

KELAB RENANG PULAU PINANG

THE NAUTILUS

Live life!



PENANG
SWIMMING
CLUB

FOUNDED 1903

AN



**AUSPICIOUS
& PROSPEROUS**

YEAR AHEAD!

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禧



JAN
-
MARCH
2020

FOR MEMBERS ONLY

PENANG SWIMMING CLUB

517, Tanjung Bungah, 11200 Penang

Tel: 04-890 7370 Fax: 04-890 3271

E-mail: info@penangswimmingclub.com

www.penangswimmingclub.com

ADMINISTRATION OFFICE

Operating Hours

Monday - Friday (9.00am - 6.00pm)

Saturday (9.00am - 1.00pm)

Sunday (Closed)

PATRON

T.Y.T. Yang Di-Pertua Negeri Pulau Pinang Tun Dato' Seri Utama

(Dr) Haji Abdul Rahman Bin Haji Abbas

DMK, SMN, DUPN, SPDK, DP, DMPN, DJN

TRUSTEES

Y. Bhg. Dato' Seri Zainol Abidin Bin Dato' Hj Salleh

DGPN, DMPN, JSM

Y. Bhg. Dato' Mahinder Singh Dulkan

DSPN, PKT

Y. Bhg. Dato' Seri Nazir Ariff Bin Mushir Ariff

DGPN, DMPN, DSPN, PKT, PJM, JP

CLUB MANAGEMENT

General Manager : Ramis Chandran

Finance Manager : Ong Gaik Cheng

Admin Manager : Agnes Leow

Admin Executive : Ann Tan

Chief Security Officer : Mohd Haikal Bin Abdullah

Food & Beverage Executive : Mahmuda Sadek

Human Resource Executive : Amber Teh

Maintenance Officer : Muhammad Aizat Bin
Muhammad Ihwal

SECTIONS

ANGLING : N/A | SAILING : Manfred Wiedenmaier

SCUBA : Freddie McGuire | SWIMMING : Francis Soo

GROUPS

AEROBICS : Mariam Harvey | DANCE SPORT : Stanley Fong (Acting)

DARTS : Blunden Butt | KARAOKE : Eric Lew

SQUASH/RACQUETBALL : | TAEKWONDO : Dr. Eric De Smet
Iain Pickett

TAI CHI : Colin Yu | TENNIS : Tan Tian Heng

YOGA : Clara Ooi | YOUTH : John Tan

MAIN COMMITTEE 2019 / 2020

President : Najieb Ariff

Vice President : Ng Chin-U

Honorary Secretary : Lim Khoo Seng

Honorary Treasurer : Lee Chee Lin

Club Captain : Yeoh Sung Shen

Committee Members : Michael Cheong

Molly Lim

Chew Saw Hoon

Charles Tang Chin Hock

Tang Khye Kian

Annie Lim

Hardy Singh

ELECTION COMMITTEE

Dato' Dr Zaatar M Adel

Valerie Chuah

Jenn Goh

Richard Chung

Khor Siang Tatt

Low Mei Leng

DISCIPLINARY COMMITTEE

Chairman : John Heah Wee Theng

Committee Members : Ramsun Ho Chii Huey Dr Gopinathan A.

Dato' Diljit Singh Dulkan
D.S.P.N., DJN, PKT, PJM

Tan Hooi Choo

DEVELOPMENT COMMITTEE

Chairman : John Tan

Committee Members : Eric Chong San Dee

Ivan Tan Boon Guan

Rethinam Pillay

Tho Lai Teng

(wef July 2019)

LIBRARY COMMITTEE

Chairperson : Ms. Molly Lim

Library Committee : Michael Cheong

members

Annie Lim

Dr. Pamela Jean Sharpe

Dr. Yoon Chee Kin

Dr. Lim Shueh Lin

EDITORIAL BOARD

Editor : Lim Khoo Seng

Members : Chew Saw Hoon

Michael Cheong

Advisor : Najieb Ariff

Management : Ramis Chandran

Ann Tan

Chan Fai Keong

Khor Siang Tatt

Adelyn Chew

INTERNAL AUDITOR

Yvonne Lim

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PRESIDENT'S MESSAGE

“I seek for members' patience and understanding regarding the task of overall improvement of Club facilities.”

Warmest greetings to all Members,

A big thank you to all Members for their continued support and efforts in moving our Club onward to new heights.

I hope everyone had the chance to relax and “recharge batteries” during the long Christmas and New Year break. Always an ideal opportunity to catch up with family, Club Members, friends and colleagues.

The first six months into my tenure as Club President has been very challenging for myself and also my team. We do, however, continue to strive to enhance our Club. Many old issues and problems have been addressed during that initial period, and we have charged our maintenance team with ensuring continual improvement so that members can benefit from upgraded facilities within our Club. Members are aware, and often highlight to myself, areas that require attention, and, after examination, these areas are graded as to criteria for maintenance work. But such matters take time, and it is with time schedules in mind, that I seek for Member's patience and understanding regarding the task of overall improvement of Club facilities.

