karaoke Group -Veteran Karaoke Competion & Birthday Bash

(C) 7.00pm

MAR **27**

Darts Group -AGM & Dinner

(7.00pm



TBC: To Be Confirmed.



Club Events are open to all Club Members. Information is accurate at the time of press. However, events may be subject to change.

We advise all Members to refer to the Notice Boards and Digital Signage for latest updates.

All events will be subject to MKN SOPs