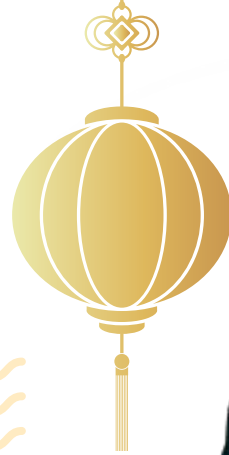
Although there will be a lull in facilities upgrading in the short period between New Year and Chinese New Year, upgrading will re-commence in earnest after CNY. Please regularly review the Club Notice Boards, which will indicate forthcoming works and possible temporary closure of certain facilities.

I would like to thank Members for their participation in the Club Events over the recent Christmas and New Year festive period. The Christmas Eve Dinner, Christmas Day Buffet and New Year's Eve “Countdown” Party, were well attended, and generally Members' response was positive. Recently, there has been an increase in participation of Club Events and I urge all Members to continue this trend, and also to submit suggestions as to where they feel future events could be improved.

Gong Xi Fa Cai and Happy Clubbing. See you around at the Club!

Najieb Ariff
President

EDITOR'S MESSAGE



“The Club Management has embarked on several initiatives in areas of cost savings, improvement in operating efficiency, and better deployment of manpower.”

The Nautilus wishes all our members,

Happy Chinese New Year

This is the year of rat, beginning of another twelve year cycle. The year 2020 carries special significance for all Malaysians, not the least because we have ascribed certain visions and expectation of greatness to the year. Well, it has now arrived, faster than we ever realized. We may yet assess our accomplishment and plan our new journey forward.

For our Club, this is a year of very tight budget, with stagnated or reduced incomes coupling with rising operating costs and inflation, they pose a tremendous challenge to the Management to operate more efficiently and effectively. The Club Management has embarked on several initiatives in areas of cost savings, improvement in operating efficiency, and better deployment of manpower. With all these, we expect to see significant improvement to our finances and services. We are pleased to note smooth implementation and good progress to date.

Of late, there have been numerous cases of non-members found in the Club, even making use of Club facilities. We seek members' cooperation to ensure that non-members are being introduced to the Club only in accordant with Club rules. This is to safe guard the comfort and privileges of our members. Members are requested

to always have their cards with them when visiting the Club, this is, in part, to verify one's membership.

Another area which our Club has not done very well is in compliant with dress codes. The objective of having dress code is simply to want our members to “look good”. There are different codes within specific areas of the Club, such as the Captain's Restaurant, Fun Pub, Pacific Lounge. Admittedly, the Club's enforcement in this area has not been very strict in the past, however, let us begin the new year by dressing ourselves to better look.

This is our Club, let us together make this a safe, friendly and warm place for us all.

Lim Khoo Seng
Editor



GM'S MESSAGE

“I hope members will put forth their ideas in regard to what they would like to see in the Club.”

Dear Members

After what I hope was, for you, a relaxing and enjoyable festive holiday season, the Club enters the New Year with an extensive Calendar of Events planned. The first three months of any new year are generally a busy period, but this year, alongside the Club and S & G Events planned, and the lead up to the Club's financial year end, we also have the ongoing “work in progress” on the Club's facilities upgrading and redevelopment.

On the IT front, The Club is exploring the use of an online management system that will allow members to make reservations for restaurants and Club Events 24 hours a day, enabling us to effectively manage our table inventory and guest information; as well as a customised mobile application that will open up a whole new world of opportunities in the way we engage, transact, communicate with and serve members.

The Club has also already embarked on the process of training and educating staff on the 5S methodology. This system consists of five pillars - Sort, Set in Order, Shine, Standardise, Sustain - that makes maintaining the workplace in good condition a visual process.

I hope the above gives you some idea of the continual steps being taken to change, innovate and improve with advances in technology. We will continue to explore these new ideas (and implement them where feasible) as we move forward with the redevelopment project – updates will be shared as we gather more information and make decisions.

Unfortunately, here I find myself in the position where I must touch upon the sometimes tenuous relationship between some members and Club staff. It is my wish that it should be borne in mind that members, albeit indirectly, pay Club staff to do a job. To criticise or “scold” staff for doing a job for which they are being

paid can only really be seen as unproductive. Security staff, in particular, seems to be a regular target. For example - please remember that if, as a member, you are requested to show or scan your Membership Card, or if asked to move your car from a “restricted” area, that staff are only carrying out the duties tasked to them. So, I would ask members to please comply and cooperate with staff in a courteous manner that should be the hallmark of our fine Club.

On a lighter note, and to repeat a recent reminder, I hope members will put forth their ideas in regard to what they would like to see in the Club. Two-way communication is imperative for a finer and better Club. Members can write to me gm@penanagswimmingclub.com

So, as we progress into the new year of 2020, let us all try for a bright beginning and the sustaining of our New Year's resolutions.

To all, I wish a belated Happy New Year and Gong Xi Fa Cai for the Year of the Rat.

Ramis Chandran
General Manager



ELECTION OF NEW MEMBERS

OTM & AM

14 NOV 2019



Chuah Suan Pheng &
Michael Royden Banks (AM)



June Chiang Kai Sing



H'ng Suah Teh



Samantha Lim May Chin



Ng Choy Siew



Queh Chong Liang



Wong Li See (AM) &
Teoh Wee Ghee



Hasnanyati Binti Hassan (AM)
& Justin Marcell Boudville



Isaac Ho Wen Wei (AM)



Kevin Keller (AM)



Magdalene Tay Huei Lin
(AM)



Debra Genevieve
Rodrigues (AM)



Teoh Ee Ling (AM)

JM - OTM



Cheah Yee Chin



Chuah Yi Shen



Tan Pei Teng

JM



Lee Shao Qi



Lee Jaeyi



Lim Sze Khun



Mun Wai Sum



Naomi Lin Chan



Qianne Ooi Zi Qi



Tan Zher Yao



Adriel Yap Sheng Ti



Tan Jun Hong



Chan Yue Lynn



OTM & AM

12 DEC 2019



Lee Youri (AM) &
Khor Fong Cheang



Hong Ya Li &
Mah Jih Wei (AM)



Low Fei Qian (AM) &
Ivan H. Low Yee Xien



Yap Lin (AM) &
Lim Poh Sun



Kum Ri Ye (AM) &
Lee Phung Seong



Woo Siew Hooi (AM) &
Lim Lee Kwang



Andrina Saverias (AM) &
Quah Ban Huat



Suleiman Bin Samsudin



Sim Bee Lan



Kevin Lee Sykes



Low Catherine Siow Lee
(AM)



Ng Chuen Hoey (AM)



Chung Heng Ling,
Michelle (AM)

JM - OTM



Cheah Wen Chong



Melissa Khoo Mie Shan



Lee Jia Chi

JM



Ang Zi-Ming



Isaac Chuah Ren Jie



Gurudevi Devindran



Khaw Yi Lun



Justin Lee Zhen Yue



Nicole Tan Li Aun



Mah Ee Huey, Valerie



Rachel Poh Yee Shing



Tyler Tan Chek Li



MEMBERSHIP STATISTICS

Membership Figures As At 31 December 2019

TYPE OF MEMBERSHIP	ACTIVE	ABSENT	TOTAL
Patron / Hon. Members	21	0	21
Ordinary Transferable Members - Pending for Election (Normal Transfer) - Pending for Election (JM Conversion)	4706 37 15	658	5416
Ordinary Members	0	2	2
Unattached Lady Members	1	1	2
Term Members - Pending for Election (JM Conversion)	0	0	0
Junior Members - Pending for Election	284 35	64	383
Associate Members - Pending for Election	1897 64	127	2088
TOTAL	7060	852	7912

INCOME & EXPENDITURE STATEMENT

For The Financial Period from 1 April to 30 November 2019

	30/11/2019	30/11/2018
INCOME	RM	RM
Subscriptions	2,615,505	2,551,386
Bar profits	117,618	133,536
Restaurant commission	264,828	269,228
Slot machine profits	599,567	711,288
Interest from fixed deposits	612,430	601,528
Transfer / registration fees	337,700	469,780
Sundry revenue	136,820	97,337
	4,684,468	4,834,083

EXPENDITURE EXCLUDING DEPRECIATION		
Staff cost	2,435,361	2,343,685
Utilities & services	768,204	807,808
Repairs & maintenance	415,499	524,823
Entertainment	145,901	154,342
Club events and functions	156,407	180,282
Sections and groups activities	127,458	160,664
Administration expenses	270,033	308,537
Rates, taxes & insurance	157,538	167,374
	4,476,401	4,647,515

SURPLUS FOR THE YEAR BEFORE DEPRECIATION	208,067	186,568
Depreciation of property, plant & equipment	733,336	746,688
DEFICIT FOR THE YEAR AFTER DEPRECIATION	(525,269)	(560,120)
Taxation	(158,396)	(158,839)
DEFICIT AFTER DEPRECIATION & TAXATION	(683,665)	(718,959)

FIXED DEPOSITS AT BANKS	21,691,905	21,843,483
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FEAST OF PROSPERITY



8-Course Chinese Dinner

**Menu A @
RM588+ per table**

Salmon Yee Sang
Seafood Fish Maw Thick Soup
Braised Chicken with Mui Choy
Steamed Red Snapper Hong Kong Style
Braised Long Cabbage with Dry Oyster
Stir Fried Prawns (Har Lok)
Fragrant Rice in Lotus Leaf

Dessert

Iced Longan Jelly

*Kindly make your reservation with our
F&B Staff at the Captain's Restaurant.
The above menu will be available until
8th February 2020*



TABLE OF ABUNDANCE



8-Course Chinese Dinner

**Menu B @
RM888+ per table**

Salmon Yee Sang
Fish Maw Crabmeat Soup
Crispy Duck With Plum Sauce
Steamed Garoupa Nyonya Style
Braised Abalone with Sea Cucumber
& Broccoli
Grilled Tiger Prawn Western Style
Fragrant Rice in Lotus Leaf

Dessert

Ginkgo Longan & White Fungus (Hot)

*Kindly make your reservation with our
F&B Staff at the Captain's Restaurant.
The above menu will be available until
8th February 2020*



Statement of Account to Be Sent Via Email Only

The Club is implementing the e-statement with effect from Jan 2020. All monthly statement will only be sent via emails. If you wish to continue to receive printed statement, kindly inform the office (Membership department). A fee of RM5 will be charged.

Kindly send your email address to
member@penangswimmingclub.com by 31/01/2020.

Closure of Swimming Pool

The passage way between Snake Temple and the children's pool is found to have structural defects. Repair work has been planned for and the Swimming Pool is expected to be closed for about two months after Chinese New Year. The exact date of closure will be announced at a later date in Club notice board.

We apologize for the inconvenience.



Employee of the Month - September

Name
Rohizan Bin Mohd Noor

Department
Security

Position
Security Supervisor

Date Joined
16/11/2000



Employee of the Month - October

Name
Koe Yu Wei

Department
Administration

Position
Library Assistant

Date Joined
01/07/2018



Employee of the Month - November

Name
Muhammad Shahrizam
Bin Razali

Department
Facilities

Position
Boatman

Date Joined
01/05/2019



Renewal of air conditioners in the Captain's Restaurant.

We regret to inform members that the air conditioners at the Captain's Restaurant have not been in working condition, and a major renewal of the machines are being planned. However, due to the numerous Public Holidays, such as Christmas and Chinese New Year, which we expect very busy patronization, we have decided not to close the Restaurant until after Chinese New Year. The renewal job would entail changing all four air condition units plus accessories, and would require the Restaurant to be shut down for up to two months.

We apologize for the inconvenience caused. For more details on this air conditioner renewal job, please refer to the Club notice board. Thank you.



CHAP GOH MEH CELEBRATION



Date: 8th Feb 2020 (Saturday)

Time: 7.30pm

Venue: The Seafront area

Buffet Dinner, Lion Dance Blessings,
War Drum, Lion & Dragon Dance
Performance and God of Prosperity.

RM **18+**
per Member

RM **38+**
per Guest

(inclusive of buffet dinner, free gift, and entertainment)

Children aged 6 and below will be free of charge.

Children aged 7 and above will be charged RM10/-

All contributions made during the dinner will go to
a charitable home.

Please register at our main reception at Level 6.





NEW YEAR'S EVE DINNER

We had more than 350 members and friends this year who thronged the MPH on New Year's Eve, 31 Dec 2019 to welcome the arrival of 2020. The theme of the party was Black and White. The MPH was quite appropriately decorated according to the theme. Members and friends arrived early at around 6:30pm to mingle and have fellowship, it was festive mood all around. All were seated shortly after 7:30pm, ready and eager for more. Our President, Mr. Najieb welcomed all to the party, and complimented on the excellent set up and decors for the occasion. Dinner was served, and we were entertained by Kelvin Kor, the magician. The band for the evening was from Heart's Desire, which delivered some great songs from various times, especially from the seventies, to set our dancers in a dancing mood. No sooner, the dancers swung into action and it was standing room only on the dance floor. With the joyous atmosphere and much action on the dance floor, the evening passed by very fast and soon it was near midnight. The members were ready to welcome the year 2020.

10,9,8,.....,3,2,1, Boom! And we were thrust into 2020, a new decade and another era. It was auld lang syne and members embraced each other with good wishes all around.





OKTOBERFEST CELEBRATION

October 18, 2019 - Our annual Oktoberfest was celebrated at our Club House. The event was kicked off at 7.45pm by our Vice President, Mr Ng Chin-U.

It was a night full of fun, enhanced by decorative items and lightings. It was very well patronized by about 250 participants, including guests.

The event was led by DJ Philips and Somebody Who, a 5-piece live band which played the must have Chicken Dance song. There were arm wrestling, beer holding and beer drinking competitions on that evening. Prizes such as hats, mugs and beer were given to the members and guests. There were chicken pies, burgers and sausages on sale.

We would like to thank Carlsberg Marketing who partially sponsored us. We also like to thank the organizing committee and our staff for making this event a success.



DEEPAVALI CELEBRATION

Deepavali was celebrated at the Multi-Purpose Hall, Level 14 on 8 November 2019.

About 250 members including children participated in the festival event. The MPH was decorated in line with the festival of lights theme. About 30 children from The Children's Protection Society, Penang attended the event.

The event was attended by our Guest of Honour, Dato' Mahinder Singh Dulku, Trustee of Penang Swimming Club, who together with our President, Mr Najieb Ariff and our Main Committee Members lighted the Kutuvelaku.

Members were treated with traditional Indian food in buffet style. As the evening progressed, members were entertained by the band, The Heart Desire followed by a few dance performances.

At the end of the programme, the President accompanied by the Committee Members distributed the goodies and "angpow" to the children.

A big thank you to the organizing committee and our staff for making this event a success.





SCUBA NEWS

Contributed by: **Hardy Singh**

The Scuba section had quite a number of activities for the past few months. The section made a trip to Koh Lipe on the 26th of October 2019, led by Diving Officer, MW Chin. It was a fun trip for the 10 divers with water visibility at 15 meters. This trip was organized by the Section Expedition Officer, Ming Yang.

The Scuba section had a visit from the divers of BSAC 903 from Kuantan. The divers from BSAC 903 went for a dive trip to Pulau Payar led by our Club Vice President, Mr. Ng Chin U. A lunch was hosted the next day by the Penang Swimming Club Scuba Section.

Mr Frederick McGuire, Scuba Chairman, gave a talk to future potential diving instructors for BSAC 225. The future potential diving instructors will eventually be trained under Les Skelton, BSAC National Instructor / First Class Diver. Let's wish them all the best...

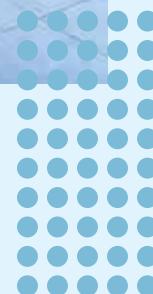




6TH MALAYSIA MASTERS SPEEDO INTERNATIONAL SWIMMING 2019

Contributed by: **Dr Lim Shueh Lin**

A team of 4 ladies represented Penang Swimming Club. They bagged 8 Golds, 5 Silvers and 1 Bronze. Lim Cheang Cheang won 2 Golds and 3 Silvers in the individual events; Chong Chok Moy won 4 Golds; Ong Jin Ai 2 Silvers and 1 Bronze. Together the 4 ladies Cheang Cheang, Chok Moy, Jin Ai and Carol Lee won Gold in the 4x50 freestyle relay and Gold again in the 4x50m medley relay. Fantastic work ladies! PSC also emerged 9th out of 20 teams. Bravo!



PRESIDENT CUP

Contributed by: **Dr Lim Shueh Lin**

In the morning of 21st November, a group of excited swimmers gathered at the entrance of Penang Swimming Club, all prepared to set off to participate in the 38th NATIONAL INTER-CLUB SWIMMING CHAMPIONSHIPS 2019 also known as PRESIDENT CUP at Pusat Akuatik Darul Ehsan, Shah Alam.

Despite being one of the smallest teams, our excellent swimmers proved to all that 'quantity

is just a number'. PSC emerged as the 4th out of 40 teams from all over Malaysia. PSC swimmers finished the 3 days event by breaking 2 records and winning a total of 3 gold, 2 silver and 5 bronze medals. The 5 medalists were Chris Chew (broke 50 free and 50 fly records), Ashley Too, Jess Lee, Joel Kung and Regina Cheong. CONGRATULATIONS, SWIMMERS!!!

These successes came with the support of the coaches for their tireless effort in training the swimmers. Their invaluable advices and coaching techniques have proven that perseverance allows swimmers to perform at their best during competitions. A special thanks to all the committee members and supportive parents who made sure that everyone was well taken care off.

Once again, PSC swimmers made us proud!!!





PSC ISC SOCIAL EVENT

PSC and ISC (Ipoh Swimming Club) used to have an annual friendly swim meet in the past and it has been a tradition. However, it ceased in 2013. Recently, PSC and ISC swimming sections co-organized a hiking meet in Penang national park with 37 people from ISC and 39 people from PSC participated. It was a full day event started with a leisure hike to Pantai Kerachut in the morning, lunch and some games on the beach, followed by a BBQ dinner in Penang Swimming club in the evening. It was a meaningful and fun day for all the participants and it also marked a new starting point where PSC and ISC swim teams have reconnected back together.



SWIMMING CARNIVAL 2019

Our Annual Swimming Carnival was held on 10 November 2019. We had a total of 109 members signed up for this FUN Sunday morning! Participants had to take part in the Biathlon: 400M swim followed by 800M beach run. We had the privilege of PSC President Mr Najieb Ariff to flag off the start of the Biathlon. This was followed by

team games that involved water and land challenges. The games were very entertaining and challenging for all. We all had a very good laugh and cheering. Lastly, the most anticipated event of the Swimming Carnival was the "Treasure Hunt" in the pool. Plenty of goodies were dropped into the pool, awaiting the participants to "fish" them out! Club Captain, Mr Yeoh Sung Shen kick started the "Treasure hunt" with his powerful whistle blow.

The swimming carnival ended with a scrumptious buffet lunch at 14th floor MPH and prize presentation for the respective Biathlon age group winners and the top 3 teams who won the challenges. We hope to see more members in this FUN-FILLED event next year!



SWIMMING SECTION ANNUAL CHRISTMAS DINNER 2019

The Swimming Section held our Annual Christmas Dinner on Friday, 6th Dec 2019 at the MPH @ Level 14. It was attended by over 70 members both young and the "not so young"! This year, we put up a HUGE Christmas banner on the wall to allow all the attendees to sign

their names, write their Christmas wishes and just spend time doodling. We had some really creative drawings on it!

The night started out with everyone enjoying a sumptuous meal, followed by a games session of Christmas Bingo where the winning table had to have a 5 in a row icon marked out! There was a lot of excitement in the air as the icon cards were being drawn out from a Santa Hat by our Section's Chairman, Mr Francis Soo, Head Coach, Mr Tan Choo Heng and Treasurer, Ms Tan Lean See. Congratulations to all the winners!

We ended the night acknowledging the swimmers who did well throughout the different competitions held during the year. Well done boys and girls and keep up the good work!





POT-LUCK MEET & GREET

Contributed by: **Arisa Lok**

The Sailing Section had a potluck party on 29th September. Each member brought some food or drink to share around. We had a big crowd that day.



LASER SAILING COURSE (INTRODUCTION TO SAILING)

Contributed by: **Arisa Lok**

We held a Laser Sailing Course over 2 weekends in October. A total of 4 participants completed the course.



SAILING TICKET ASSESSMENT

Contributed by: **Arisa Lok**

We had a sailing ticket assessment on 25th August. For sailors who want to bring the sail boat out to sea, it is best to have a sailing ticket. The ticket is used to recognize member's boat handling skill without coach supervision.





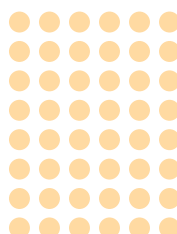
AEROBICS GROUP YEAR END PARTY 2019

Contributed by: **Mariam Harvey**

An Evening of Culture and Colour with the Aerobics Group

In the blink of an eye, 2019 has come to an end. Whether it has been a year of achievements or disappointments, there is always a reason to get together to celebrate. This is as good a time as any to celebrate our cultural diversities and at the same time, an opportunity to enhance social interaction between members. On this night, our members came in their individual national attires with all their fineries, showcasing Germany, Korea, Thailand, India, Philippines and of course Malaysia's different ethnic costumes. We were entertained with performances by the instructors on cultures around Asia and the world.

It was indeed a memorable evening with so much colours and variety. Here's wishing everyone a Happy New Year and all the best for 2020!





DSG THEME NIGHT

Contributed by: **Li Sim**

It was long-awaited for and, judging from the record attendance of almost 180 members and their guests, DSG's theme night "Oriental Mystique" on Nov 16 was truly a stunning evening with many Qipao-clad ladies creating an atmosphere reminiscent of the streets of Shanghai.

It was graced by Club Vice President, Ng Chin-U and Club Captain, Yeoh Sung Shen and spouse.

Patrons for the evening were given a rare treat with performances by dance instructors who showed off their skills in their respective areas of expertise.

Kicking off the programme for the evening was Belly Dance instructor, Serene Keng who performed 2 sizzling dances with students from her dance studio. Latin Dance instructor, Chan Soon

Tatt showcased a sensual Argentinian Tango with his partner whilst Ballroom instructors, Mr & Mrs Chew Cheng Lai, swayed and glided with ease to a Waltz number.

The line dancers stepped up to the occasion with a performance of 3 dances to a medley of Madu Dan Racun, Made In India and Ja Ja Mbo.

The dance floor was packed through the night. One needn't worry if one didn't have a partner, the girls danced with each other and "burnt" the floor whenever the band played a hot number. It has to be said that everyone had a great time.

Don't fret if you missed all the fun as DSG will be having its grand Theme Night, planned for March this year. So be on the lookout for it!



PRETTY IN PINK PSC ANNUAL LINE DANCE JAM 21 SEPTEMBER 2019

Contributed by: **Josephine Cheang**

It's that time of year again!

The Multi-Purpose Hall was awash in a sea of various shades of pink when 190 ladies and a few gentlemen partied away at the Annual Line Dance Jam organized by the Dance Sport Group.

Participants from groups and clubs in Penang and on the Mainland gathered to have another evening of fun, laughter and most of all non-stop dancing. 60 dances were done with a few more special requests interspersed in between.

This much anticipated event also had participation from Medan, the Let's Dance Binjai group who put up an entertaining performance.

A sumptuous sit-down dinner, door gifts and table draws were on the cards. Everyone went home with aching feet and beautiful memories, when the night drew to an end.

Congratulations to the organizing committee, Emmeline Yong, Josephine Cheang, Chin Le Na, Teresa Chin and Catherine Choong, who put in a lot of hard work to make this event a success.



LINE DANCE BASIC STEPS WORKSHOP

Contributed by: **Catherine Choong**

A free Line Dance Basic Steps workshop for all PSC members was held every Thursday in October 2019. Participants were taught basic line dance steps which included the shuffle, pivot turns, coaster, scissor, mambo and jazz boxes. New steps learnt were reinforced in each new dance taught, with our instructor cueing the dance steps ahead of time. They were then able to participate in the line dance sessions during our Oriental Mystique theme night! Approximately 45 members signed up for the workshop, with some continuing on in our Beginner

Line Dance class every Friday morning. We would like to thank Ms Emmeline Yong, our fearless and dedicated dance instructor, for voluntarily conducting the workshop with such passion and enthusiasm.





DARTS GROUP "ON TARGET ROUND-UP"

Contributed by: **Blunden Butt**

Our third quarter is all about competitions!! Two InterClub Matches, and our 3rd Quarter Competition.

The highlight of the quarter was without doubt the Inaugural Triangular Dart Tournament amongst Penang Sports Club, Penang Club and our Club.

The event was hosted by the Penang Sports Club on 22 Sept 2019. Our squad of 12 players and supporters on arrival were warmly greeted by the Penang Sports Club Darts Group. We were then treated with a close look at the Triangular Tournament Trophy.

The host club devised a testing tournament for the occasion. The three way contest commenced in earnest in the early afternoon, after each club tabling members in two teams of six.



After several hours of intense competitions of foursomes, doubles and singles, Penang Sports Club and our Club secured berths in the finals. With energy and spirits revived after a sumptuous dinner put on by our host, the battle royale was on earnest.

It was seesawed all the way throughout the evening, with both clubs pitching in their very best in pursue of the Trophy. A wild cheer erupted from our Club members when the final score was revealed. We were victorious and became the 2019 Champion of the Triangular Dart Tournament. All exhaustion and stress melted away as the team carried the magnificent Trophy home.

InterClub Match - Home Game PSC vs Taiping CRC

It was our turn to return the hospitality to Taiping CRC, and hosted a friendly match at our Club on 3 Nov 2019. The Dart Captain of both Clubs devised a match of two teams, and the showdown was on in earnest after some refreshment.



Our team was under strength as some of our regulars were unavailable. We competed valiantly, with plenty of fun and laughter from members of both Clubs. In the end, Taiping CRC got the better of us on that day. Congratulations to Taiping CRC.

Third Quarter Competition

Amongst all these exciting InterClub Matches, we still found time to conduct our Quarterly competition for our Tuesday Night League on 24 November, 2019. None of our members shown competition fatigue from the recent InterClub match/tournament, and a healthy response from 16 members was registered for the day. It was set to be a great afternoon of 4 teams of 4. Utilising all 4 dart boards, the competition would be a full-bore non-stopping affair.

Unfortunately one member was not able to attend on the day, much to the dismay of the team. But with some crafty re-engineering, a round robin format was devised for the remaining 15 members. It was a real fast, furious and fun afternoon, with all players enjoying the change. Congratulations to the top three players of the day : Quah, Devyn and Tony.



Hooray to Penang Swimming Club dart members.



TAI CHI GROUP

Contributed by: **Colin Yu**

Following our highly enjoyable durian party in June, the Group held its second social function of the year with a buffet dinner on 2/11/19 at the Marina Deck. This get-together aimed to foster social interaction among members. To liven up the gathering, the karaoke set was well utilised by the members.





KARAOKE NEWS

Contributed by: **Amy Karn**

The overwhelming response we received from members for the following programs / events lined up in Q4 2019 proved that they enjoyed what we were doing for their entertainment and recreation.

28 September: A very enjoyable reciprocal visit to the Royal Selangor Club. Good food, fun and fellowship.

5 October: PSC played host to some 40 members of the Royal Lake Club. At the request of the visiting club, a mini karaoke competition was held. There were no losers.

19 October: The Annual Karaoke Competition (Finals), where 12 singers each from the English & Chinese categories vied for the Championship. The one hour power outage could not dampen the spirit of the contestants and supporters and the winners were:

Winners of the English Category

1st Tan Vae Lun

2nd Vanessa Tan

3rd Quah Fong Fong

4th Loke Yi Mei

5th Tonny Chuah

Winners of the Chinese Category

1st Quah Fong Fong

2nd Caren Teh

3rd Seah Hooi Yee

4th Loke Yi Mei

5th Tan Vae Lun



Tonny and Caren were judged the Best Dressed male & female singers respectively. Their prizes were sponsored by a generous member who wished to remain anonymous.

Another event (away) on 23 Nov was a fellowship get-together hosted by the Penang Sports Club.

The year's merry-making ended with a Christmas celebration for the Karaoke Group. The spirit of Christmas was alive with diners donning their colorful headbands before proceeding to the Pacific Lounge to sing or be entertained.

Our appreciation to members of the Main Committee especially Mr Najieb (Hon. President) and Mr Lim Khoon Seng (Hon. Secretary) and their spouses for gracing our events and to all our members new and old, thank you for your support.

Happy New Year and God bless you!



DATO' FREDDIE CHOONG CUP 2019

Contributed by: **Tan Tian Heng**

The Annual Inter-Club Veteran Team competition organized by PLTA was the last edition of the series after 20 years held on 5th & 6th October 2019 at the Universiti Sains Malaysia, Penang. There were a total of five teams competing this round with the round robin format being used. On the first day, we were up against the eventual champion Penang Malays Tennis Association and Bukit Mertajam Tennis Club 'A'. Both were too strong for our team but the players definitely tried their best to put up a good fight.

Second day, we were first up against Bukit Mertajam Tennis Club 'B'. One of our pairs managed to win to put the score at 1-1. The final pair put up a fierce fight before conceding in the end. Next up was Nibong Tebal Recreation Club, where we had to forfeit one of the matches. However, the remaining two didn't disappoint the team by beating their opponents to clinch victory for the team. Sadly, due to the walkover given by us, our team was eliminated and placed last in the tournament. Definitely, it was not an ideal end but the players' fighting spirit was amazing.





NEWS FROM THE COURTS

Contributed by: *Iain Pickett*

We participated in two inter-club events hosted by The Penang Sports Club for the past two months. The first being a friendly match, and the second was an invitation to participate in the 13th Penang Sports Club Masters Racketball Squash 57 Invitational Tournament.

The friendly took place on the 12th of October. We fielded a team of 7 players, namely Mike Ong, Patrick Lee, Lim Thiem Hock, Arthur Yap, Iain Pickett, Neil Hamilton, and David So. Everyone played a best of 3 matches. One of the highlights of the afternoon had Neil Hamilton at 10-9 up in the 3rd game, having let his opponent rally back from what should have been a straightforward win. We were all chewing our fingernails when Neil's opponent had the serve at 9-10 to even the tally. Luckily for Neil and us, his opponent served the ball straight into the tin, giving a much-relieved Neil the crucial point to win the game and the match.

Many thanks to ST Oh and his team for their hospitality and for making us feel very welcome.

The invitational tournament by the Penang Sports Club was the 13th year via the pan Malaysia

competition. Teams included the RainTree Club, Selangor Club, Sri York, Penang Sports Club and Penang Swimming Club. The representatives from our veterans' team were Ian Pickett, Ung Seang Guan and Neil Hamilton, a combined age of 257 years :)

This was the first time in many years that we have been invited to the competition and so were happy to participate. The inter-club was played over a full weekend with a dinner and prize-giving ceremony at the end. Unfortunately, no prizes for our efforts, but we look forward to joining again next year.

Well played to all those who played in either of the events.

The official club nights for Racketball are on Monday and Friday from 5 pm onwards (although you may find some of the more enthusiastic players are also on the courts on both Wednesday and Saturday too). Official Club nights are open nights, which means club members can turn up and play. Please feel free to join us.



CHILDREN'S STORY WRITING COMPETITION DECEMBER 2019

Contributed by: *Dr Pamela Jean Sharpe*

The Competition was held on Saturday December 14th, from 10.00am until 12 noon, in the Activities Room of the Library. A total of seventeen children, with ages ranging from six to fourteen years old, were present. Participants each received a welcome gift upon arrival and coupons for ice-cream and snacks were also available upon completion of the stories.

The seventeen children were grouped according to age ranges. Group one: six to seven years, three children; group two; nine to ten years, six children; group three: eleven to twelve years, five children; group four: thirteen plus years, three children.

All participants received a set of guidelines which included advice on possible story topics, how to engage the reader by making the characters stand out, the use of unusual words or vocabulary, using pictures and/or illustrations and having exciting or unexpected story endings.

Overall the standard of the story writing was found to be excellent with even group one, the youngest children, using some innovative ideas.

The overall results will be available before Chinese New Year.



CALENDAR OF EVENTS

January, February, March & April 2020

JANUARY

JAN
4

SATURDAY

Karaoke Group - Welcome 2020 Sing Along Potluck Dinner, Veteran Karaoke Competition & Dec/Jan/Feb Birthday Bash

📍 Pacific Lounge

🕒 7.30pm – 11.00pm

JAN
19

SUNDAY

Darts Group - 4th Quarterly Darts Competition

📍 Darts Room, Seafront Cafe

🕒 2.00pm

JAN
26

SUNDAY

Last Sunday Buffet Lunch

📍 Captain's Restaurant

🕒 12.00 noon – 2.30pm

FEBRUARY

FEB
2

SUNDAY

Yoga Group - Chinese New Year Dinner

📍 MPH 2, Level 14

🕒 7.30pm – 11.00pm

FEB
7

FRIDAY

Swimming Section - Chinese New Year Dinner

📍 MPH 2, Level 14

🕒 7.30pm – 10.30pm

FEB
8

SATURDAY

Chap Goh Meh Celebration

📍 Seafront area

🕒 7.30pm

FEB
23

SUNDAY

Last Sunday Buffet Lunch

📍 Captain's Restaurant

🕒 12.00 noon – 2.30pm

MARCH

MAR
7

SATURDAY

Dance Sport Group - Grand Theme Night

📍 MPH

🕒 7.30pm – 12.00am

MAR
14

SATURDAY

Angling Section - Annual Dinner

📍 MPH

🕒 7.30pm – 11.00pm

MAR
21

SATURDAY

Tai Chi Group - Annual Dinner

📍 MPH 2, Level 14

🕒 7.30pm – 11.00pm

MAR
22

SUNDAY

Darts Group - Members Annual Dart Competition

📍 Darts Room

MAR
28

SATURDAY

Darts Group - Annual Dinner and Awards Presentation

📍 MPH 2

🕒 7.30pm – 11.00pm

MAR
29

SUNDAY

Last Sunday Buffet Lunch

📍 Captain's Restaurant

🕒 12.00 noon – 2.30pm

MAR
29

SUNDAY

Karaoke Group - Annual Dinner

📍 MPH 1, Level 14

🕒 7.30pm – 11.00pm

APRIL

APR
12

SUNDAY

Angling Section - AGM

📍 MPH 2

🕒 10.00am

APR
19

SUNDAY

Karaoke Group - AGM

📍 Pacific Lounge

🕒 6.00pm

APR
26

SUNDAY

Last Sunday Buffet Lunch

📍 Captain's Restaurant

🕒 12.00 noon – 2.30pm

Club Events are open to all Club Members. Information is accurate at the time of press. However, events may be subjected to changes. We advise all members to refer to the Notice Boards and Digital Signage for latest updates.